



# Master Growers Club

## About the Program

Trained instructors educate children on basic garden maintenance and how to incorporate healthy activities into their daily lives. Instructors engage in small scale agricultural practice and guide children through the interactions among the living and non-living players that sustain life.



**BOUNCE**

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## What We Offer

The goal of this service learning experience is for trained college students to teach children how to: cultivate a fruit/vegetable garden, utilize produce to prepare healthy snacks, and sustain the garden over time.

Throughout the program students learn about the scientific elements of gardening, nutritional values, and garden maintenance. Students learn through scientific-based lessons on nutrients found in soil, how to reduce food waste, and rain water systems. Nutritional value is taught through portion control classes and food demonstrations. Instructors guide students on how to properly care for the garden in order to sustain produce successfully.