



GLOBAL ENGAGEMENT

PASSPORT TO YOUR CAREER

Shasta Cougar

713.743.9167 | shasta@uh.edu | Teaching Unit 2 Suite 114 | uh.edu/global

EDUCATION

List your academic global experiences in this section, including learning abroad, research, or global programs.

Bachelor of Science, Biology

University of Houston

Minor in Spanish Language

Major GPA: 3.65

Global Citizens Credential recipient

May 2028

Houston, TX

Study Abroad / Learning Abroad

University of Houston Faculty Led program in the Galapagos Islands

- Researched sea turtles and effects of microplastics on their ecosystem
- Collaborated with 6 research group members to assess...

June-July 2026

San Cristobal, Ecuador

EXPERIENCE

List your global experiences here if you participated in leadership, a co-curricular program, or an internship.

Marketing Intern

FC Villareal, Study Abroad Internship Program

- Developed marketing plan for summer off-season with 50 outreach events
- Supported FC Villareal social media team by creating weekly portfolio of graphics and press releases

January-March 2026

Valencia, Spain

Foreign Policy Intern

World Affairs Council Houston

- Researched potential policy topics and provided 15 total policy briefs to director
- Created six foreign policy info graphics to demonstrate policy review process

Aug-December 2026

Houston, Texas

RESUME TIPS

When writing the details of your experience abroad, remember to:

- Use the formula ACTION VERB + TASK + RESULT to format bullet points
- Consider including team or individual projects, lab reports, research projects
- List your tasks and what you learned/outcomes from your experience
- Use resume templates from UH University Career Services at uh.edu/ucs

SUPPORT

Resume Support

Review the suggested resume formats from University Career Services by visiting their website. Upload your resume to UCS's Cougar Pathway for review and approval within the system.

Interview Workshops

Attend a University Career Services Interviewing Workshop to work on your interview skills. Events are posted on the UCS website and events page.

Learning Abroad Advising

Talk more about your specific experience abroad to draw out the stories, situations, and global competence skills you gained.

Seek a Global Career

From internships and jobs with the U.S. Department of State to a position teaching English abroad, students can meet with Learning Abroad and UCS on ways to seek a global career.

CONTACT

University Career Services

106 Student Service Center 1
713.743.5100
uh.edu/ucs

Learning Abroad

Teaching Unit 2 Suite 114
713.743.9167
uh.edu/learningabroad

Institute for Global Engagement

Teaching Unit 2 Suite 114
uh.edu/global



GLOBAL & CULTURAL COMPETENCE

Global & cultural competence encompasses the skills, knowledge, strategy, and action needed to effectively relate and work in our culturally diverse, interconnected world.

We encourage students to reflect on their global engagement and consider how these developmental experiences contribute to their future career goals. The National Association of Colleges and Employers (NACE) includes global & cross-cultural fluency as a core career readiness competency students need to succeed in today's global workforce.

Individuals demonstrate global and cultural competency through:

- Attitudes, awareness, and drive
- Open-mindedness and curiosity
- Seeking cross-cultural experiences
- Planning for multicultural interactions
- Expanding your cultural knowledge
- Action that increases cultural inclusion

TRANSFERABLE SKILLS

Transferable skills from your global engagement to use when discussing your intercultural experiences:

- Cultural awareness & knowledge
- Foreign language proficiency
- Adaptability and flexibility in diverse environments
- Resilient and creative problem solving
- Cross-cultural communication skills
- Increased confidence, self-awareness, and initiative
- Resource and crisis management
- Awareness of global, economic, and political issues
- Perspective-taking and increased empathy
- Listening, observation, and situational discernment

INTERVIEW SKILLS

Be prepared to **talk about your global experiences** if you list them on your resume. Think about how your experience helped you gain needed skills for the position, what you learned from specific situations/interactions, and how having a more global perspective makes you a stronger candidate.

When discussing your experience abroad during an interview, remember to use the STAR method:

Situation:

Describe the situation. What was the challenge or circumstance?

Task:

What was your role? What were you responsible for?

Action:

Explain the actions you took. What did you do? How did you resolve it?

Result:

What was the outcome? What did you learn or gain?