

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science

Human Nutrition and Foods

Four-Year Academic Map 2026-2027

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total	
	ENGL 1301	First Year Writing I*	3	ENGL 1302	First Year Writing II*	3		
	HIST 1301	The United States to 1877*	3	HIST 1302	The United States since 1877*	3		
	GOVT 2306	U.S. and Texas Constitution & Politics*	3	GOVT 2305	U.S. Government*	3		
	MATH 1314	College Algebra*	3	MATH 1342 OR PSYC 2317	Elementary Statistical Methods* OR Intro to Psychological Statistics	3		
	BIOL 2301	Anatomy & Physiology I ^	3	BIOL 2302	Human Anatomy & Physiology II ^	3		
	BIOL 2101	Anatomy & Physiology I Lab ^	1	BIOL 2102	Human Anatomy & Physio II Lab ^	1		
	Semester Hours			16	Semester Hours			16

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total	
	CORE	Creative Arts*	3	CORE	Language, Philosophy & Culture*	3		
	CORE	Writing in the Disciplines*	3	Elective	1000-4000 level course	3		
	KIN 1304	Public Health Issues in Physical Activity & Obesity*	3	Elective	1000-4000 level course	3		
	Elective	1000-4000 level course	3	NUTR 2332	Introduction to Human Nutrition*	3		
	BIOL 2320 OR BIOL 2321	Microbiology for Non-Science Majors OR Microbiology for Science Majors	3	CHEM 1305 OR CHEM 1311 OR CHEM 1312	Foundations of Chemistry OR Fundamentals of Chemistry I OR Fundamentals of Chemistry II*	3		
	BIOL 2120 OR BIOL 2121	Microbiology for Non-Sci Majors Lab OR Microbiology for Science Majors Lab	1					
Semester Hours			16	Semester Hours			15	31

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total	
	NUTR 3334	Advanced Nutrition	3	NUTR 4312	Nutrition Assessment & Planning	3		
	NUTR 3336	Nutritional Pathophysiology	3	NUTR 4334	Community Nutrition	3		
	NUTR	NUTR Advanced Elective	3	NUTR	NUTR Advanced Elective	3		
	Minor	Minor course	3	Minor	Minor course	3		
	Elective	1000-4000 level course	3	Elective	1000-4000 level course	3		
Semester Hours			15	Semester Hours			15	30

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total	
	NUTR	NUTR Advanced Elective	3	NUTR	NUTR Advanced Elective	3		
	NUTR	NUTR Advanced Elective	3	Minor	Minor course	3		
	Minor	Minor course	3	Elective	1000-4000 level course	3		
	Minor	Minor course	3	Elective	1000-4000 level course	3		
	Elective	1000-4000 level course	3					
Semester Hours			15	Semester Hours			12	27
							120	

*State of Texas Core Curriculum. Students should meet with their academic advisor to formulate their own plan.

^ Students may take BIOL 3324/3224 in place of either BIOL 2301/2101 or BIOL 2302/2102