

# CURRICULUM VITAE

## *CHELSEA GILTS RATCLIFF*

### CONTACT INFORMATION

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Department of Psychology  
 Heyne Building, Room 229D  
 University of Houston  
 Houston, TX 77204  
 Email: cgratcliff@central.uh.edu

### EDUCATION

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<b>Postdoctoral Fellowship</b> August 2017	MIRECC Fellowship in Advanced Psychology Health Services Research & Development Center of Excellence Michael E. DeBakey Veterans Affairs Medical Center/Baylor College of Medicine, Houston TX
<b>Ph.D.</b> August 2015	University of Houston, Houston, Texas Clinical Psychology  <i>Dissertation: Brief Mindfulness Intervention for Anxiety Management in          Stereotactic Breast Biopsy Patients: Effects on Self-Report, EEG Activity and          Physiological Measures</i>
<b>Clinical Internship</b> July 2015	Michael E. DeBakey VA Medical Center, Houston Texas
<b>M.A.</b> May 2011	University of Houston, Houston, Texas Clinical Psychology  <i>Thesis: Psychosocial Factors Moderate the Effects of a Brief Presurgical Stress          Management Intervention for Men with Prostate Cancer Undergoing Radical          Prostatectomy</i>
<b>B.A.</b> May 2008	Trinity University, San Antonio, Texas Psychology and Religion <i>Summa Cum Laude</i>

### LICENSURE

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Licensed Psychologist (#37451)  
 Texas State Board of Examiners of Psychologists (TSBEP)

### EMPLOYMENT

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2025 – Present	<b>Associate Professor</b> Department of Psychology University of Houston, Houston, Texas
2023 – 2025	<b>Associate Professor</b> Department of Psychology and Philosophy Sam Houston State University, Huntsville, Texas
2017- 2023	<b>Assistant Professor</b> Department of Psychology and Philosophy Sam Houston State University, Huntsville, Texas
2017- Present	<b>Adjunct Assistant Professor</b> Menninger Department of Psychiatry and Behavioral Sciences
2017- Present	<b>Adjunct Assistant Professor</b> Research Service Line Michael E. DeBakey VA Medical Center, Houston, Texas
2008 –2009	<b>Program Assistant</b> <i>AIDS Education and Training Centers National Resource Center</i> HRSA Funded H4AHA26216; PI: Andrea Norberg, M.S., R.N. Francois-Xavier Bagnoud Center, School of Nursing, Rutgers University, Newark, NJ

## HONORS/AWARDS

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2017	Excellence in Research and Evaluation Award, Collaborative Family Healthcare Association
2017	Competitively selected to attend the NIH/NCI Speeding Research-tested INTervention (SPRINT) Workshop (\$21,750)
2016	Young Investigator Colloquium Scholar, American Psychosomatic Society (\$500)
2014	Early Investigator Award, Society of Integrative Oncology (\$300)
2014	Trainee Excellence in Research Poster Award, Cancer Survivorship Research Symposium, UT MD Anderson Cancer Center (\$300)
2014	Teaching Fellowship, University of Houston (\$3,000)
2010-2014	Travel Awards, University of Houston (\$1,530.00)
2009-2011	Graduate Assistant Teaching Fellowship, University of Houston (\$24,000)
2004-2008	Dean's List, Trinity University
2004-2008	Murchison Scholarship, Trinity University (\$44,000)
2004-2008	Baker-Duncan Scholarship, Department of Theatre, Trinity University (\$20,000)
2004-2008	Beneficiary Grant, Trinity University (\$4,000)
2007-2008	Ethel Evans Scholarship, Department of Religion, Trinity University (\$1,000)
2006-2008	Member of Alpha Lambda Delta, Trinity University
2004-2005	Optimist Club Outstanding Student Award (\$1,000)

## CURRENT GRANT FUNDING

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2023-2026	<i>Source:</i> BRIDGE Program, Office of the Provost, Sam Houston State University
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*Title:* “Effectiveness of a Community-Based Intervention of Acceptance and Commitment Therapy for Type 2 Diabetes Management in a Rural and Underserved Community”

*Role:* Co-Principal Investigator (Contact PI: Marek)

*Award Amount:* \$175,000

## **PENDING GRANT FUNDING**

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2025-2030      *Source:* NIH/National Center for Complementary and Integrative Health 1R01AT013248  
*Title:* Effects of a Mobile App-Based Mindfulness Intervention in Persons with Spinal Cord Injury and Chronic Pain: A Randomized Controlled Trial  
*Role:* Co-PI (Co-PIs: Korupolu & Ratcliff (co-PIs are Early-Stage Investigators)  
*Award Amount:* \$3,035,487 (proposed 25% effort for 5 years)

## **COMPLETED GRANT FUNDING**

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2022-2025      *Source:* NIH/National Center for Complementary and Integrative Health, R34AT011530-01A1  
*Title:* “Feasibility of Mindfulness Meditation Training and Home Practice in Persons with Spinal Cord Injury: A Pilot Study”  
*Role:* Co-PI (Co-PIs: Korupolu & Ratcliff)  
*Award Amount:* \$714,096

2023-2025      *Source:* Intramural Grant Program, College of Osteopathic Medicine, Sam Houston State University  
*Title:* “Effectiveness of a Community-Based Intervention of Acceptance and Commitment Therapy for Type 2 Diabetes Management in a Rural and Underserved Community”  
*Role:* Co-Investigator (PI: Kelly)  
*Award Amount:* \$11,700

2022-2024      *Source:* Trellis Foundation  
*Title:* “Preparing Students for the Challenges of Higher Education”  
*Role:* Consultant (PI: Loft)  
*Award Amount:* \$200,000 (Consultant salary support: \$24,000)

2023-2024      *Source:* Seed Funding, Office of Research and Sponsored Programs, Sam Houston State University  
*Title:* “Study of Trauma Among Nurses in Development (STAND)”  
*Role:* Co-PI (Co-PIs: Ratcliff & Gilroy)  
*Award Amount:* \$10,000

2023              *Source:* College of Humanities and Social Sciences Collaborative Research Cluster Initiative  
*Title:* “Developing and Examining ACT for Rural patients with Type 2 Diabetes (DEAR T2D)”  
*Role:* PI  
*Award Amount:* \$4,000

2020-2022      H. Ben Taub Department of Physical Medicine and Rehabilitation Pilot Award  
“Mindfulness meditation training and home practice in persons with spinal cord injury: A pilot study”  
*Role:* Co-Investigator (PI: Levin)

Total Amount: \$15,000

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| 2019-2021 | <p>Pilot Studies for Future Funding Program, Office of Research and Sponsored Programs, Sam Houston State University</p> <p>“A randomized controlled trial of a brief behavioral intervention for distressed patients undergoing surgery for gastrointestinal cancer”</p> <p>Role: Principal Investigator</p> <p>Total Amount: \$15,000</p>   |
| 2019-2020 | <p>Interdisciplinary Collaborations Program, Office of Research and Sponsored Programs, Sam Houston State University</p> <p>“Politics &amp; Psychology: How does today’s news affect our bodies and minds?”</p> <p>Role: Co-Investigator (PI: Weng)</p> <p>Total Amount: \$20,000</p>   |
| 2019      | <p>Sponsoring Promising Undergraduate Research (SPUR) Program</p> <p>College of Humanities and Social Sciences, Sam Houston State University</p> <p>“Politics &amp; Psychology: How does today’s news affect our bodies and minds?”</p> <p>Role: Co-Investigator (PI: Weng)</p> <p>Total Amount: \$10,000</p>   |
| 2016-2017 | <p>Locally Initiated Pilot Grant, VHA South Central Mental Illness Research, Education, and Clinical Center (SC MIRECC)</p> <p>“Distress screening and intervention for veterans undergoing cancer surgery”</p> <p>Role: Principal Investigator</p> <p>Total Amount: \$12,000</p>   |
| 2016-2017 | <p>Methodological Consultation Services, VHA MIRECC Implementation, Design and Analysis Support (MIDAS)</p> <p>“Mental health and Surgical Outcomes in the VA”</p> <p>Role: Principal Investigator</p> <p>Total Amount: \$15,000 (salary support for methodologist to support data abstraction &amp; analyses)</p>  |
| 2011-2014 | <p>NIH/National Cancer Institute R25-T CA57730</p> <p>Predoctoral Fellowship in Cancer Prevention, Cancer Prevention Research Training Program, UT MD Anderson Cancer Center</p> <p>“Brief mindfulness intervention for anxiety management in stereotactic breast biopsy patients: Effects on patient self-report, EEG activity and physiological measures”</p> <p>Role: Predoctoral Fellow (Mentor: Cohen; PI: Chang)</p> <p>Total Amount: \$120,000</p>             |
| 2010      | <p>NIH/National Cancer Institute R25-E CA56452</p> <p>Short-term Predoctoral Fellowship in Cancer Prevention, Cancer Prevention Research Training Program, UT MD Anderson Cancer Center</p> <p>“Identifying psychosocial adjustment factors that predict the greatest response to a pre-surgical stress management intervention for men undergoing radical prostatectomy”</p> <p>Role: Predoctoral Fellow (Mentor: Cohen; PI: Chang)</p> <p>Total Amount: \$6,500</p> |

## PUBLICATIONS

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\*Denotes mentored student

<sup>1</sup>Denotes co-first authors

1. Korupolu, R.<sup>1</sup>, **Ratcliff, C.G.**<sup>1</sup>, Lohiya, S., Taylor, H., Li, R., Robinson-Whelen, S. (2025). Feasibility and acceptability of an app-based mindfulness meditation intervention for people with spinal cord injury and chronic pain. *Topics in Spinal Cord Rehabilitation*.
2. **Ratcliff, C.G.**, Langley, H. Torres, D.\*, Anderson, K.\* (2025). Randomized Controlled Trial of brief app-based gratitude and mindfulness interventions for parents of young children. *Journal of Family Psychology*. 10.1037/fam0001347
3. Champagne-Langabeer, T., **Ratcliff, C. G.**, Bakos-Block, C., Vega, F., Cardenas-Turanzas, M., Malik, A., & Korupolu, R. (2025). Evaluating the Meditation Practices and Barriers to Adopting Mindful Medicine Among Physicians. *American Journal of Lifestyle Medicine*, 15598276251323850. Advance online publication. Doi: 10.1177/15598276251323850
4. Champagne-Langabeer, T., Cohen, A.S., Lopez, A., Bakos-Block, C., Campbell, A., Gopal, B., Cardenas-Turanzas, M., Poudel, A., **Ratcliff, C.G.**, Malik, A., Korupolu, R. (2025). Assessing barriers to meditation in patients with substance use disorder. *Complementary Therapies in Clinical Practice*. doi: 10.1016/j.ctcp.2025.101957
5. Korupolu, R., **Ratcliff, C.G.**, Andampour, A., Robinson-Whelen, S., Lohiya, S., Cohen, A.S., Bakos-Block, C., Champagne-Langabeer, T. (2025). Examining Motivators and barriers to meditation practice among individuals with spinal cord injury: Insights from a survey study. *The Journal of Spinal Cord Medicine*. doi: 10.1080/10790268.2025.2457807
6. **Ratcliff, C.G.**, Lohiya, S., Robinson-Whelen, S., Taylor, H., Ahn, A.\*, Korupolu, R. (2024). Mindfulness buffers the association of pain with depression and anxiety among people with SCI: A cross-sectional study. *Rehabilitation Psychology*. <https://doi.org/10.1037/rep0000593>
7. Gilroy, H., Anderson, K.\*, Hirsh, S., Berry, D., **Ratcliff, C.G.** (2024). Stress and Trauma Among Nurses in Development (STAND): A Descriptive Study. *Issues in Mental Health Nursing*. 45(8), 840–849. <https://doi.org/10.1080/01612840.2024.2352588>
8. Senger, A.\*, **Ratcliff, C.G.**, Semelsberger, R., Chaoul, A., Cohen, L. (2023). The role of coping and posttraumatic stress in fostering posttraumatic growth and quality of life among women with breast cancer. *Journal of Clinical Psychology in Medical Settings*, 31(2), 368–378. <https://doi.org/10.1007/s10880-023-09977-x>
9. **Ratcliff, C. G.**, Torres, D.\*, Anderson, K. S.\*, & Langley, H. A. (2023). Examining ways to score the Epidemic-Pandemic Impacts Inventory in parents of young children. *Psychological assessment*, 35(11), 974–985. <https://doi.org/10.1037/pas0001264>
10. Korupolu, R., Malik, A., **Ratcliff, C.G.**, Robinson-Whelen, S., Taylor, H. (2022). Feasibility, acceptability, and efficacy of mindfulness training in people with upper motor neuron disorders: A systematic review. *Archives of Physical Medicine and Rehabilitation*, 103(12), 2410–2428. <https://doi.org/10.1016/j.apmr.2022.05.020>.
11. Dindo, L., Moitra, E., Roddy, M.K., **Ratcliff, C.G.**, Markham, C., Giordano, T. (2022). Development and initial feasibility of a hospital-based Acceptance and Commitment Therapy intervention to improve retention in for out-of-care persons with HIV: Lessons learned from an open pilot trial. *Journal of Clinical Medicine*.
12. Kiser, E.\*, Sinclair, K.\*, Tullos, E.\*, **Ratcliff, C.G.** (2022). Associations between disordered eating and body focused repetitive behaviors in college students. *Journal of American College Health*, 72(4), 1184–1191. <https://doi.org/10.1080/07448481.2022.2070713>.
13. Senger, A.\*, Torres, D.\*, **Ratcliff, C.G.** (2022). Potentially morally injurious events as a mediator of the association of gratitude and mindfulness with distress. *Psychological Trauma: Theory, Research, Practice, and Policy*.

14. Sinclair, K.\*, Kiser, E.\*, **Ratcliff, C.G.**, Chaoul, A., Hall, T., Rinpoche, T.W., Cohen, L. (2022). Sleep moderates the effects of Tibetan yoga for women with breast cancer undergoing chemotherapy. *Journal of Supportive Care in Cancer*, 30(5):4477-4484.
15. Bailey, C., Venta, A., Varela, J., Salami, T., **Ratcliff, C.G.**, & Gardner, J. (2021). Risk and protective markers for well-being in Latinx immigrants in removal proceedings. *Law and Human Behavior*, 45(3), 179–196.
16. **Ratcliff, C. G.**, Massarweh, N. N., Sansgiry, S., Dindo, L., Cully, J. A. (2021). Impact of psychiatric diagnoses and treatment on postoperative outcomes among patients undergoing surgery for colorectal cancer. *Psychiatric Services*, 72(4):391-398.
17. **Ratcliff, C.G.**, Fowler, S.\*, Sinclair, K.\*, Prinsloo, S., Chaoul, A., Zepeda, S.G., Spelman, A., Yang, W., Cohen, L. (2021). Who benefits most from a brief mindfulness intervention to reduce anxiety during stereotactic breast biopsy: The moderating effect of trait mindfulness, spiritual well-being, and distress tolerance. *Mindfulness*, 12, 1127–1137.
18. **Ratcliff, C.G.**, Torres, D.\*, Tullos, E.A.\*, Geng, Y. Lu, Q. (2021). A systematic review of behavioral interventions for rural breast cancer survivors. *Journal of Behavioral Medicine*, 44(4):467-483.
19. **Ratcliff, C.G.**, Zepeda, S.G., Hall, M., Tullos, E.A.\*, Fowler, S. \*, Chaoul, A., Spelman, A., Arun, B., & Cohen, L. (2021). Patient characteristics associated with sleep disturbances in women undergoing chemotherapy for breast cancer. *Supportive Care in Cancer*, 29(5), 2601-2611. PMID: 32964261.
20. **Ratcliff, C.G.**, Deavers, F.E., Tullos, E.A.\*, Ricardo, M.\*, Christensen, M.\*, Dindo, L., Cully, J. A. (2020). Brief behavioral intervention for distressed patients undergoing cancer surgery: A case series. *Cognitive and Behavioral Practice*, 27(3), 306-320.
21. **Ratcliff, C.G.**, Vinson, C.A., Milbury, K., & Badr. H. (2019). Moving family interventions into the real world: What matters to oncology stakeholders? *Journal of Psychosocial Oncology*, 37(2), 264-284. PMID: 30421667
22. **Ratcliff, C. G.**, Prinsloo, S., Chaoul, A., Zepeda, S. G., Cannon, R., Spelman, A., Yang, W., & Cohen, L. (2019). A randomized controlled trial of brief mindfulness for women undergoing stereotactic breast biopsy. *Journal of the American College of Radiology*, 16(5), 691-699. PMID: 30322793
23. Sorocco, K., Mignogna, J., Kauth, M., Hundt, N., Thakur, E., **Ratcliff, C.G.**, & Cully, J. A. (2018). Online CBT training for providers in primary care. *Journal of Mental Health Training, Education, and Practice*, 13(4): 228-237.
24. **Ratcliff, C. G.**, Naik, A.D., Martin, L.A., Moye, J. (2018). Examining cancer survivorship trajectories: Exploring the intersection between qualitative illness narratives and quantitative screening instruments. *Palliative & Supportive Care*, 16(6): 712-718. PMC6023785
25. **Ratcliff, C.G.**, Barrera, T.L., Petersen, N.J., Sansgiry, S., Kauth, M.R., Kunik, M.E., Stanley, M.S., Cully, J.A. (2017). Recognition of anxiety, depression, and PTSD in patients with COPD and CHF: Who gets missed? *General Hospital Psychiatry*, 47: 61-67.
26. Wendell, J., **Ratcliff, C. G.**, Price, E., Petersen, N., DiNapoli, E., Cully, J. A. (2016). Factors associated with high frequency of suicidal ideation in medically ill veterans. *Journal of Psychiatric Practice*, 22(5): 389-97. PMID: 27648503
27. **Ratcliff, C. G.**, Milbury, K., Chandwani, K., Chaoul, A., Perkins, G., Nagarathna, R., Haddad, R., Nagendra, H.R., Raghuram, N. V., Spelman, A., Arun, B., Wei, Q., & Cohen, L. (2016). Examining mediators and moderators of yoga for women with breast cancer undergoing radiotherapy. *Integrative Cancer Therapies*, 15(3): 250-62. PMC4972683
28. Barrera, T., Szafranski, D., **Ratcliff, C. G.**, Garnaat, S., & Norton, P. (2016). An experimental comparison of techniques: Cognitive defusion, cognitive restructuring, and in-vivo exposure for social anxiety. *Behavioural and Cognitive Psychotherapy*, 44: 249-254. PMID: 25683574
29. Freeman, L., White, R., **Ratcliff, C. G.**, Sutton, S., Stewart, M., Palmer, L., Link, J., & Cohen, L. (2015). A randomized trial comparing live and telemedicine deliveries of an imagery-based behavioral intervention for breast cancer survivors: reducing symptoms and barriers to care. *Psycho-Oncology*, 24(8):910-8. PMC4379121

30. **Ratcliff, C. G.**, Lam, C., Arun, B., Valero, V., & Cohen, L. (2014). Ecological momentary assessment of sleep, symptoms, and mood during chemotherapy for breast cancer. *Psycho-Oncology*, 23(11): 1220-8. PMC4185252
31. **Ratcliff, C. G.**, Prinsloo, S., Richardson, M., Baynham-Fletcher, L., Lee, R., Chaoul, A., Cohen, M.Z., de Lima, M., & Cohen, L. (2014). Music therapy for patients who have undergone hematopoietic stem cell transplant. *Evidence-Based Complementary and Alternative Medicine*, 742941. PMC3913188
32. **Ratcliff, C. G.**, Cohen, L., Pettaway, C., & Parker, P. (2013). Treatment regret and quality of life following radical prostatectomy. *Supportive Care in Cancer*, 21(12), 3337-43. PMC3823814
33. **Gilts, C.**, Parker, P., Pettaway, C., & Cohen, L. (2013). Psychosocial moderators of presurgical stress management for men undergoing radical prostatectomy. *Health Psychology*, 32(12), 1218-26. PMC3833972 [Note: Previously published under “Gilts, C.”]
34. Biegler, K., Cohen, L., Scott, S., Hitzhusen, K., Parker, P., **Gilts, C.**, Canada, A., & Pisters, L. (2012). The role of religion and spirituality in psychological distress prior to surgery for urologic cancer. *Integrative Cancer Therapies*, 11(3), 212-220. PMC3746331 [Note: Previously published under “Gilts, C.”]

## BOOK CHAPTERS

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1. **Ratcliff, C.G.**, Bonthala, S., Torres, D.\*, Korupolu, R. (2022). Tele-rehabilitation for integrative health (pp. 213-224). In M. Alexander (Ed.) *Telerehabilitation: Principle and Practice*. Amsterdam: Elsevier.
2. **Ratcliff, C. G.**, & Novy, D. (2018). Treating cancer patients with persistent pain (pp. 485-498). In D.C. Turk & R. J. Gatchel (Eds.), *Psychological Approaches to Pain Management: A Practitioner's Handbook, Third Edition*. New York: Guilford Press.
3. Smith, A. H., **Ratcliff, C. G.**, & Norton, P. J. (2014). Transdiagnostic cognitive assessment and case formulation for anxiety: A new approach (pp. 197-220). In D. A. Clark & G. P. Brown (Eds.), *Assessment in Cognitive Therapy*. New York: Guilford Pres.

## MANUSCRIPTS UNDER REVIEW

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\*Denotes mentored student

<sup>1</sup>Denotes co-first authors

1. Ahn, A.\*, Eldridge, T.\*, Torres, D.\*, **Ratcliff, C.** (revised & resubmitted). The impact of coping and psychological flexibility on young adult caregivers' mental health: Could head in the sand be okay?
2. Ahn, A.\*<sup>1</sup>, **Ratcliff, C.G.**<sup>1</sup>, Lima, A.\*, Garcia, M. K., Meng, Z., Rosenthal, D. I., Shen, Y., Chambers, M., Hu, C., Cohen, L. The Differential effects of social Support on quality of life in head and neck cancer patients in the United States and China.
3. Kiser, E.\* & **Ratcliff, C.G.** Understanding adherence to cognitive behavioral therapy in clinicians who treat eating disorders.
4. **Ratcliff, C.G.**, Malik, A., Bravo Santos, R., Pedroza, C., Korupolu, R. Examining pain subgroups one and five years after spinal cord injury: The importance of depression in chronic pain.
5. Meyer, K., Ahn, A.\*, Rothacker-Peyton, S., Anderson, K.\*, Gilroy, H., Berry, D., **Ratcliff, C.G.** Self-efficacy moderates the impact of trauma on burnout among nursing students.

## MANUSCRIPTS IN PREPARATION

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\*Denotes mentored student

1. Tullos, E.A.\*, Anderson, K.\*, Henderson, C., **Ratcliff, C.G.** Attitudes, norms, and behavioral control factors associated with intention to receive cervical cancer screening in Latina Americans.
2. Anderson, K.\*, Eldridge, T.\*, Gilroy, H., Berry, D., **Ratcliff, C.G.** The impact of adverse childhood events, trauma, and psychological flexibility on mental health among nursing students.
3. Anderson, K.\*, Skidmore, S., Hernandez, S., **Ratcliff, C.G.** The association of gender, race, and sexual orientation with undergraduate emotional and academic wellbeing: The role of campus connectedness and psychological flexibility.
4. Robinson-Whelen, S., Eldridge, T.\*, Ahn, A.\*, **Ratcliff, C.G.**, Hughes, R. Health information seeking among women with spinal cord injuries.
5. **Ratcliff, C.G.**, Semelsberger, R.\*, Cohen, L. Sex differences in the role of emotional coping on stress and quality of life among patients with renal cell carcinoma.
6. Conti, E.P., **Ratcliff, C.G.**, Chaoul, A., Cohen, L. The longitudinal effects of faith and meaning on the quality of life of women with breast cancer undergoing chemotherapy.
7. Eldridge, T.\*, McAnulty, D., Chen, S., **Ratcliff, C.G.** Examining the mediating effect of depression on the association between disease severity and health promoting behaviors among adults with congenital heart disease.
8. Tayebi, S.\*, **Ratcliff, C.G.**, Henderson, C., Langley, H. The association of negative emotional states and impulsivity with the dual substance use of e-cigarettes and cannabis.
9. Torres, D.\*, Hari, C.\*, Lima, A.\*, **Ratcliff, C.G.** Does the impact of mindfulness on stress depend on race or ethnicity? Ethnic/racial differences in the impact of mindfulness on the association of stress with distress.

## CONFERENCES ORAL PRESENTATIONS

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*Note: Previously presented under Gilts*

*\*Denotes mentored student*

1. **Ratcliff, C.G.**, Korupolu, R., Lohiya, S., Taylor, T. B., Li, R., Robinson-Whelen, S. (2025 November). *Feasibility and acceptability of an app-based mindfulness meditation intervention for people with spinal cord injury and chronic pain: A pilot randomized controlled trial*. Selected for oral presentation at the Association for Behavioral and Cognitive Therapies Annual Convention in New Orleans, LA.
2. Mayer, K., Gilroy, H., **Ratcliff, C.G.**, Rothacker-Peyton, S., Berry, D., Ahn, A.\* (2025 July). *Stress and trauma in nursing students over time: A longitudinal study*. Selected for oral presentation at the 36<sup>th</sup> International Nursing Research Congress, Seattle, WA.
3. **Ratcliff, C.G.**, Lohiya, S., Robinson-Whelen, S., Taylor, H., Korupolu, R. (2024 September). *Mindfulness buffers depression and anxiety among people with SCI and chronic pain*. Selected for oral presentation at the Academy of Spinal Cord Injury Professionals (ASCIP) Annual Convention, Chicago, IL.
4. Davee, H.\*, Ahn, A.\*, **Ratcliff, C.G.** (2024 March). *Demographic and psychosocial predictors of depression and anxiety among first-year college students*. Selected for oral presentation at the Southwestern Psychological Association's Annual Convention, San Antonio, TX.
5. Kiser, E.\*, **Ratcliff, C.G.** (2022 June). *Understanding adherence to cognitive behavioral therapy (CBT) in clinicians who treat eating disorders: A self-determination theory approach*. Selected for oral presentation at the International Conference on Eating Disorders, Virtual Meeting.
6. Payne, A.\*, Torres, D.\*, **Ratcliff, C.G.** (2022 April). *How stress, mindfulness, and psychological flexibility impact negative affectivity and health*. Selected for oral presentation at the Southwestern Psychological Association's Annual Convention, Baton Rouge, LA.
7. **Ratcliff, C.G.**, Flynn, M.H., Sardone, K., Nauert, K.M. (2020 November). *Psychology during the pandemic and beyond: Essential ethnical, legal, and practical information for early career psychologists*. Selected for oral presentation at the Texas Psychologist Association's Annual Convention, Virtual Meeting.



8. Goodson, A.L.\*, **Ratcliff, C.G.** (2019 October). *Mindfulness therapy for survivors of childhood adversity: What's the use?* Selected for oral presentation at the Texas Psychologist Association's Annual Convention, San Antonio, TX.
9. **Ratcliff, C.G.**, Ogbeide, S., Nauert, K. (2019 October). *Launching and building a career in integrated care and beyond: Answering questions you may not even know to ask.* Symposium selected for presentation at the Texas Psychological Association's Annual Convention, San Antonio, TX.
10. **Ratcliff, C.G.**, Tullos, E.\* , Deavers, F., Ricardo, M.\* , Christensen, M\*., Dindo, L., Cully, J. (2019 March). *Development and pilot test of a brief behavioral intervention for distressed patients undergoing surgery for gastrointestinal cancer.* Selected for oral presentation at the Annual Meeting of the American Psychosomatic Society, Vancouver, BC.
11. Sinclair, K.\*, **Ratcliff, C.G.**, Prinsloo, S., Chaoul, A., Yang, W., Cohen, L. (2019 March). *The impact of distress tolerance and expectation on a mindfulness intervention during stereotactic breast biopsy.* Selected for oral presentation at the Annual Meeting of the American Psychosomatic Society, Vancouver, BC.
12. Fowler, S.\* , **Ratcliff, C.G.**, Tullos, E.\* , Prinsloo, S., Chaoul, A., Yang, W., Cohen, L. (2019 March). *Spiritual wellbeing as a moderator of brief mindfulness intervention on anxiety during stereotactic breast biopsy.* Selected for oral presentation at the Annual Meeting of the American Psychosomatic Society, Vancouver, BC.
13. Kiser, E.\* , **Ratcliff, C.G.**, Chaoul, A., Hall, T., Cohen, L. (2019 March). *BMI's relationship with quality of life and cancer symptoms in breast cancer patients.* Selected for oral presentation at the Annual Meeting of the American Psychosomatic Society, Vancouver, BC.
14. Sartain, M.\* , **Ratcliff, C.G.**, Sinclair, K.\* , Chaoul, A, Cohen, L. (2019 March). *Examining mediators on the effect of coping strategies on quality of life for women undergoing chemotherapy for breast cancer.* Selected for oral presentation at the Annual Meeting of the American Psychosomatic Society, Vancouver, BC.
15. **Ratcliff, C. G.** & Cohen, L. (2018 November). *Coping with cancer: Posttraumatic stress and growth across the treatment trajectory.* In A. Venta (Chair), *The effects of trauma on mental and physical health in special populations.* Symposium selected for presentation at the annual conference of the Texas Psychological Association, Frisco, TX.
16. **Ratcliff, C. G.**, Elliot, W., Lamb, G., Madkins, J., & Riley, C. (2018 November). *Everything you wanted to know about being a psychologist, but were afraid to ask: A look at the business side of psychology.* Symposium selected for presentation at the Texas Psychological Association's Annual Convention, Frisco, TX.
17. **Ratcliff, C. G.**, Massarweh, N.N., Sansgiry, S., Jen-Yu, H., Berger, D.H., Cully, J.A. (2018 January). *Impact of mental health diagnoses and treatment on outcomes after colorectal cancer surgery.* Selected for oral presentation at the Annual Academic Surgical Congress, Jacksonville, FL.
18. **Ratcliff, C.G.**, Thakur, E., Prinsloo, S. (2017 November). *Integrative medicine: Improving health and quality of life for individuals with medical illness.* Symposium given at the Texas Psychologist Association's Annual Convention, Houston, TX.
19. **Ratcliff, C. G.**, Barrera, T., Petersen, N. J., Sansgiry, S., Kauth, M., Kunik, M., & Cully, J. A. (2016 March). *Recognition of anxiety and depressive symptoms in patients with COPD and CHF: Who gets missed?* Selected for oral presentation at the Annual Meeting of the American Psychosomatic Society, Denver, CO.
20. **Ratcliff, C. G.**, Prinsloo, S., Chaoul, A., Zepeda, S., Taiwo, Z., Spelman, A., Cannon, R., Yang, W., Cohen, L. (2015 March). *Predicting who benefits most from a brief mindfulness meditation for women undergoing stereotactic breast biopsy.* Selected for oral presentation at the Annual Meeting of the American Psychosomatic Society, Savanna, GA.
21. **Ratcliff, C. G.**, Prinsloo, S., Chaoul, A., Zepeda, S., Taiwo, Z., Spelman, A., Cannon, R., Yang, W., Cohen, L. (2014 October). *A randomized controlled trial of brief mindfulness for women undergoing stereotactic breast biopsy.* Selected for oral presentation at the Society of Integrative Oncology International Conference, Houston, TX.

22. **Ratcliff, C. G.**, Milbury, K., Chandwani, K., Chaoul, A., Perkins, G., Nagarathna, R., Haddad, R., Nagendra, H.R., Raghuram, N. V., Spelman, A., Arun, B., Wei, Q., Cohen, L. (2014 October). *Examining mediators of yoga for women with breast cancer undergoing radiotherapy*. Selected for oral presentation at the Society of Integrative Oncology International Conference, Houston, TX.
23. **Ratcliff, C. G.**, Milbury, K., Chandwani, K., Arun, B. Haddad, R., Chaoul, A., Cohen, L. (2014 January). *Moderators of a randomized, controlled trial of yoga for women undergoing treatment for breast cancer*. Selected for oral presentation in the interactive poster session and awarded the Trainee Excellence in Research Poster Award, Cancer Survivorship Research Symposium, UT MD Anderson Cancer Center, Houston, TX.
24. **Gilts, C.**, Parker, P., Pettaway, C., Cohen, L. (2012 June). *The effect of pretreatment psychosocial factors on immune function and quality of life after brief presurgical stress management*. Selected for oral presentation in Patient and Survivor Care Poster Discussion Session, American Society of Clinical Oncology Annual Meeting, Chicago, IL.
25. **Gilts, C.**, Reddy, R., & Norton, P.J. (2011 November). *Religiosity and affect in Christians, Muslims, and Buddhists*. Selected for “Rapid Fire” presentation at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
26. **Gilts, C.**, Parker, P., Pettaway, C., Cohen, L. (2011 March). *Pretreatment psychosocial factors predict quality of life (QOL) after brief presurgical stress management*. Selected for oral presentation at the Annual Meeting of the American Psychosomatic Society, San Antonio, TX.

## CONFERENCE POSTER PRESENTATIONS

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*Note: Previously presented under Gilts*

*\*Denotes mentored student*

1. Anderson, K.S.\*, **Ratcliff, C.G.**, Gilroy, H., Berry, D. (November 2024). *The role of experiential avoidance in the relationship between trauma and mental health outcomes in student nurses*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention in Philadelphia, Pennsylvania.
2. Ahn, A.\*, Eldridge, T.\*, Torres, D.\*, **Ratcliff, C.G.** (November 2024). *The Role of avoidance coping in young adult caregivers' mental health: Could head in the sand be okay?*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention in Philadelphia, Pennsylvania.
3. **Ratcliff, C.G.**, Torres, D.\*, Langley, H. (November 2024). *Brief app-based gratitude and mindfulness interventions may be more helpful for mothers than fathers of young children: Results from a pilot RCT*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention in Philadelphia, Pennsylvania.
4. Hari, C.\*, **Ratcliff, C.G.**, Galicia, B., Salami, T.K., (November 2024). *Exploring psychological responses to human trafficking: Associations between posttraumatic stress, posttraumatic growth, and psychological inflexibility*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention in Philadelphia, Pennsylvania.
5. Torres, D.\*, Anderson, K.S.\*, Kelly, H. Langley, H., **Ratcliff, C.G.** (2023 November). *Effects of a Brief App-Based Intervention on Stress, Emotion Regulation, Gratitude, and Mindfulness among Parents of Young Children*. Poster accepted for presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Seattle WA.
6. Anderson, K.S.\*, Skidmore, S., Omogunwa, A.\*, **Ratcliff, C.G.** (2023 November). *The Association of Gender, Race, and Sexual Orientation with Undergraduate Emotional and Academic Wellbeing: The Role of Campus Connectedness and Psychological Flexibility*. Poster accepted for presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Seattle WA.
7. Kiser, E.\*, Cromb, J.\*, Russel, T., **Ratcliff, C.G.** (2023 November). *Adherence to CBT Among Providers Treating Eating Disorders: The Impact of Training and Attitudes Towards Evidence Based Practice*.

Poster accepted for presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Seattle WA.

8. Lohiya, S., Robinson-Whelen, S., Taylor, H., **Ratcliff, C.**, & Korupolu, R., (2023, Sept 3-6). *Feasibility of Mindfulness Meditation Training and Home Practice in Persons with Spinal Cord Injury: A Pilot Study*. Poster presented at the 2023 ASCIP Educational Conference and Expo, San Diego, CA, USA.
9. **Ratcliff, C.G.**, Torres, D.\*, Anderson, K.S.\*, Langley, H. (2023 March). *Scoring Methods for the Epidemic-Pandemic Impacts Inventory: How and Why to Account for Tangible Impacts of the Pandemic on Parents of Young Children*. Poster presented at the Annual Meeting of the American Psychosomatic Society, San Juan, Puerto Rico.
10. Anderson, K.S.\*, **Ratcliff, C.G.**, (2023 March). *Education and time since transplant are associated with adherence to medical treatment and COVID-19 safety recommendations in organ transplant patients*. Poster presented at the Annual Meeting of the American Psychosomatic Society, San Juan, Puerto Rico.
11. Anderson, K.S\*, Kapoor, A.\*, **Ratcliff, C.G.**, (2023 March). *Resilience protects against depression in organ transplant patients during the COVID-19 pandemic regardless of overall physical health*. Poster presented at the Annual Meeting of the American Psychosomatic Society, San Juan, Puerto Rico.
12. Semelsberger, R. \*, **Ratcliff, C.G.**, Cohen, L. (2023 March). *Sex Differences in the Association of Emotional Approach Coping with Perceived Stress and Diurnal Cortisol Slope among Patients with Renal Cell Carcinoma: What's good for the goose may not be good for the gander*. Poster presented at the Annual Meeting of the American Psychosomatic Society, San Juan, Puerto Rico.
13. Hari, C.\*, Torres, D.\*, Semelsberger, R. \*, **Ratcliff, C.G.**, Cohen, L. (2023 March). *Benefit Finding buffers the Negative Effects of Posttraumatic Avoidance on Mental Health in Renal Cell Carcinoma Survivors*. Poster presented at the Annual Meeting of the American Psychosomatic Society, San Juan, Puerto Rico.
14. Torres, D. \*, **Ratcliff, C.G.**, Langley, H. (2023 March). *Examining the Moderating Relationship of Gender on Parenting Stress, Perceived Stress, and Affect*. Poster presented at the Annual Meeting of the American Psychosomatic Society, San Juan, Puerto Rico.
15. Lima Custodio, A. \*, Hari, C. \*, **Ratcliff, C.G.**, Meng, Z., Rosenthal, D.I., Chiang, J., & Cohen, L. (2022 April). *Social support differentially influences quality of life and depression in Chinese and American head and neck cancer patients*. Poster presented at the 43rd Annual Society of Behavioral Medicine Conference, Baltimore, MD.
16. Semelsberger, R. \*, **Ratcliff, C.G.**, & Cohen, L. (2022 April). *Sex moderates the effect of emotional coping and perceived stress on quality of life among patients with renal cell carcinoma*. Poster presented at the 43rd Annual Society of Behavioral Medicine Conference, Baltimore, MD.
17. Torres, D. \*, Kopetski, K. \*, **Ratcliff, C.G.** (2022 April). *Psychological inflexibility, chronic health conditions, and psychological distress among college students*. Poster presented at the 43rd Annual Society of Behavioral Medicine Conference, Baltimore, MD.
18. Anderson, K.\* & **Ratcliff, C.G.** (2022 April). *Gender difference in pandemic-related concern and adherence to COVID-19 safety recommendations in organ transplant patients*. Poster presented at the 43rd Annual Society of Behavioral Medicine Conference, Baltimore, MD.
19. Tullos, E.\*, **Ratcliff, C.G.** (2021 March). *Similarities and differences in cervical cancer screening intention based on spoken language*. Selected as a “Research Spotlight” presentation at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Virtual Meeting.
20. Sinclair, K. \*, **Ratcliff, C.G.**, Sartain, M. \*, Hall, M., Chaoul, A., Cohen, L. (2021 March). *Moderators and mediators of the effect of a yoga intervention on sleep for patients undergoing active treatment for breast cancer*. Selected as a “Research Spotlight” presentation at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Virtual Meeting.
21. Torres, D. \*, **Ratcliff, C.G.**, Darnell, M. \*, Salami, T., & Weng, D.L.C. (2021 March). *Associations among mindfulness, religiosity, & psychological distress within ethnically/racially diverse college students*. Selected as a “Research Spotlight” presentation at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Virtual Meeting.

22. Torres, D.\*, Willingham, H.\*, Tullos, E.\*, **Ratcliff, C.G.** (2020 November). *Examining the association of difficulties in emotion regulation and substance & medication use with underlying personality pathology and mindful eating traits among college students*. Selected for presentation at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
23. Kiser, E.A.\*, Sinclair, K.\*, Tullos, E.A.\*, **Ratcliff, C.G.** (2020 August). *Associations between disordered eating and body focused repetitive behaviors in college students*. Selected for presentation at the American Psychological Association Conference, Washington, DC.
24. Tullos, E.\*, **Ratcliff, C.G.**, Goodson, A.\*, Chaoul, A., Hall, T., Cohen, L. (2019 March). *The relationship between sleep quality and anxiety in breast cancer patients undergoing chemotherapy: The moderating role of coping*. Poster accepted for presentation at the Annual Meeting of the American Psychosomatic Society, Vancouver, BC.
25. Gordon, E.\* & **Ratcliff, C.G.** (2018 November). *Applying intervention mapping to mental health stigma: A case study in using integrative learning in an undergraduate classroom*. Poster accepted for presentation at the Annual Meeting of the American Public Health Association, San Diego, CA.
26. Hardy, E.\* & **Ratcliff, C.G.** (2018 November). *The impact of ethnicity and income on depression and anxiety in breast cancer patients*. Poster accepted for presentation at the Texas Psychological Association, Frisco, TX.
27. **Ratcliff, C.**, Pao, C.W.\*, Sansgiry, S., Petersen, N. J., Cully, J.A. (2017 October). *Brief CBT for medically ill primary care patients: How much does it cost?* Poster accepted for presentation at the Collaborative Family Health Association, Houston, TX.
28. Zepeda, S., Milbury, K., **Ratcliff, C.**, Chaoul, A., Hall, M., Spelman, A., Wangyal., T., Engle, R., & Cohen, L. (2014 March). *Association between body mass index and sleep disturbances in women with cancer receiving chemotherapy*. Poster accepted for presentation at the Annual Meeting of the American Psychosomatic Society, Savanna, GA.
29. **Ratcliff, C.**, Prinsloo, S., Cohen, L. (2013 November). *The effects of a music therapy intervention for patients undergoing bone marrow transplant*. Poster accepted for presentation at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
30. **Gilts, C.** Lam, C., Cohen, L. (2013 March). *Ecological momentary assessment of symptoms and coping techniques during chemotherapy for breast cancer*. Poster accepted for presentation at the Annual Meeting of the American Psychosomatic Society, Miami, FL.
31. **Gilts, C.**, Parker, P., Pettaway, C., Cohen, L. (2012 March). *Counterfactual thinking and quality of life Following Radical Prostatectomy*. Poster accepted for presentation at the Annual Meeting of the American Psychosomatic Society, Athens, Greece.
32. Calleo, J., **Gilts, C.**, York, M., Bush, A., Wilson, N., Cully, J., Kraus-Schuman, C., Kunik, M, Stanley, M. (March 2012). *Anxiety and executive functioning in older-adults with Generalized Anxiety Disorder*. Poster accepted for presentation at the Annual Meeting of the American Association for Geriatric Psychiatry, Washington, DC.
33. **Gilts, C.**, Hughes, L., & Evans-Hudnall, G. (2010 November). *Improving secondary stroke prevention among underserved African Americans: Moving beyond health attitudes*. Poster accepted for presentation at the Texas Obesity Research Center Conference, Houston, TX.
34. Osika, M., Ross, E., Naus, M., **Gilts, C.**, & Varghese, J. (2009 April). *Role of spirituality in finding benefits from stressful life events in breast cancer survivors and peers*. Poster accepted for presentation at the annual meeting of the Society for Behavioral Medicine, Seattle, WA.

## INVITED PRESENTATIONS

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1. **Ratcliff, C.G.** (2025 April). *Motivational Interviewing to Address Treatment Adherence among Patients Living with HIV*. Invited case presentation given as a part of the AIDS Education and Training Center (AETC) Cases in HIV for Interprofessional Students (CHIPS) program, Baylor College of Medicine.

2. **Ratcliff, C.G.** (2024 September). *Motivational interviewing to reduce vaccine hesitancy in healthcare: What and why*. Invited Keynote Presentation for the Vaccine Symposium: Strengthening Public Health in Texas funded by the Texas Department of State Health Services, Houston, San Antonio, and Dallas, TX.
3. **Ratcliff, C.G.** (2024 May). *A framework for working with people with HIV and mental illness*. Invited presentation for the Houston AIDS Education and Training Center 2024 Joint Care and Prevention Conference, Hiram Clark Multi-Service Center, Houston, TX.
4. **Ratcliff, C.G.** (2024 April). *Caring for People Living with HIV experiencing Homelessness*. Invited case presentation given as a part of the AIDS Education and Training Center (AETC) Cases in HIV for Interprofessional Students (CHIPS) program, Baylor College of Medicine.
5. **Ratcliff, C.G.** (2023 October). *Motivational Interviewing in the Psychiatry Clinic Setting*. Invited presentation for the SHSU College of Osteopathic Medicine Psychiatry Interest Group.
6. **Ratcliff, C.G.** (2022 April). *Overcoming imposter syndrome*. Invited presentation given as a part of the Academic Support Seminar Series, The Graduate School, Sam Houston State University, Huntsville, TX.
7. **Ratcliff, C.G.** (2022 March). *Mind-Body Connection*. Invited presentation given to Introduction to Psychology high school students at Duchesne Academy.
8. **Ratcliff, C.G.** (2022 March). *Mental Wellness as a Parent in a Pandemic*. Invited presentation given to WeLEAD, Sam Houston State University, Huntsville, TX.
9. **Ratcliff, C.G. & Drislane, L.** (2021 October). *Mental Health & Diversity, Equity, and Inclusion*. Invited presentation given to the College of Health Sciences at the invitation of COHS's Diversity, Equity and Inclusion Committee, Sam Houston State University, Huntsville, TX.
10. **Ratcliff, C.G.** (2020 November). *Mental health in the time of COVID-19: Tools for managing stress during the pandemic and beyond*. Invited presentation given as a part of the Healthy Campus Initiative, Sam Houston State University, Huntsville, TX.
11. **Andersen, J.L. & Ratcliff, C.G.** (2020 May). *Mental health tips for working from home*. Invited presentation given to WeLEAD, Sam Houston State University, Huntsville, TX.
12. **Ratcliff, C.G.** (2019 December). *Providing mental health care to medically ill patients*. Invited presentation given to Baylor College of Medicine Psychology Interns, Baylor College of Medicine, Houston, TX.
13. **Ratcliff, C.G.** (2019 September). *Wellness as a doctoral student: Consequences and management of stress during graduate school*. Invited workshop given at the Dissertation Writing Retreat, The Graduate School, Sam Houston State University, The Woodlands, TX.
14. **Ratcliff, C.G.** (2019 August). *Stress management in the correctional setting*. Invited workshop given to Texas Department of Criminal Justice Wellness Coordinators, Sam Houston State University, Huntsville, TX.
15. **Ratcliff, C.G.** (2018 February). *Integrating behavioral health into medical settings: Improving health and quality of life*. Invited presentation given to Lone Star Family Health Center Resident Physicians, Conroe Regional Hospital, Conroe, TX.
16. **Venta, A., Eagle, M.M., Fein, R., Magyar, M., Mercado, A., Ratcliff, C. G., Reuter, T., Ross, E., Ruths, I.** (2017 November). *Developing a specialty: Early career psychologist and student forum*. Invited symposium given at the Texas Psychologist Association's Annual Convention, Houston, TX.
17. **Ratcliff, C.** (2017 March). *Integrating mental health care into medical settings: Improving health and quality of life for individuals with medical illness*. Invited presentation given to the Department of Psychology & Philosophy, Sam Houston State University, Huntsville, TX.
18. **Ratcliff, C.G. & Cully, J.** (2016 May; 2017 May). *Supervision concepts and process*. Invited guest lecture for psychology intern Seminar in Professional Development, Michael E. DeBakey VA Medical Center, Houston, Texas.
19. **Ratcliff, C.G.** (2016 April). *Biological perspective on personality*. Invited guest lecture for undergraduate course titled "Theories of Personality," Department of Psychology, University of Saint Thomas, Houston, Texas.

20. **Ratcliff, C.G.** (2016 April). *Health Psychology: Interventions to improve health and quality of life for individuals facing medical illness*. Invited presentation given as a continuing education course to Bryan/College Station Psychological Association, Bryan, Texas.
21. **Ratcliff, C.G.** (2015 October). *Psycho-oncology interventions: Integrative approaches to improving health and quality of life for individuals facing cancer diagnosis and treatment*. Invited presentation given to the 1<sup>st</sup> Annual Psycho-Oncology Congress at the Cancer Center of Razavi Hospital, Mashhad, Iran.
22. **Ratcliff, C.G.** (2015 October). *Motivational interviewing: Facilitating change in patients on the fence*. Invited guest lecture for PGY II Evidence-Based Psychotherapy Series, Baylor College of Medicine, Houston, Texas.
23. **Springer, J. & Ratcliff, C.G.** (2015 March). *Motivational interviewing: Lunch and learn together*. Invited to develop and facilitate a four-week training for the Substance Dependence Treatment Program, Michael E. DeBakey VA Medical Center, Houston, TX.
24. **Ratcliff, C.G.** (2015 January). *Stress and the Mind-Body Connection: Improving health and quality of life for individuals facing medical procedures*. Invited presentation given to the Psychology Department, Trinity University, San Antonio, TX.
25. **Ratcliff, C.G.** (2014 June). *Neuroscience in integrative medicine: Brain activity during brief guided meditation for women undergoing stereotactic breast biopsy*. Invited presentation given to the Integrative Medicine Program Lecture Series, UT MD Anderson Cancer Center, Houston, TX.
26. **Ratcliff, C.G.** (2014 April). *Moderators and mediators of a yoga intervention for women undergoing treatment for breast cancer*. Invited presentation given to the Cancer Survivorship Research Advisory Workgroup Meeting, UT MD Anderson Cancer Center, Houston, TX.
27. **Ratcliff, C.G.** (2014 April). *Cognitive behavioral therapy for anxiety disorders*. Invited guest lecture for Marriage and Family Therapy program graduate course titled “Psychopathology,” School of Human Sciences and Humanities, University of Houston-Clear Lake, Houston, Texas.
28. **Ratcliff, C.G.** (2014 March). *A randomized controlled trial of brief mindfulness meditation for women undergoing stereotactic breast biopsy*. Invited brown bag presentation given to faculty and students in the Cancer Prevention Research Training Program, UT MD Anderson Cancer Center, Houston, TX.
29. **Ratcliff, C.G.** (2013 September). *Stress, health, and integrative medicine*. Invited guest lecture for undergraduate course titled “Understanding Health Behavior Theory and Practice,” College of Education, University of Houston, Houston, Texas.
30. **Ratcliff, C.G.** (2012 February). *Mind-body interventions: Integrative approaches cancer prevention and treatment*. Invited presentation given to the Texas Medical Center Chaplains Association, Methodist Hospital, Houston, TX.
31. **Ratcliff, C.G.** (2010 September). *Individual differences that predict outcomes of brief pre-surgical stress management*. Invited brown bag presentation given to faculty and students in the Cancer Prevention Research Training Program, UT MD Anderson Cancer Center, Houston, TX.

## AD-HOC REVIEWER EXPERIENCE

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### NIH Ad-Hoc Reviewer

NCCIH: Special Emphasis Panel (R01 and R34 grants)

### Journal Ad-Hoc Reviewer (Partial List)

*BJM Open*

*BMC Women's Health*

*BMC Psychology*

*Cancer Medicine*

*Clinical Psychologist*

*Cognitive and Behaviour Therapy*

*Current Psychology*

*Disability & Rehabilitation: Assistive Technology*

*European Journal of Oncology Nursing*

*Health Psychology*

*Integrative Cancer Therapies*

*Journal of Advanced Nursing*

*Journal of Anxiety Disorders*

*Journal of Cancer Survivorship*

*Journal of Clinical Psychology in Medical Settings*  
*Journal of Cognitive Psychotherapy*  
*Journal of General Internal Medicine*  
*Journal of Psychosocial Oncology*  
*Journal of Psychosomatic Research*  
*Journal of the Academy of Consultation-Liaison*  
*Nursing Open*  
*Psychiatry*  
*Pain Medicine*

*Palliative & Supportive Care*  
*PLOS One*  
*Psychological Assessment*  
*Psycho-Oncology*  
*Scientific Reports*  
*Stress & Health*  
*Supportive Care in Cancer*  
*Traumatology*

## TEACHING EXPERIENCE

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2025-Present	Associate Professor, Department of Psychology University of Houston, Houston, Texas
2017-2025	<b>Assistant/Associate Professor</b> , Department of Psychology and Philosophy Sam Houston State University, Huntsville, Texas Psychology 1301: <i>Introduction to Psychology</i> Psychology 2315: <i>Psychology of Adjustment</i> Psychology 3331: <i>Abnormal Psychology</i> Psychology 3385: <i>Health Psychology</i> Psychology 5383: <i>Advanced Experimental Design</i> Psychology 7370: <i>Empirically Supported Treatments</i> Psychology 8382: <i>Doctoral Clinical Practicum I (Therapy Capstone)</i> Psychology 8383: <i>Doctoral Clinical Practicum II</i>
2020-2022	<b>Instructor</b> , College of Osteopathic Medicine Sam Houston State University, Huntsville, Texas Clinical Medicine 7501 & 7502: <i>Clinical Medicine 01 &amp; 02</i> Provide instruction to first year medical students on Student Physician Wellness Provide instruction and hands-on lab training in Motivational Interviewing
2015	<b>Adjunct Professor</b> , Department of Psychology University of Houston-Downtown, Houston, Texas Psychology 3305: <i>Adolescent Psychology</i>
2014	<b>Teaching Fellow</b> , Department of Psychology University of Houston-Main Campus, Houston, Texas Psychology 2350: <i>Child Development</i>
2009-2010	<b>Teaching Assistant</b> , Department of Psychology University of Houston-Main Campus, Houston, Texas Psychology 1300: <i>Introduction to Psychology</i> Psychology 2380: <i>Introduction to Social Psychology</i> Psychology 2351: <i>Psychology of Adolescence</i>
2008	<b>Teaching Assistant</b> , Department of Psychology Trinity University, San Antonio, Texas Psychology 2402: <i>Statistics and Methods II</i>

### **Chaired Theses**

1. Ahn, Alice. (Defended 2025). *Examining posttraumatic stress symptoms as mediators of cancer-related symptoms and impairments in work and daily activity*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
2. Sohm, Nick. (Defended 2025). *Antisocial behavior presentation among undergraduate students with martial arts experience*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
3. Semelsberger, Robin. (Proposed 2022). *Sex differences in the role of emotional coping on quality of life and immune function among patients with renal cell carcinoma*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
4. Lima Custodio, Alice. (Proposed 2022). *Social support differentially influences quality of life and depression in Chinese and American head and neck cancer patients*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
5. Moore, Courtney. (Defended 2022). *Examining parental perceptions of the parent-child relationship as a mediator for the association between parent perceived stress and negative affect*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
6. Senger, Amy. (Defended 2021). *Risk and protective factors related to moral injury among first responders*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
7. Fowler, Shaelyn. (Defended 2020). *Focused attention meditation versus open monitoring meditation during attention network task: Examining a meta-cognitive model of mindfulness*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
8. Sartain, Melissa. (Defended 2020). *Examining mediators of the effects of yoga on quality of life and sleep in breast cancer patients undergoing chemotherapy*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
9. Sinclair, Kelsey. (Defended 2020). *Examining psychological symptoms as moderators of the effect of a yoga intervention on sleep and fatigue for women with breast cancer undergoing chemotherapy*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
10. Tullos, Emily. (Defended 2020). *Attitudes, norms, and behavioral control factors associated with intention to receive cervical cancer screening in Latina Americans*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
11. Goodson, Addie. (Defended 2019). *Mindfulness therapy for survivors of childhood adversity: What's the use?* Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.

### **Thesis Committee Membership**

1. Neis, Erin. (Defended 2025). *Uncovering the Moderation of Parental Socialization of Gratitude on the Relation between Parent and Child Emotion Regulation*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
2. Ramirez, Danna. (Defended 2024). *Assessing the Relationship Between Childhood Maltreatment, Personality Dysfunction, and Externalizing Behavior*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
3. Tayebi, Shayon. (Defended 2024). *How negative emotional states and impulsivity are associated with the dual substance use of e-cigarettes and cannabis*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
4. Barnes, Bailey. (Defended 2021). *How Positive Psychology Factors Mitigate Risk for Criminal Engagement*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
5. Sze, Cody. (Defended 2021). *Examining Drunkorexia in College Students: Does Motivation Moderate the Association Between Physical Activity and Alcohol Consumption?* Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
6. Sorem, Emily. (Defended 2020). *Personality psychopathology and the role of self-compassion*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.



7. Cordova, Blaine. (Defended 2019). *The association between in-group discrimination, political stress, political involvement, and active coping among ethnic minority populations*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.
8. Engelken, Christina. (Defended 2019). *Operational stress and mental health among law enforcement: The moderating role of organizational stress and supervisor support*. Masters in Clinical Psychology, Sam Houston State University, Huntsville, TX.

### **Chaired Dissertations**

1. Anderson, Kennedy (Proposed 2025). *Trauma in training: The impact of cumulative trauma on burnout in nursing students*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.
2. Hari, Cayla. (Defended 2024). *The Impact of Psychological Flexibility on the Association between Posttraumatic Stress and Growth among Women at Risk for Human Trafficking*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.
3. Torres, Debbie. (Defended 2024). *The Impact of Covid-Related Stress on Parental Stress, Mood, And Emotion Regulation: Is There an App for That?* Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX. Mitigating
4. Kiser, Emalee. (Defended 2022). *Adherence to cognitive behavioral therapy (CBT) in clinicians who treat eating disorders: A self-determination theory approach*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.

### **Dissertation Committee Membership**

1. Foulkrod, Trent. (Proposed 2024). *Time-varying effects analysis of the relationship between physical activity and alcohol use among young adults*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.
2. Barnes, Bailey. (Defended 2025). *How gratitude and social support influence the link between exposure to negative parenting practices and aversive outcomes*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.
3. Krembuszewski, Beata. (Defended 2024). *Pay it forward: A cost effectiveness analysis of Medicaid utilization for those who received the youth opioid recovery support (YORS) intervention for opioid use disorder*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.
4. Anderson-White, Emma. (Defended 2023). *Impact of relationship quality and recovery attitudes on medication-assisted treatment for opioid use among emerging adults*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.
5. Abate, Ana. (Defended 2021). *The effect of stereotype threat in police encounters on affective and behavioral outcomes*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.
6. Bailey, Cassandra. (Defended 2020). *Hopelessness and health in immigrants undergoing legal proceedings*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.
7. Shiafo, Maddison. (Defended 2019). *Personality, decision-Making, and sexually aggressive behavior among college students*. Doctorate in Clinical Psychology, Sam Houston State University, Huntsville, TX.

## **CLINICAL ACTIVITIES**

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2017-2025

### **Clinical Supervisor**

Psychology Services Center, Sam Houston State University, Huntsville, TX

2021-2023

### **Acceptance and Commitment Therapy Protocol Therapist**

THRIVE: Targeting HIV Retention and Improved Viral load through Engagement

PrePARE: Preoperative Pain And Rehabilitation Education

SERVE: Support and Education for Returning Veterans  
PI: Lilian Dindo, PhD

2015-2016

**Clinical Fellow**

Department of Pain Medicine, Division of Anesthesiology and Critical Care  
University of Texas MD Anderson Cancer Center, Houston, TX  
*Supervisor:* Diane Novy, Ph.D.

2014-2015

**Psychology Intern**

Rotations: Primary Care-Mental Health Integration Program; Pain Evaluation Center;  
Neurology Department; Acute Recovery Treatment Environment (Inpatient Psychiatry)  
Michael E. DeBakey VA Medical Center, Houston, TX  
*Training Director:* Ellen Teng, Ph.D.

2014 –2015

**Protocol Therapist**

*Behavioral Activation Therapy for Rural Veterans with Diabetes and Depression*  
VA Funded HX000486; PI: Aanand Naik, M.D.  
Center for Innovations in Quality, Effectiveness and Safety, Michael E. DeBakey VA  
Medical Center, Houston, TX

2011 –2014

**Protocol Therapist**

*Anxiety Disorder: Connecting Theory and Practice*  
NIH/NIMH Funded K01-MH073920; PI: Peter Norton, Ph.D.  
Anxiety Disorder Clinic, University of Houston, Houston, TX

2012 –2013

**Independent Evaluator**

*Behavioral Treatment of Anxiety in Parkinson's Disease (BehTA-PD): A Pilot Study*  
Funded by the Parkinson' Study Group/National Parkinson's Foundation; PI: Jessica  
Calleo, Ph.D.  
Center for Innovations in Quality, Effectiveness and Safety, Michael E. DeBakey VA  
Medical Center & Baylor College of Medicine, Houston, TX

2010 –2011

**Protocol Therapist**

*CBT for Late-Life GAD in Primary Care: Enhancing Outcomes and Translational Value*  
NIH/NIMH Funded R01-MH053932; PI: Melinda Stanley, Ph.D.  
Center for Innovations in Quality, Effectiveness and Safety, Baylor College of Medicine,  
Houston, TX

2010-2014

**Graduate Student Clinician**

Psychology Research & Services Center, University of Houston, Houston, TX  
*Supervisors:* John P. Vincent, Ph.D., Gerald Harris, Ph.D., Peter Norton, Ph.D.

2013-2014

**Psychology Extern**

University of Texas Harris County Psychiatric Center, Houston, TX  
*Supervisors:* Simone Barr, Ph.D., Anka Vujanovik, Ph.D.

2012-2013

**Psychology Extern**

Rotations: Spinal Cord Injury Unit; Psychosocial Rehabilitation and Recovery Center  
Michael E. DeBakey VA Medical Center, Houston, TX  
*Supervisors:* Herbert Ames, Ph.D., Amy Cuellar, Ph.D.

2011- 2012      **Psychology Extern**  
 The Houston OCD Treatment Program, Houston, TX  
*Supervisors:* Naomi Zwecker, Ph.D., Thröstur Björgvinsson, Ph.D.

2010-2011      **Graduate Student Evaluator**  
 University of Houston Assessment Clinic, Houston, TX  
*Supervisors:* Paul Massman, Ph.D., Jack Fletcher, Ph.D.

## **PROFESSIONAL SERVICE**

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2023-Present      **Board Member**  
 Texas Psychological Foundation, Texas Psychological Association

2023-Present      **Faculty Collaborator**  
 Cases in HIV for Interprofessional Students (CHIPS) Program, South Central AIDS  
 Education and Training Center

2023-2025      **Chair**  
 Department of Psychology & Philosophy Research Committee, Sam Houston State  
 University, Huntsville, TX

2024-2025      **Chair**  
 Clinical Training Experiences Committee, Sam Houston State University, Huntsville, TX

2023-2025      **Committee Member**  
 Review Committee for Department of Psychology Scholarship, Sam Houston State  
 University, Huntsville, TX

2022-2024      **Faculty Advisor**  
 National Society of Collegiate Scholars, Sam Houston State University, Huntsville, TX

2023      **Chair**  
 Search Committee for Three Positions of Assistant Professor of Clinical Psychology,  
 Sam Houston State University, Huntsville, TX

2018-2021      **Chair**  
 Early Career Psychologist Special Interest Group, Texas Psychological Association

2018-2021      **Committee Member**  
 Strategic Planning Committee, Department of Psychology & Philosophy, Sam Houston  
 State University, Huntsville, TX

2020-2021      **Admissions Interviewer**  
 College of Osteopathic Medicine, Sam Houston State University, Huntsville, Texas

2018-2021      **Committee Member**  
 Excellence in Scholarly and Creative Accomplishments Committee, Sam Houston State  
 University, Huntsville, TX

2019	<b>Committee Member</b> Search Committee for Assistant Professor of Clinical Psychology, Sam Houston State University, Huntsville, TX
2018-2019	<b>Committee Member</b> Search Committee for Assistant Professor of Social/Cognitive Psychology, Sam Houston State University, Huntsville, TX
2017	<b>Committee Member</b> Search Committee for Assistant Professor of Clinical Psychology, Sam Houston State University, Huntsville, TX
2017	<b>Grant Reviewer</b> Surgery Seed Grant Program, Baylor College of Medicine, Houston, TX
2017	<b>Abstract Reviewer</b> Surgery Resident Research Day, Baylor College of Medicine, Houston, TX
2011-2013	<b>Student Member</b> Committee for the Protection of Human Subjects, University of Houston, Houston, TX
2012-2013	<b>Student Liaison</b> American Psychological Association Re-Accreditation Sub-Committee, Clinical Training Committee, University of Houston, Houston, TX
2011-2012	<b>Clinical Student Representative</b> Clinical Training Committee, University of Houston, Houston, TX

## **SPECIALIZED TRAINING**

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2020	Telepsychology Best Practices 101 American Psychological Association
2019	Scientific Communication Advances Research Excellence (SCOARE) Program NIH/NIGMS-funded workshop on mentoring students in scientific communication University of Texas MD Anderson Cancer Center
2018	Online Teaching Course Redesign Workshop Sam Houston State University, Huntsville, TX
2018	Writing in the Disciplines Workshop Sam Houston State University, Huntsville, TX
2016	Young Investigators Colloquium American Psychosomatic Society, Denver, CO
2016	Grant Writing Scholars Program South Central Mental Illness Research, Education & Clinical Center (MIRECC) Michael E. DeBakey VA Medical Center, Houston, TX

- 2016                    Acceptance and Commitment Therapy (ACT): One Day Workshop  
Center of Innovation in Quality, Effectiveness, and Safety (IQuES)  
Baylor College of Medicine, Houston, TX
- 2014                    Mini-Medical School: Biomedical Pathophysiology Relevant to Stress and Disease  
American Psychosomatic Society 72<sup>nd</sup> Annual Scientific Meeting
- 2012                    GS21-1112: Bio-Behavioral Research Methods in Cancer Prevention and Addiction  
University of Texas Graduate School of Biomedical Science at Houston
- 2012                    GS21-1622: Topics in Cancer Prevention I  
University of Texas Graduate School of Biomedical Science at Houston

*Last updated August 2025*