

Quick Guide to University of Houston and the Surrounding Area

UNIVERSITY OF HOUSTON

UH is an urban campus of approximately 41,000 students.

For UH Quick Facts: <http://www.uh.edu/about/uh-glance/>

CAMPUS MAP

<http://www.uh.edu/maps/>

TRANSPORTATION

HOUSTON METRORail

Operated by the Metropolitan Transit Authority of Harris County

Customer Care: 713-635-4000

Fare: \$1.25

- Travels to Downtown, Midtown, Museum District, Texas Medical Center, Moody Park, and up to the Northline Transit Center/HCC
- Caged pets are allowed
- Service animals allowed
- Car Seats and strollers allowed (please note that there are no seatbelts)

Red Line: 25 Stations: Northline Transit Center to Fannin South

Green Line: 9 Stations: Downtown to Magnolia Park Transit Center

Purple Line: 10 Stations: Downtown to Palm Center Transit Center (**The Purple Line runs through University of Houston Central Campus**)

- Green & Purple lines merger in the downtown area

www.ridemetro.org/Pages/Rail.aspx

UBER

Rate Estimates: <http://uber-rates-houston-tx-us.uber-fare-estimator.com>

CAB COMPANIES

Yellow Cab Houston

1406 Hays Street

Houston, TX 77009

Main Office: 713-224-4445

Dispatch: 713-236-1111

<http://yellowcabhouston.com>

Taxi Club of Greater Houston

866-829-4258

www.taxiclubhou.com

On Cabs Houston

832-648-4111

<https://oncabs.com/booking/houston>

Lone Star Cab

5825 Kelley Street

Houston, TX 77206

713-444-4444 or 832-444-4444

<http://lonestarcab.com>

HOUSTON BIKE ROUTE MAP

www.mapmyride.com/us/houston-tx

Houston BCycle (Bike Sharing Program)

<https://houston.bicycle.com>

CAMPUS RECREATION AND WELLNESS CENTER

Located at the University of Houston main entrance, at the corner of University Drive and Calhoun Blvd.

- Department of Campus Recreation
4500 University Drive
Houston, TX 77204
recreation@uh.edu
713-743-9500 – Main Desk Number
<http://www.uh.edu/recreation/facilities/hours.html>
- Day Pass - \$12 – Community Members = Use of locker for the day, full access to gym and classes.
- Weekly Pass - \$25 – If interested, please tell a co-director immediately as we will need to provide a letter demonstrating your visiting faculty affiliation.

Program Operation Hours

- Administrative Office
Monday – Friday: 8:00 AM – 5:00 PM
- Climbing Wall
Monday – Friday: 2:00 PM– 8:00 PM
Saturday – Sunday: 2:00 PM– 6:00 PM
- Outdoor Adventure Office
Monday & Friday: 12:00 PM– 5:00 PM
Tuesday - Thursday: 2:00 PM - 5:00 PM
Saturday & Sunday: Closed

- Natatorium (Indoor Pool)
Monday - Thursday: 6:00 AM – 10:00 PM
Friday: 6:00 AM - 7:30 PM
Saturday: 10:00 AM - 7:30 PM
Sunday: 12:00 PM - 7:30 PM
- Outdoor Leisure Pool
(After Spring Break thru last Sunday in October)
Monday-Thursday: 3:00 PM– 8:00 PM
Friday: 12:00 PM– 7:30 PM
Saturday & Sunday: 12:00 PM- 7:30 PM
- Rec Sports Office
Monday – Thursday: 9:00 AM – 6:00 PM
Friday: 9:00 AM – 5:00 PM
Saturday & Sunday: Closed

CAMPUS SECURITY

University of Houston Police/Campus Security
4051 Wheeler Ave.
Houston, TX 77204
713-743-3333 or dial 911 from a campus phone
non-emergency email: police@uh.edu

- Safety Guide: www.uh.edu/police/staying_safe.html
- Security Escorts Information
www.uh.edu/police/securityescort.html
- Bike Registration
www.uh.edu/police/bike_registration.html

Houston Police Department
City of Houston
901 Bagby Street
Houston, TX 77002
For Emergency/Life Threatening Calls dial 9-1-1
Non-Emergency: 713-884-3131
www.houstontx.gov/police

ON CAMPUS DINING

Overview

<http://www.uh.edu/visitors/dining/index.php>

Residential Dining

Moody Fresh Food Company

Monday – Saturday 7:00am – 2:00pm, Sunday 8:00am – 2:00pm

Cougar Woods

Monday – Thursday 5:30am – 8:00pm, Friday 7:00am – 9:00pm, Sunday 8:00am – 10:00pm

Cougar Xpress – Cougar Woods

Monday – Friday 6:00am (TFA) – 7:00pm

Student Center Main**Starbucks:**

Monday - Friday 7:30am – 5:00pm, Saturday 8:00am – 3:00pm, Sunday 1:00pm – 6:00pm

Chick-fil-A:

Monday – Friday 10:30am – 6:00pm, Saturday 11:00am – 3:00pm

Panda Express:

Monday – Friday 11:00 – 6:00pm

McDonalds:

MWRF 7:00AM – 9:00PM, Tuesday 7:00AM – 10:00PM, Saturday 8:00am – 6:00pm, Sunday 1:00pm – 6:00pm

Cougar Xpress Mini:

Monday – Friday 8:00am – 9:00pm, Saturday 8:00am – 6:00pm, Sunday 1:00pm – 6:00pm

Freshii:

Monday – Friday 11:00am – 3:00pm

Student Center Satellite**Starbucks:**

Monday – Friday 8:00am – 3:00pm

Convenience Store C3:

Monday – Friday 8:00am – 3:00pm

Smoothie King:

Monday – Friday 8:00am – 3:00pm

Pizza Hut:

Monday – Friday 11:00am – 3:00pm

Taco Bell:

Monday – Friday 11:00am – 3:00pm

Campus Dining**Subway – Lofts:**

Monday – Friday 9:30am – 8:00pm, Saturday – Sunday 12:00pm – 8:00pm

Cougar Xpress – Calhoun Lofts:

Monday – Friday 8:00am – 8:00pm, Saturday – Sunday 12:00pm – 8:00pm

Einstein's PGH:

Monday – Friday 7:00am – 2:30pm

Cougar Xpress – Cougar Village:

Monday – Friday 9:00am – 7:00pm

Smoothie King:

Monday – Thursday 9:00am – 8:00pm, Friday 9:00am – 7:00pm, Saturday 12:00pm – 5:00pm, Sunday 1:00pm – 8:00pm

Cougar Express – ERP: Monday – Friday 8:00am – 4:00pm

DINING AROUND TOWN (By Neighborhood)

Houston is a food lover’s paradise. Our suggestions to follow reflect the range of offerings around town, but we suggest you use YELP and check out Houston Eater when picking between great and even better.

Houston Eater: <https://houston.eater.com>

■ **Downtown/EaDo/Warehouse District**

Andes Café (\$\$), Venezuelan, Colombian, Peruvian
2311 Canal Street, Ste 104
Houston, TX 77003
832-659-0063

SNAP Kitchen (\$\$), Gluten-Free, Vegetarian, American
1200 McKinney Street
Houston, TX 77010
713-652-4050

La Fishería (\$\$), Seafood, Mexican, Salad
213 Milam Street
Houston, TX 77002
713-802-1712

Arabella Mediterranean Cuisine (\$), Mediterranean
914 Main Street
Houston, TX 77002
713-497-5033

Treebeards (\$), Cajun/Creole, Southern
315 Travis Street
Houston, TX 77002
713-228-2622

El Tiempo Cantina (\$\$), Tex Mex
2814 Navigation Boulevard
Houston, TX 77003
713-222-6800

■ **Midtown**

Oporto Fooding House & Wine (\$\$), Tapas/Small Plates, Portuguese, Wine Bars
125 W Gray Ave
Houston, TX 77019
713-528-0115

Weights and Measures (\$\$), American Cuisine
2808 Caroline Street
Houston, TX 77004
713-653-1970

Izakaya (\$\$), Poke, Izakaya, Ramen
318 Gray Street
Houston, TX 77002
713-527-8988

The Fish (\$\$), Sushi bar, Japanese
309 Gray Street
Houston, TX 77002
713-526-5294

■ **Museum District**

Lucille's (\$\$), Southern, Soul
5512 La Branch Street
Houston, TX 77004
713-568-2505

Barnaby's Café (\$\$), Local Chain, Burgers, Salads
1801 Binz Street
Houston, TX 77004
713-874-1454

Dak and Bop (\$), Korean
1801 Binz Street
Houston, TX 77004
713-528-0280

■ **Montrose**

Brasil (\$\$), Pizza, Cafe
2604 Dunlavy Street
Houston, TX 77006
713-528-1993

Les Ba'get Vietnamese Café (\$\$), Vietnamese, Soup, Sandwiches
1717 Montrose Blvd
Houston, TX 77006
832-548-1080

Aladdin Mediterranean Cuisine (\$\$), Middle Eastern
912 Westheimer Road
Houston, TX 77006

713-942-2321
Niko, Niko (\$\$), Greek
2520 Montrose Boulevard
Houston, TX 77006
713-529-4976

Cuchara Restaurant (\$\$), Mexican
214 Fairview Street
Houston, TX 77006
713-942-0000

Hugo's (\$\$\$), Upscale Interior Mexican
1600 Westheimer
Houston, TX 77006
713-524-7744

- **Rice Village/West University**
Local Foods (\$\$), Sandwiches, Vegetarian, Delis
2424 Dunstan Road
Houston, TX 77005
713-521-7800

Hopdoddy Burger Bar (\$\$), Burgers
5510 Morningside Dr.
Houston, TX 77005
281-557-2337

Torchy's Tacos (\$), Local Chain, Gourmet Tacos
2400 Times Boulevard
Houston, TX 77005
713-487-0067

Helen Greek Food and Wine (\$\$\$), Upscale Greek
2429 Rice Boulevard
Houston, TX 77005
832-831-7133

Istanbul Grill (\$\$), Turkish, Middle Eastern
5613 Morningside Drive
Houston, TX 7705
713-526-2800

- **Galleria/Uptown**
Kenny & Ziggy's New York Delicatessen (\$\$), Jewish
2327 Post Oak Blvd
Houston, TX 77056

713-871-8883
True Food Kitchen (\$\$), American, Vegan, Vegetarian
1700 Post Oak Blvd
Houston, TX 77056
281-605-2505

Houston's Restaurant (\$\$), American, Steakhouse
5888 Westheimer Road
Houston, TX 77057
713-975-1947

Adair Kitchen (\$\$), American
5161 San Felipe Street
Houston, TX 77057
713-623-6100

■ **The Heights**

Southern Goods (\$\$), New South
632 W. 19th Street
Houston, TX 77008
346-980-8152

Onion Creek, Burgers and Beer
3106 White Oak Drive
Houston, TX 77007
713-880-0706

Urban Eats (\$\$), American
3414 Washington Ave
Houston, TX 77007
832-834-4417

Ruggles Green (\$\$), Local Chain, Gluten-Free, Vegetarian
748 E 11th Street
Houston, TX 77008
713-714-8460

Coltivare (\$\$\$), Italian, Vegetarian, Pizza
3320 White Oak Drive
Houston, TX 77007
713-637-4095

COFFEE SHOPS (By Neighborhood)

■ **Downtown/EaDo/Warehouse District**

Tout Suite
2001 Commerce Street
Houston, TX 77002
713-227-8688

AHH Coffee!
2018 Rusk Street
Houston, TX 77003
832-968-3433

Lola Savannah Coffee & Tea
1701 Commerce Street
Houston, TX 77002
713-222-9800

■ **Midtown**

Minuti Coffee
114 Gray Street
Houston, TX 77002
713-874-1330

■ **Museum District**

Black Hole Coffee House
4504 Graustark Street
Houston, TX 77006
713-528-0653

Bosta Kitchen
1801 Binz Street
Houston, TX 77006
713-533-9560

■ **Montrose**

Fix Coffeebar
415 Westheimer Road
Houston, TX 77006
832-807-4562

Inversion Coffee House
1953 Montrose Blvd
Houston, TX 77006
713-523-4866
Siphon Coffee
701 W Alabama Street

Houston, TX 77006
281-974-4426

Woodbar
3939 Montrose
Houston, TX 77006
713-528-6848

Blacksmith
1018 Westheimer
Houston, TX 77006
832-360-7470

■ **Rice Village/West University**

Mercantile
5411 Morningside Drive
Houston, TX 77005
832-804-6941

House of Coffee Beans
2348 Bissonnet Street
Houston, TX 77005
713-524-0057

Flo Paris Bakery & Café
5407 Morningside Drive
Houston, TX 77005
346-980-6800

■ **The Heights**

EQ Heights
1030 Heights Blvd
Houston, TX 77008
713-434-6923

Boomtown Coffee
242 W 19th Street
Houston, TX 77008
713-862-7018

Revival Market (\$), Coffee, Specialty Food, Cafes
550 Heights Blvd
Houston, TX 77007
713-880-8463

■ **Galleria/Uptown**

Bebidas

2606 Edloe Street
Houston, TX 77027
713-554-0023

GROCERY STORES

NuWaters Co-Operative
2320 Elgin Street
Houston, TX 77004
832-807-3738

H-E-B Grocery
6102 Scott Street
Houston, TX 77021
713-747-7383

H-E-B Grocery
3111 Woodridge Cove Dr. Suite 500
Houston, TX 77087
713-847-0025

H-E-B Grocery
1701 W Alabama Street
Houston, TX 77098
713-529-2475

Trader Joe's
2922 Shepherd Drive
Houston, TX 77098
713-526-4034

Whole Foods Market
2955 Kirby Drive
Houston, TX 77098
713-520-1937

Whole Foods Market
701 Waugh Drive
Houston, TX 77019
713-284-1260

Central Market
3815 Westheimer Road
Houston, TX 77027
713-386-1700

Kroger Fresh Fare
3300 Montrose Blvd
Houston, TX 77006
713-526-7865

AREA SHOPPING

The Shops at Houston Center
Highland Village
3601 W Alabama Street
Houston, TX 77027
713-253-9537

The Galleria
Galleria/Uptown
5085 Westheimer Road
Houston, TX 77056
713-966-3500

River Oaks District
Highland Village, Galleria/Uptown
4444 Westheimer Road
Houston, TX 77027
346-800-0138

MEDICAL

University of Houston Health Center (UHHC)
4367 Cougar Village Drive
Houston, TX 77204
HC – Building 525
Campus District: Residential
Medical Clinic: Room C110: 713-743-5151
Pharmacy: Room C104: 713-743-5125
Women’s Clinic: Room C122: 713-743-5156
Men’s Clinic: Room C129: 713-743-5156
www.uh.edu/maps/buildings/?short_name=HC

Memorial Hermann-Texas Medical Center
6411 Fannin Street
Houston, TX 77030
713-704-4000
www.memorialhermann.org/locations

Houston Methodist Hospital
6565 Fannin Street
Houston, TX 77030
713-394-6000
www.houstonmethodist.org

DRUG STORES

Walgreens (near University of Houston)

3822 Old Spanish Trail
Houston, TX 77021
713-741-7323

OR

5202 Almeda Road
Houston, TX 77004
713-529-5922

OR

2605 W Holcombe Blvd
Houston, TX 77025
832-778-8106

OR

9733 Buffalo Speedway
Houston, TX 77025
713-218-7856

CVS (near University of Houston)

1000 Elgin Street
Houston, TX 77004
713-526-4478

OR

1003 Richmond Ave
Houston, TX 77006
713-807-8491

OR

402 Gray Street
Houston, TX 77002
713-982-5527

POST OFFICE

On-Campus Post Office
General Services Building
4211 Elgin Street
Parking Lot 17A

Monday – Friday 8:00am – 5:00pm
Customer Service: 713-743-5829
www.uh.edu/af-university-services/printing-and-postal/contact/

Off-Campus Post Offices (In the Inner Loop)
<https://tools.usps.com/go>

Eastwood (1.4 miles from UH)
5415 Lawndale Street
Houston, TX 77023
713-921-4772

Southmore (1.7 miles from UH)
4110 Almeda Road
Houston, TX 77004
713-522-3720

Foster Place (1.9 miles from UH)
5210 Griggs Road
Houston, TX 77021
713-643-8650

BANKS

On-Campus

- TDECU
Inside Student Center South
4455 University Drive Ste. 144
Houston, TX 77204
800-839-1154
Monday – Friday 9:00am-5:00pm
www.uh.edu/thenewuc/project_details/services.html#10

Houston Area

- Bank of America
- Chase
- Sterling Bank
- Washington Mutual
- Wells Fargo
- Regions

ENTERTAINMENT/LESIURE/SPORT

Houston is renowned for its top notch theater and art scene.

CULTURE MAP: <http://houston.culturemap.com>

AREA MUSEUMS, CULTURAL CENTERS, AND PARKS

Washington Avenue Arts District (Working Galleries)

<http://artsdistricthouston.com>

The Museum of Fine Arts, Houston (MFAH)

1001 Bissonnet Drive (Main Campus)

Houston, TX 77005

MFAH Information Line: 713-639-7300

<https://www.mfah.org/visit/>

Bayou Bend Collection and Gardens

6003 Memorial Drive

Houston, TX 77007

713-639-7750

<https://www.mfah.org/visit/bayou-bend-collection-and-gardens/>

Rienzi

1406 Kirby Drive

Houston, TX 77019

713-639-7800

<https://www.mfah.org/visit/rienzi>

Asia Society Texas Center

1370 Southmore Boulevard

Houston, TX 77004

713-496-9901

<http://asiasociety.org/texas>

Buffalo Soldiers National Museum

3816 Caroline Street

Houston, TX 77004

713-942-8920

<http://www.buffalosoldiermuseum.com/>

Houston Museum of Natural Science at Hermann Park

5555 Hermann Park Drive

Houston, TX 77030

713-639- 4629

<http://www.hmns.org>

The Houston Zoo

6200 Hermann Park Drive

Houston, TX 77030
(713) 533-6500
<http://www.houstonzoo.org>

The Menil Collection
1533 Sul Ross St.
Houston, TX 77006
713-525-9400
<https://www.menil.org>

Hermann Park
6001 Fannin Street
Houston, TX 77030
713-524-5876
<http://www.hermannpark.org>

Buffalo Bayou Park
1800 Allen Parkway & Memorial Drive
Houston, TX 77019
713-752-0314
<http://buffalobayou.org/visit/destination/buffalo-bayou-park/>

Houston Arboretum and Nature Center
Memorial Park
4501 Woodway Drive
Houston, TX 77024
713- 681-8433
<https://houstonarboretum.org>

OFF-CAMPUS GYMS

LA Fitness Guest Pass
<https://www.lafitness.com/pages/freepass.aspx>

Fitness Connection Guest Pass
<http://offers.fitnessconnection.com/tv>

RYDE Guest Pass
<https://www.yelp.com/biz/ryde-houston?osq=gues+pass+gyms>

Fit Athletic Club Guest Pass
<https://www.yelp.com/biz/fit-athletic-club-houston?osq=gues+pass+gyms>

24 Hour Fitness – Galleria Guest Pass
<https://www.yelp.com/biz/24-hour-fitness-galleria-houston?osq=gues+pass+gyms>

