

UH Next Degree Map

Human Nutrition & Foods, B.S. Associate of Arts

2026-2027 Catalog

YEAR 1	Semester 1 – LC		Semester 2 – LC	
	Core Communication ENGL 1301	3	Core Communication ENGL 1302	3
	Core American History	3	Core American History	3
	Core Mathematics MATH 1314 College Algebra	3	MATH 1342 or PSYC 2317	3
	Core Component Area Option EDUC 1200	2	Core CAO SPCH 1311, 1315, 1318, or 1321	3
	Core LPS BIOL 2401 Anatomy & Physiology I	4	Core LPS BIOL 2402 Anatomy & Physiology II	4
YEAR 2	Semester 3 – LC		Semester 4 – LC	
	Core Government GOVT 2305	3	Core Government GOVT 2306	3
	Core Creative Arts	3	Core Language, Philosophy, & Culture	3
	KINE 1304 (UH KIN 1304)	3	Core CAO KINE 1164 Intro to Physical Fitness	1
	BIOL 1322 (UH NUTR 2332)	3	BIOL 2420 Microbiology for Non-Science Majors	4
	CHEM 1405 or CHEM 1411	4	General Elective	3
YEAR 3	Semester 5 – UH		Semester 6 – UH	
	NUTR 3334 Advanced Nutrition	3	NUTR 4312 Nutrition Assessment	3
	NUTR 3336 Nutritional Pathophysiology	3	NUTR 4334 Community Nutrition	3
	Minor Course	3	Advanced NUTR Course	3
	General Elective	3	Minor Course	3
	General Elective	3	Minor Course	3
YEAR 4	Semester 7 – UH		Semester 8 – UH	
	Advanced NUTR Course	3	Advanced NUTR Course	3
	Advanced NUTR Course	3	Advanced NUTR Course	3
	Minor Course	3	Minor Course	3
	Minor Course	3	General Elective	3
	General Elective	3	General Elective	2

See reverse for additional information

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UH Transfer Rules

- Courses taken at LC must be completed with a C- or better.
- A maximum of 66 lower-level transfer credits can be used towards a UH bachelor's degree.
- A maximum of 2 credit hours in physical activity courses can transfer.

Major Requirements

- **B.S. Math & Science:** complete 18 hours of core Mathematics or Life & Physical Science courses. Students majoring in Human Nutrition & Foods will fulfill this requirement through the major coursework.
- **Minor:** complete a minor or substitute. No more than 6 hours of major courses can be used towards the minor.
- The CLASS Block and CLASS Peoples & Societies requirements are not required for the Human Nutrition & Foods major.
- Students will not be core complete or earn their associate degree before transferring to UH. Students should **opt into reverse transfer when applying for admission to UH** to earn their associate degree from LC after transferring to UH.

From CLASS to Careers

Students who graduate with a degree in Nutrition can pursue a large variety of careers and graduate programs. Recent graduates are employed in the following careers:

- Dietitian and Nutritionist
- Registered Nurse
- Pharmacist
- Physician Assistant
- Clinical Research Coordinator
- Social and Human Service Assistant
- Food Service Manager
- Health Education Specialist
- Optometrist

The transferable skills students develop during their undergraduate career are important for future career and graduate school opportunities. Some of the skills recent graduates have emphasized include:

- Customer Service
- Microsoft Office (Word, Excel, PowerPoint)
- Research
- Management and Leadership
- Sales
- Public Speaking
- Event Planning

The estimated wage of Nutrition graduates is \$63,500.