



Roommate/Suitemate Agreement

Resident Name:	Resident Name:	Resident Name:	Resident Name:
BED ID #:	BED ID #:	BED ID #:	BED ID #:

This agreement is designed to respect the rights of all the roommates. We have discussed the issues below and have established compromises. It is expected that all of the persons involved will do their best to adhere to the agreement on these issues. I also am aware that should a roommate conflict arise mediation will begin by referring back to these points. In addition, regardless of what is listed on this agreement, I understand that incidents that involve policy violations such as visitation or underage drinking may result in follow-up outside of the roommate agreement.

Issue(s):	Agreements:
------------------	--------------------

GUEST/VISITORS – 1. Do we allow guests/visitors (YES, NO)? 2. How often? 3. Acceptable hours to have guests	
OVERNIGHT GUESTS	
USE OF POSSESSIONS – <ul style="list-style-type: none"> • What can we borrow from each other? • What is off-limits? • Do we have to ask each other’s permission before borrowing or using something? • What items will we share (example – TV)? • If I have something in the fridge....? 	
CLEANING THE ROOM(APARTMENT)/COMMON SPACE – <ul style="list-style-type: none"> • Discuss the definition of clean • Who will clean the bathroom, sink, floors, take out the trash, etc.? • How often will we clean (daily, weekly, bi-weekly, monthly)? 	

<p>COMMON SPACE PURCHASES –</p> <ul style="list-style-type: none"> • Who will buy the soap, toilet paper, cleaning products, etc.? How will we split the cost? 	
<p>COMMUNICATION –</p> <ul style="list-style-type: none"> • Where will we leave messages for each other? • How should we communicate with each other? • What should we do if we have a problem with each other? 	
<p>PET PEEVES –</p> <ul style="list-style-type: none"> • It really bothers me when... 	
<p>SLEEPING SCHEDULE/STUDYING –</p> <ul style="list-style-type: none"> • What time do you like to go to bed on weekdays? • What time do you like to go to bed on weekends? • How many hours of sleep do you like/need? • Are you a sound sleeper or are you easily awakened? • How will you adjust to your roommates sleep habits? • Is there a specific time lights will be turned off in the apartment? • Is there a specific time the television/music will be turned off in the apartment? • Is there a specific temperature that the thermostat will be set on while sleeping? During the day? Other times? • What are acceptable times to talk on the phone? • If one of us returns to the apartment while the other is sleeping I will... 	

We, the residents in (residence hall, room #-) have discussed and agreed upon the above-stated conditions. We will work to uphold them so that our time at UH can be a fun and memorable experience. If the agreement is broken, the residents will 1) discuss the problems themselves, 2) go to the RA, and then 3) seek the help from the building's Residence Life Coordinator.

Signatures of Residents –

Bed:	Printed Name:	Signature:	Date of Signature:

Signature of the RA –

By signing this Roommate Agreement, I confirm that I have facilitated this agreement between the above stated residents.

Printed Name:	Signature:	Date of Signature:

How to Talk to your Roommate

How to have conversations and build relationships with your roommate(s):

- Having a good relationship with your roommate doesn't necessarily mean they are your best friend, and that's okay
- Knowing your roommate is important, find out what method is best for communicating
 - GroupMe
 - Texting
 - Face to Face
 - Notes
- Finding a mutual interest or similarity helps build rapport and makes conversation easier
- Understanding boundaries, need to know information, or pet peeves helps keep issues from happening
- Your roommate relationship has the potential to be one of the most meaningful, but also important because it directly affects your UH Living experience – Make it a positive one

How to talk to your roommate when there is an issue or concern:

- 1) Don't let issues build up, talk to your roommate directly. Avoiding conflict doesn't solve the issue, it can often make it worse later
- 2) You don't want to have this conversation in the time of anger – take some time away to calm down if needed before reaching out
- 3) Honesty is important, but with honesty comes respect – Do not attack or accuse
- 4) Discuss feelings using "I" statements
 - a. Ex 1: I feel stressed when the bathroom is not cleaned up
 - b. Ex 2: I get upset when I can't concentrate because the music is loud when I'm busy on something
 - c. Ex 3: I have trouble sleeping when it is too hot in the apartment
 - d. Ex 4: It makes me nervous when there are people in the apartment I'm not aware of or don't know
- 5) Let your roommate respond, both parties have a seat at the conversation
- 6) Be willing to find a compromise, your roommate also has a right to their feelings/wants – you should also be willing to listen and discuss options
- 7) If you feel the conversation is escalating, it is recommended to stop and leave and find assistance from your RA or RLC. Do not "feed the fire"
- 8) If nervous, practice makes perfect. Your RA or your RLC is here to help walk you through – You are not alone
- 9) Once a solution is found, it will be necessary to adjust your roommate agreement. Contact your RA or RLC for assistance updating