

EMPLOYMENT OPPORTUNITIES FOR INTERNATIONAL STUDENTS

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ASSISTANT DIRECTOR, ALUMNI CAREER SERVICES



University Career Services
Division of Student Affairs



UNIVERSITY CAREER SERVICES

- Supports all enrolled students at UH, all majors, and recent graduates.
- Offices at Main Campus, Sugar Land, and Katy

**COLLEGE-BASED
CAREER CENTERS AT UH**

Conrad N. Hilton College of
Global Hospitality Leadership

Cullen College of Engineering

Law Center

College of Natural Sciences and
Mathematics

C.T. Bauer College of Business

Graduate College of Social Work

UNIVERSITY CAREER RESOURCES

■ Online Resources

- Vmock
- Virtual Chats
- CoogCareers Workbook

■ Vocational Assessments

- MBTI
- StrengthsQuest
- Strong Interest Inventory
- Focus2

■ Career Closet

- Rent a suit for \$10 for 2 days



COUGAR PATHWAY

Online database for currently enrolled students and alumni subscribers to do the following:

- Search & apply for on-campus jobs, internships & full-time job
- Upload resumes & cover letters for review
- RSVP for UCS Events
- Schedule 1:1 career counseling appointments



CougarNet Login MyUH Login

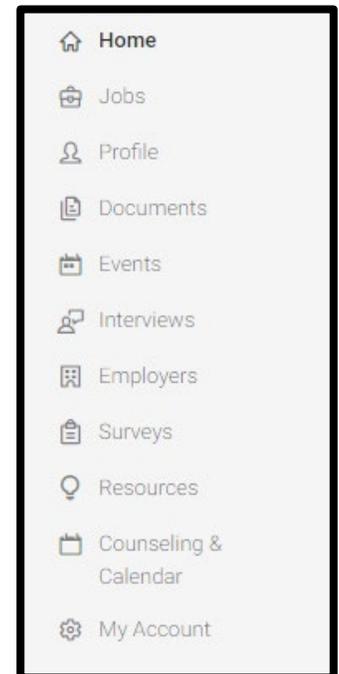
CougarNet Username

Don't know your CougarNet ID?

CougarNet Password

Change/Reset your CougarNet Password

Login using your CougarNet



OPTIONS FOR WORKING IN THE US

As a student:

- On-campus 20 hours/week
- Curricular Practical Training (completed before graduation)

After graduating:

- Optional Practical Training (F-1)
- H1-B
- Sponsorship
- Meet with ISSS advisor to discuss visa and work permit options!

WORKING IN THE US

- Understand the employment and hiring process and how it applies to you
- Know what is acceptable/not acceptable in the US work place
- Be willing to learn and be culturally sensitive
- Start your job search early (6 months - 1 year) prior to graduation
- Get involved in the community i.e. Volunteer
- Research, research, research

AN EFFECTIVE JOB SEARCH PROCESS

- **Step 1: Begin research**

Research the employers related to your major

- **Step 2: Develop application tools**

Create a strategic resume, cover letter and/or portfolio that focuses on all your skills and experience

Step 3: Intentional Networking

Build and continue to build a professional network before you start your job search, talk about your interest, goals, career aspirations and ideas

AN EFFECTIVE JOB SEARCH PROCESS

- **Step 4: Get informed**

Ask questions to learn more about companies of interest to you, from people who are employed in that field, and about related jobs

- **Step 5: Apply systematically**

Apply for jobs with a possible referral from someone in your professional network



JOB SEARCH MINDSET

- **Curiosity**

Learn the American work ethic, and how Americans talk and interact professionally

- **Flexibility**

Adapt new challenges and ideas

The job search process is not always a clear path

- **Creativity**

Figure out a way to stand out and market your unique experiences

STRATEGY

- Utilize the resources and services of UCS
- Engage with recruiters on LinkedIn
- Every students' situation is different, focus on yourself
- Network with alumni who have been through the process
- Get involved
- Find a professional or personal mentor

LEVERAGE YOUR QUALIFICATIONS & SKILLS

- Identify unique skills (Bilingual or Multilingual)
- Use your past experience as a marketing tool
- Market the fact that you are different and have something new to offer
- Understand and use your strengths

RESOURCES

Social media for networking i.e. LinkedIn

Career Information:

- O*Net: www.onetonline.org
- Occupational Outlook Handbook: www.bls.gov/ooh

Visa Information:

- www.myvisajobs.com
- www.uniworldonline.com (US companies operating abroad and foreign companies operating in the US)
- www.goinglobal.com/en/career_news
- www.immihelp.com (companies who sponsored H1-B candidates)

**WHAT RESOURCES DO YOU
PROVIDE STUDENTS?**



VMOCK SMART RESUME

- **FREE** resume review
- Relevant and targeted guidance
- Instant resume scoring and benchmarking
- Student empowerment and learning
- 24/7 Accessibility: www.vmock.com/uh



COOG CAREERS WORKBOOK

- Resume and cover letter examples
- Sample interview questions
- Career action plan
- And more!



DROP-IN HOURS

- Tuesday & Thursday (In-person)
- Wednesday (Virtual)
 - 1-3 PM
- * 10–15-minute meetings

Contact us at UH at Sugar Land

University of Houston at Sugar Land
University Career Services
14000 University Blvd.
Sugar Land, Texas 77479-0800

713-743-5091
praut@central.uh.edu

[Campus Map >](#)

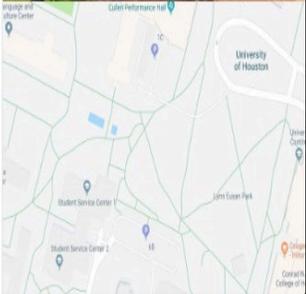


Contact us at UH Main

University of Houston
University Career Services
106 Student Service Center 1
Houston, TX 77024-3040

713-743-5100
ucs@uh.edu

[Campus Map >](#)



**WHAT EVENTS DO YOU HAVE
PLANNED FOR SPRING 2024?**



University Career Services
Division of Student Affairs

SAVE THE DATE **SPRING** 2024



JAN 28

JCPENNEY SUIT-UP EVENT

JAN 29-FEB 2

PREPARE 4 THE FAIR WEEK

FEB 19 - 23

STEM CAREERS WEEK

FEB 22

STEM CAREER FAIR

MAR 21

COMMUNICATIONS & MARKETING MIXER

APR 1 - 6

GRADUATE AND PROFESSIONAL STUDENT APPRECIATION WEEK

APR 18

LIBERAL ARTS & SOCIAL SCIENCES (CLASS) CAREER MIXER

APR 25

GOVERNMENT & NON-PROFIT CAREER MIXER



Prep Week



Special Event



Recruiting Event

<https://www.uh.edu/ucs/>

[@coogcareers](https://twitter.com/coogcareers)

Drop-In Schedule: **Jan 23 - May 8**

Wednesdays: VIRTUAL 1:00 pm - 3:00 pm

Tues & Thurs: IN-PERSON 1:00 pm - 3:00 pm



LOCATION:

**STUDENT SERVICE CENTER 1
BESIDE CV 2 AND RIGHT BY
THE SMALL FOUNTAINS**

FOLLOW US ON INSTAGRAM

@CoogCareers

PH: 713-743-5100

EMAIL: UCS@UH.EDU



THANK YOU!

WHAT QUESTIONS DO YOU HAVE?

