

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science

Human Nutrition and Foods - ACEND

Four-Year Academic Map 2026-2027

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total	
	ENGL 1301	First Year Writing I*	3	ENGL 1302	First Year Writing II*	3		
	HIST 1301	The United States to 1877*	3	HIST 1302	The United States since 1877*	3		
	GOVT 2306	U.S. and Texas Constitution & Politics*	3	GOVT 2305	U.S. Government*	3		
	MATH 1314	College Algebra*	3	MATH 2312	Precalculus*	3		
	BIOL 2301	Anatomy & Physiology I ^	3	BIOL 2302	Anatomy & Physiology II ^	3		
	BIOL 2101	Anatomy & Physiology I Lab ^	1	BIOL 2102	Anatomy & Physiology II Lab ^	1		
Semester Hours			16	Semester Hours			16	32

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total	
	CORE	Language, Philosophy & Culture*	3	CORE	Writing in the Disciplines*	3		
	CORE	Creative Arts*	3	NUTR 2332	Introduction to Human Nutrition	3		
	MATH 1342 OR PSYC 2317	Elementary Statistical Methods OR Intro to Psychological Statistics	3	CHEM 1311	Fundamentals of Chemistry I*	3		
	KIN 1304	Public Health Issues in Phys Activity*	3	CHEM 1111	Fundamentals of Chemistry I Lab	1		
	BIOL 2320 OR BIOL 2321	Microbiology for Non-Science Majors OR Microbiology for Science Majors	3	Elective	1000-4000 level course	3		
	BIOL 2120 OR BIOL 2121	Microbiology for Non-Sci Majors Lab OR Microbiology for Science Majors Lab	1	Elective	1000-4000 level course	2		
	Semester Hours			16	Semester Hours			15

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total	
	NUTR 3101	Dietetics as a Profession I	1	NUTR 3330	Management in Food & Nutrition Sys	3		
	NUTR 3334	Advanced Nutrition	3	NUTR 4312	Nutrition Assessment & Planning	3		
	NUTR 3336	Nutritional Pathophysiology	3	NUTR 4351	Gerontology and Nutrition	3		
	NUTR 4346	Research in Nutrition	3	CHEM 2323	Organic Chemistry I	3		
	CHEM 1312	Fundamentals of Chemistry II*	3	CHEM 2123	Organic Chemistry I Lab	1		
	CHEM 1112	Fundamentals of Chemistry II Lab	1					
Semester Hours			14	Semester Hours			13	27

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total	
	NUTR 4347	Medical Nutr Therapy- Metabolic	3	NUTR 2333	Commercial Food Production I	3		
	NUTR 4348	Intro to Nutritional Counseling	3	NUTR 2133	Commercial Food Production I Lab	1		
	NUTR 4349	Public Policy in Nutrition	3	NUTR 4201	Dietetics as a Profession II	2		
	NUTR 4353	Cultural Competency for Nutrition Professionals	3	NUTR 4334	Community Nutrition	3		
	BCHS 3304 OR BCHS 3307	General Biochemistry I OR Nutritional Biochemistry	3	NUTR 4333	Medical Nutrition Therapy- Cardiovascular	3		
				NUTR 4352	Child and Adolescent Nutrition	3		
Semester Hours			15	Semester Hours			15	30
							120	

*State of Texas Core Curriculum. Students should meet with their academic advisor to formulate their own plan.

^ Students may take BIOL 3324/3224 in place of either BIOL 2301/2101 or BIOL 2302/2102