



## Donation Requests – Cougar Cupboard 2: Operated by PEEPS

We appreciate donations of the following food and toiletry items:

- Packaged easy-to-make pasta (ex: Hamburger Helper, Tuna Helper)
- Side dishes, like mashed potatoes
- Packaged meals (ex: Hormel Compleats, already prepared tuna w/crackers)
- Granola bars
- Oatmeal
- Grits
- Cereal
- Breakfast foods (ex: small packets of pancake mix/syrup)
- Snacks, preferably healthy like fruit snacks, crackers, nuts, microwave popcorn, etc.
- Portable/reusable containers
- Can openers
- Baby food (not a lot – mainly the flavored or regular applesauce that comes in a pouch)
- Canned tuna / Canned salmon / Canned chicken
- Canned fruit (or fruit cups in natural syrup)
- Condiments - jelly, ketchup, mustard, etc. (small containers)
- Canned spaghetti/ravioli, etc.
- Canned spaghetti sauce / alfredo sauce (ask about our supply of spaghetti/mac noodles, etc.)
- Paper towels
- Disposable flushable wipes
- Salt / Pepper / Garlic Powder / Onion Powder (small ones)
- Small bottles of vegetable oil
- Small bottles of olive oil
- Small cans of cooking spray (like Pam)
- Fresh apples / oranges (or any other fresh fruit with a long shelf life)
- Toothpaste
- Toothbrushes
- Floss
- Tampons
- Tide Pods

Donations can be dropped off at:

UH College of Education

3623 Cullen Blvd.

McElhinney Hall, Room 2007

Houston, TX 77204-5023

Contact [coelearn@uh.edu](mailto:coelearn@uh.edu) with questions. Thank you!