# SCARLET SEALS of EXCELLENCE

# **GUIDE TO EXCELLENCE**

Please remember to address the 4 key points in your cover letter or personal statement, connecting examples during your time at the University of Houston as support.

# **Diversity**

Developing knowledge, skills, and activism that supports and understands cultures and community engagement

- **Cultural Knowledge & Competence:** understands and communicates effectively within cultures
- **Global Perspective:** understands the links between our own lives and the lives of others throughout the world in a social, political and/or environmental context
- **Social Justice:** advocates for a just society where all people have a right to fair and equitable treatment, support, and resources
- Civic Responsibility (Knowledge & Engagement):
  exemplifies actions and attitudes associated with
  democratic governance and social participation,
  including participation in your community

#### Leadership

Developing a personal philosophy of leadership that includes the understanding of self, others, and community with responsibilities inherent to community membership

- Meaningful Relationships: has the ability to build a relationship that is of personal significance based on respect and support
- Collaboration: seeks the involvement and feedback of others in order to contribute to the achievement of a group goal
- **Team Leadership:** provides guidance to a team by demonstrating exemplary behaviors
- **Navigation of Organizational Culture:** understands the ways in which an organization conducts its business, as well as the values that hold the organization together

## **Personal Development**

Understanding and developing who you are and how who you are intersects with others and groups

- **Personal Beliefs (Spiritual development):** explores issues of purpose, meaning, beliefs, and/or faith
- **Ethics, Values & Integrity:** incorporates dependability, honesty, and trustworthiness
- **Self-management & Respect:** has a level of identity awareness and understanding
- Identity development, Emotional Intelligence, and Resilience: integrates aspects of identity and uses emotional information to guide thinking and behavior

## Thinking and Communication

Developing skills and knowledge about how one thinks, solves problems, demonstrates creativity, and communicates

- Thinking (Critical, Reflective, & Systems): uses logical, attentive, and organized thought processes
- **Problem Solving and Reasoning:** generates, evaluates, & implementes solutions to problems and draws complex information form a variety of sources to create decisions or inform opinions
- **Creativity & Innovation:** forms insightful work through mental, emotional, & creative processes
- **Communication (Verbal & Written):** listens speaks, & signals so others can understand

