

Human Nutrition & Foods – Nutritional Sciences, B.S. General Studies, A.A.

2026-2027 Catalog

Semester 1 – WCJC		Semester 2 – WCJC		
YEAR 1	Core Communication ENGL 1301	3	Core Communication ENGL 1302	3
	Core American History HIST 1301	3	Core American History HIST 1302	3
	Core Mathematics MATH 1314	3	Core Component Area Option MATH 2412	4
	Core Social & Behavioral Science PHED 1304	3	General Elective	3
	Core Life & Physical Science BIOL 2401	4	Core Life & Physical Science BIOL 2402	4
Semester 3 – WCJC		Semester 4 – WCJC		
YEAR 2	Core Government GOVT 2305	3	Core Government GOVT 2306	3
	Core Language, Philosophy, & Culture	3	Core Creative Arts	3
	Core CAO BIOL 1322 (UH NUTR 2332)	3	BIOL 2420 Microbiology	4
	CHEM 1411 General Chemistry I	4	CHEM 1412 General Chemistry II	4
	General Elective	3		
Semester 5 – UH		Semester 6 – UH		
YEAR 3	NUTR 3334 Advanced Nutrition	3	MATH 1342 or PSYC 2317	3
	NUTR 3336 Nutritional Pathophysiology	3	NUTR 4312 Nutrition Assessment	3
	NUTR 4334 Community Nutrition	3	CHEM 2325 + CHEM 2125 Organic Chemistry II	4
	CHEM 2323 + CHEM 2123 Organic Chemistry I	4	General Advanced Elective	3
	General Elective	1	General Elective	1
Semester 7 – UH		Semester 8 – UH		
YEAR 4	NUTR 4333 or NUTR 4347	3	NUTR 4346 Research in Nutrition	3
	Advanced NUTR Course	3	Advanced Nutrition	3
	PHYS 1301 + PHYS 1101 College Physics I	4	PHYS 1302 + PHYS 1102 College Physics II	4
	BCHS 3304 General Biochemistry I	3	General Advanced Elective	3
			General Advanced Elective	3

See reverse for additional information

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UH Transfer Rules

- Courses taken at WCJC must be completed with a C- or better.
- A maximum of 66 lower-level transfer credits can be used towards a UH bachelor's degree.
- A maximum of 2 credit hours in physical activity courses can transfer.

Major Requirements

- **B.S. Math & Science:** complete 18 hours of core Mathematics or Life & Physical Science courses. Students majoring in Human Nutrition & Foods – Nutritional Sciences will fulfill this requirement through the major coursework.
- This major does not require a CLASS Peoples & Societies course, CLASS Block courses, or a minor.
- To qualify for the Nutritional Sciences major, students must reach junior standing (complete at least 60 credit hours) and have a minimum 3.00 cumulative UH GPA.

From CLASS to Careers

Students who graduate with a degree in Nutrition can pursue a large variety of careers and graduate programs. Recent graduates are employed in the following careers:

- Dietitian and Nutritionist
- Registered Nurse
- Pharmacist
- Physician Assistant
- Clinical Research Coordinator
- Social and Human Service Assistant
- Food Service Manager
- Health Education Specialist
- Optometrist

The transferable skills students develop during their undergraduate career are important for future career and graduate school opportunities. Some of the skills recent graduates have emphasized include:

- Customer Service
- Microsoft Office (Word, Excel, PowerPoint)
- Research
- Management and Leadership
- Sales
- Public Speaking
- Event Planning

The estimated wage of Nutrition graduates is \$63,500.