



ARMY ROTC



HOUSTON BATTALION

UNIVERSITY OF HOUSTON - CENTRAL / DOWNTOWN / CLEAR LAKE
RICE * TEXAS SOUTHERN * ST. THOMAS * HOUSTON BAPTIST * TEXAS WOMAN'S * HCC

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Fall 2020 Field Training Exercise (FTX)

The University of Houston Battalion hosted its Fall 2020 Field Training Exercise (FTX) on Friday, November 13th. Cadets arrived bright and early at 0600 for accountability formation. From there, Cadets drew their weapons and broke down into squads. Each squad got an opportunity to practice and learn more about reacting to contact and conducting a squad ambush and attack. From eating Meals Ready to Eat (MRE) to practicing tactical movements, all the Cadets that attended got a great hands-on training experience that is sure to help them when they attend Cadet Summer Training (CST).

Army Combat Fitness Test (ACFT)



Cadets conducting
Hand-release Pushups



Cadet Takata
Rive University



Cadet Harmon
University of Houston



Cadet Quick
University of Houston

On Wednesday, November 18, all contracted Cadets participated in the new Army Combat Fitness Test (ACFT). The Army Combat Fitness Test consists of six events: 3 repetition strength deadlifts, a standing power throw, arm extension push-ups, a 250-meter sprint-drag-carry, leg tucks, and a 2-mile Run. All Cadets worked hard and got an opportunity to gauge their strengths in this new Army Physical Training test.

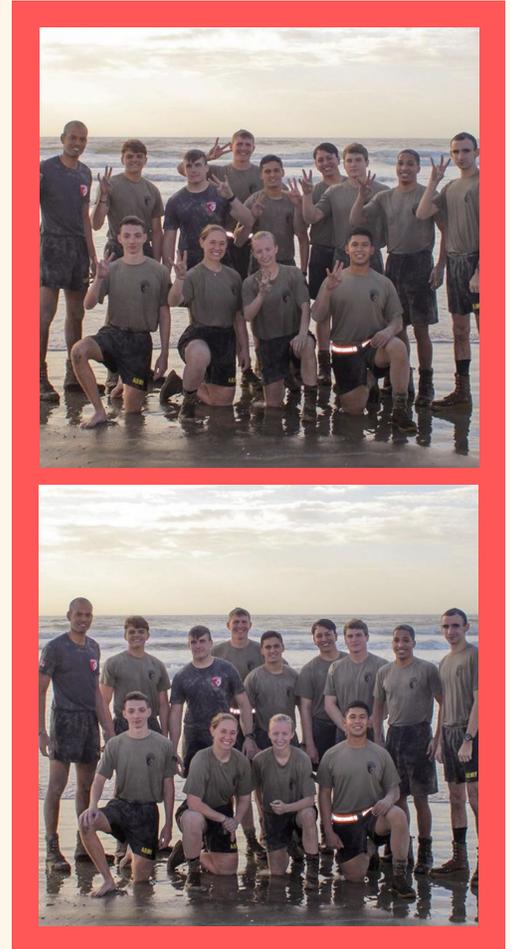


I feel the ACFT targets more of my full-body strength. I felt good performing the exercises themselves. It made me gauge my strengths and weaknesses in each event to ensure I could perform my best overall. I believe the new ACFT will prepare me to be an officer as it takes a full-body approach and requires officers to demonstrate a more realistic standard of fitness capabilities that may be needed in combat. My favorite event is the deadlift.

CDT Wright
University of Houston Downtown

Ranger Challenge Platoon

On Friday, November 23rd, the University of Houston Ranger Challenge Platoon finished the Fall 2020 semester off strong. They conducted a strenuous exercise at Galveston beach that consisted of a 2-mile litter carry, team surf sit-ups, and litter presses, all done in the middle of the cold morning Galveston waves. This event tested Cadets both mentally and physically. At the end of the event, Cadets received their coveted Ranger Challenge tab that they will wear with pride as they continue to set high standards of what it takes to be a member of the UH Army ROTC Ranger Challenge team.



Contracting Cadet



Congratulations to Curt Duane S. Avendano on contracting this month! Cadet Avendano is an MSIII attending the University of Houston and majoring in Exercise Science.

Steps to Join ROTC

Step 1

Register for Military Science course through respective university/college course catalog
(No obligation trial period)

*Have a
desire to
serve?*

Step 2

Meet eligibility requirements
(We will help you get there)

*Want
money for
college?*

Step 3

Sign contract to become an Army Cadet
(This starts all benefits, scholarships)

Step 4

Commission as an Army Officer
(Active Duty, Reserve, National Guard)

Scholarships Available

2 & 3 year full tuition and fees scholarships
\$600 a semester for Text Books
\$420 a month stipend

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