

# COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

## Bachelor of Science

### Human Nutrition and Foods - Nutritional Sciences Track

Four-Year Academic 2026-2027

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total
	ENGL 1301	First Year Writing I*	3	ENGL 1302	First Year Writing II*	3	
HIST 1301	The United States to 1877*	3	HIST 1302	The United States since 1877*	3		
GOVT 2306	U.S. and Texas Constitution & Politics*	3	GOVT 2305	U.S. Government*	3		
MATH 1314	College Algebra*	3	MATH 2312	Precalculus*	3		
BIOL 2301	Anatomy & Physiology I ^	3	BIOL 2302	Anatomy & Physiology II ^	3		
BIOL 2101	Anatomy & Physiology I Lab ^	1	BIOL 2102	Anatomy & Physiology II Lab ^	1		
Semester Hours		16	Semester Hours		16	32	

  

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total
	CORE	Creative Arts*	3	CORE	Language, Philosophy & Culture*	3	
KIN 1304	Public Health Issues in Physical Activity & Obesity*	3	NUTR 2332	Introduction to Human Nutrition	3		
CHEM 1311	Fundamentals of Chemistry I*	3	CHEM 1312	Fundamentals of Chemistry II*	3		
CHEM 1111	Fundamentals of Chemistry I Lab	1	CHEM 1112	Fundamentals of Chemistry II Lab	1		
BIOL 2320 OR BIOL 2321	Microbiology for Non-Science Majors OR Microbiology for Science Majors	3	MATH 1342 OR PSYC 2317	Elementary Statistical Methods OR Intro to Psychological Statistics	3		
BIOL 2120 OR BIOL 2121	Microbiology for Non-Sci Majors Lab OR Microbiology for Science Majors Lab	1	Elective	1000-4000 level course	3		
Semester Hours		14	Semester Hours		16	30	

  

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total
	NUTR 3334	Advanced Nutrition	3	NUTR 4312	Nutrition Assessment & Planning	3	
NUTR 3336	Nutritional Pathophysiology	3	NUTR	Approved NUTR Advanced Elective	3		
CHEM 2323	Organic Chemistry I	3	CHEM 2325	Organic Chemistry II	3		
CHEM 2123	Organic Chemistry I Lab	1	CHEM 2125	Organic Chemistry II Lab	1		
Elective	3000-4000 level course	3	Elective	3000-4000 level course	3		
Semester Hours		13	Semester Hours		13	26	

  

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total
	NUTR 4334	Community Nutrition	3	CORE	Writing in the Disciplines *	3	
NUTR 4346	Research in Nutrition	3	NUTR	Approved NUTR Advanced Elec	3		
BCHS 3304 OR	General Biochemistry I OR	3	NUTR 4333 OR	Medical NUTR Therapy- Cardiovascular OR	3		
BCHS 3307	Nutritional Biochemistry		NUTR 4347	Medical NUTR Therapy- Metabolic			
PHYS 1301	College Physics I	3	PHYS 1302	College Physics II	3		
PHYS 1101	College Physics I Lab	1	PHYS 1102	College Physics II Lab	1		
Elective	3000-4000 level course	3	Elective	1000-4000 level course	3		
Semester Hours		16	Semester Hours		16	32	
							120

\*State of Texas Core Curriculum. Students should meet with their academic advisor to formulate their own plan.

^ Students may take BIOL 3324/3224 in place of either BIOL 2301/2101 or BIOL 2302/2102