

## Curriculum Vitae

**McClain Sampson, Ph.D., M.S.S.W.**  
**Graduate College of Social Work**  
The University of Houston  
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Research Areas of Interest: Perinatal mental health, intervention in community based or health care settings, motivational interviewing, interprofessional, behavioral health training for students.

### EDUCATION

- Jan. 2010-  
Jan. 2011                      *Post-Doctoral Research Fellow*  
Baylor College of Medicine, Department of Psychiatry and Behavioral Sciences  
Primary Mentor: Britta Ostermeyer, M.D.  
Project CHOICES *Plus* (P.I. Velasquez, M., University of Texas Austin)
- May 2009                      Ph.D. in Social Work. The University of Texas at Austin.  
Dissertation: *Access to Resources and Maternal Well-Being: Examining the Role of Educational Attainment in the Relationship Between Social Support and Maternal Parenting Stress One Year Postpartum*. Chairpersons: Yolanda C. Padilla & Cynthia Osborne
- May 2005                      The University of Tennessee, Knoxville  
Master of Science in Social Work, Management and Community Practice Concentration
- May 1994                      The University of Colorado, Boulder  
Bachelor of Arts, Psychology

### CURRENT ACADEMIC POSITIONS

- Jan. 2011-  
Present                      Associate Professor (Rank promotion to Associate Sept. 2017)  
The University of Houston, Graduate College of Social Work  
Houston, TX

### COURSES TAUGHT

- University of Houston, Graduate College of Social Work*
- Behavioral Health in Integrated Care Settings (Spring 2017-current)

- Assessment in Social Work Practice (Spring, 2011; Spring, 2012; Fall, 2012; Spring 2013)
- Qualitative Research Methods (doctoral; Fall 2012; Fall 2013; Fall 2014-2019)
- Ph.D. Research Internship (two students Fall 2011; Spring 2012; Fall 2013; Fall 2015; Spring 2016)
- Independent Study/Research Internship supervision (summers 2012, 2013, 2016, 2017)

*Baylor College of Medicine, Department of Psychiatry and Behavioral Sciences*

- Motivational interviewing techniques for mental health professionals in primary care settings

## **QUALIFYING PAPER EXAM COMMITTEES**

Roberta Leal (2013); Amanda Ford (2012); Jackie Duron (2012); Mark Trahan (2013); Anny Ma (2015); Xin Chen (2015); Tamara Al Rawaad (2016); Miao Yu (2017).

## **DISSERTATION COMMITTEES**

**Miao Yu** “A longitudinal study of the stress –buffering effect of social support on postpartum depression”. (successful defense, April 2019)

**Tamara Al Rawaad** “HIV knowledge and testing behaviors among middle eastern and north Africans ages 18-35 in the U.S.” (successful defense, Oct. 2018)

**Xin Chen** “Switching between two languages: influences on personality adjustment and acculturation among international students from Mainland China” (successful defense, spring 2018)

**Anny M** “Reintegration into civilian life among returning veterans: How the aftermath of trauma exposure predicts treatment referral” (dissertation successfully defended, October 2017)

**Roberta Leal** “Examining the Relationship between Socio-demographic factors, Perception of Health, and Physical Activity among Hispanics with Comorbid Diabetes and Depression” (successful defense August 2015)

**Mark Trahan.** “Paternal Self-Efficacy: How Fathering Confidence Contributes To Fathering Participation” (successful defense, March 2015)

**Melissa Torres** “Latina/os and the Sex Trade: A Qualitative Study on the Perceptions of Customers, Victims and Service Providers (successful defense, May 2015)’

**Jackie Duron.** “Legal Decision-Making in Child Sexual Abuse Investigations: Factors that Influence Outcomes” (successful defense, May 2014)

**Yolanda Villarreal.** “Depressive Symptomatology among Current and Former Aging Mexican American Heroin Injectors” (successful defense, May, 2014).

**Amanda Ford.** “BWB SEEKS FWB: An Exploration of Risk Among Women-Seeking-Women via Craigslist” (successful defense, May 2014)

**Joy Malbrough** “Strategies Used By Social Workers in the Emergency Setting to Gain a Seat at the Medical Table Setting. A Qualitative Study”. (successful defense, May 2014)

### **Mentoring**

1F31MH123127-01A1 (PI: Wall)

09/01/2020 – 09/01/2023

National Institute of Mental Health

*The Feasibility and Acceptability of the Mediation Intervention for Sensitizing Caregivers for Mothers with Borderline Personality Disorder*

Role: Mentor

This project begins the process of adapting the Mediation Intervention for Sensitizing Caregivers for mothers with BPD

### **CURRENT FUNDED RESEARCH**

- January 2021 Humana Institute at University of Houston. Health Equity Pilot Study funding. “Attitudes, perceptions and usage of maternal medical home models for perinatal health”. (Role: PI, \$50,000)
- May 2020- University of Houston Seed Grant. Community-Based Integrated health teams: A Qualitative Study of Their Core Functions & Features & their Responses to COVID-19. (Role: Co-Investigator, 40,000).
- April 2019- Health Resources and Services Administration. Perinatal Outreach Grant. Perinatal Health Equity: A Healthy Start Initiative. G0502720. (Role: PI, \$4.9 million)
- Sept. 2017 Health Resources and Services Administration. Behavioral Health Workforce and Education Training Grant. GLOBE Team Training. G0503949. (Role: PI. \$1,974,000.00)
- Nov 2017- Internal Advisory Committee, “SUSTAIN Wellbeing COMPASS Coordinating Center: Supporting US Southern States to Incorporate Trauma-Informed HIV/AIDS Initiatives for Wellbeing” Award period: November 2017 to November 2025, The Gilead COMPASS Initiative, \$5,000,000 (10%)

### **COMPLETED FUNDED RESEARCH**

- May 2018 Episcopal Health Foundation, Pediatric Integrated Behavioral Health Model. (Role: Co-Investigator, \$175,000).
- June 2016 Health Resources and Services Administration. Behavioral Health Workforce and Education Training Grant. (PI: Schwartz. Role: Co-PI. \$277,481)
- June 2016 W.K. Kellogg Foundation. Latina Maternal and Family Health Project. (Role, Co-Director. \$500,000). This is a community based project to extend the “PST4PPD” postpartum depression intervention to be culturally responsive to Latinas.

- Feb. 2016 Texas Academy of Family Physicians. Behavioral Health Integration at El Centro: A Pilot Study. (Role: Co: PI. \$5,000).
- Aug. 2015 National Institutes of Health. Loan Repayment Program, Clinical Research (Role, P.I.) up to \$35,000.
- Sept 2014- U.S. Dept. of Health and Human Services. Health Resources Services Administration (HRSA). GO2HP27980. Mental and Behavioral Health Behavioral Health Workforce Education and Training Grant. (Role, P.I., \$1, 439, 986.00).
- Jan. 2014- Hogg Foundation Mental Health Researcher, Tenure Track. A Problem Solving Tools Home Visit Intervention for Postpartum Depression Prevention (Role, P.I. \$19, 250)
- June 2016
- Sept. 2012- U.S. Dept. of Health and Human Services. Health Resources Services Administration (HRSA). M01HP25198. Mental and Behavioral Health Education and Training Grant. Role, P.I., \$468,000).
- Sept. 2015
- March 2012 University of Houston New Faculty Grant. Prevention of Postpartum Depression: Development of a Home Visiting Intervention for Low-Income, Culturally Diverse Expectant Mothers (Role, P.I., \$5,800)
- March 2012 Drug Abuse Research Development Program, University of Houston Graduate College of Social Work. Matching funds for Development of an Intervention for Postpartum Depression Among Impoverished Mothers. (Role, P.I. \$4,900)
- Sept. 2011 New Faculty Research Startup Fund, University of Houston (\$15,000)

## **SCHOLARSHIPS & AWARDS**

- 2019 finalist for the Provost Teaching Excellence Award, Community Engagement
- 2015, 2016 Nominated for Assistant Professor Excellence Series. (*APEX*). University of Houston
- 2013 *Susan Hickman Research Award*. Reducing Postpartum Depression: Development of an Intervention for Low-Income Culturally Diverse Expectant Mothers. Postpartum Support International.

- 2012, 2013     *Nominated for Distinguished Faculty Scholar Award.* University of Houston, University Women’s Commission.
- 2006            *DeMoll Fellowship,* The School of Social Work, The University of Texas at Austin
- 2006            *Graduate Instructor Award-* The University of Texas at Austin Texas
- 2005            *Endowed Presidential Scholarship,* The School of Social Work, The University of Texas at Austin

## **PUBLICATIONS (\*impact journals)**

### ***Peer-Reviewed Manuscripts***

1. Yu, M., Yu., L. Sampson, M. & Rubin, A.(accepted 2021). Longitudinal Study of the Stress-buffering Effect of Social Support on Postpartum Depression: A Structural Equation Modeling Approach. *Anxiety, Stress & Coping*.
2. Washburn, M., Zhou, S., Sampson, M.M. & Palmer, A. (Published online ,2021). A Pilot Study of Peer-to-Peer SBIRT Simulation as a Clinical Telehealth Training Tool During COVID-19.[ *Clinical Social Work Journal*. Special issue: Simulation & Clinical Social Work] DOI: 10.1007/s10615-021-00799-8
3. Sampson, M., Mauldin, R. & Yu, M. (2021). Reducing Postpartum Depression among Mothers in Recovery: Feasibility and Effectiveness for a Problem Solving Intervention in a Residential Treatment Setting. *Social Work and Mental Health*, 19(1), DOI: 10.1080/15332985.2020.1832644
4. \*Al Rawwad, T., Washburn, M., Torres, L.R. & Sampson, M. (2020) HIV Knowledge of Middle Eastern and North Africans 18-35 Residing in the U.S.: A Cross Sectional Study, *Social Work in Public Health*, DOI: 10.1080/19371918.2020.1785366
5. Sampson, M., Derige, D.N., Rawaad, T., Gonzalez, G.G., Hojat-Gallin, N. & Torres, L.R. (2020). A Latino family approach: The design and effectiveness of a community informed breastfeeding curriculum. *Journal of Health Science & Education*. 4(2): 1-6. DOI: 10.0000/JHSE.1000183.
6. \*Ledoux, TA, Daundasekara, SS, Beasley, A., Robinson, J, & Sampson, M. (2020). The association between pre-conception intuitive eating and gestational weight gain. *Eating and Weight Disorders*. doi: 10.1007/s40519-020-00878-8. [Epub ahead of print]
7. \*Yu, M. & Sampson, M. (2019) Pediatricians attitudes and practices on postpartum depression screening: training and interprofessional collaboration needed. Submitted to *Journal of Interprofessional Education & Practice*. 15 (1-4).
8. Davidson, M.R., Armstrong, A. & Sampson, M. (2018). Childbearing in geographically isolated communities: the smith island experience. *Journal of Women’s Health, Issues & Care*. 5(6), 1-6. DOI: 10.4172/2325-9795.1000262
9. \*Sampson, M., Parrish, D.E. & Washburn, M. (2018). Assessing MSW students in integrated behavioral health skills using an objective structured clinical

- examination. *Journal of Social Work Education*. Pp. 287-299.  
<https://doi.org/10.1080/10437797.2017.1299064>
10. \*Sampson, M., Torres, M.I., Duron, J., Davidson, M (2017). Latina Immigrants' Cultural Beliefs About Postpartum Depression. *Affilia: Journal of Women and Social Work*. DOI: 10.1177/0886109917738745.
  11. \*Sampson, M., Duron, J., Mauldin, R.L., Kao, D.T, Davidson, M.R. (2017). Postpartum depression, risk factors and child's home environment among mothers in a home visiting program. *Journal of Child and Family Studies*, 26(10), 2772-2781.
  12. \*Villarreal, Y., Torres, L.R., Stotts, A., Ren, Y., Sampson, M. & Bordnick, P.S. (2017). Stress, depression, and drug use among aging Mexican American men living in the barrio. *Journal of Social Work Practice in the Addictions*, 17(4), 388-401. DOI: <https://doi.org/10.1080/15332566X.2017.1369884>.
  13. \*Sampson, M. (2017) Meeting the demand for behavioral health clinicians: Innovative training through the GLOBE Youth Project. *Journal of Social Work Education*. 53(4), 744-750.
  14. \*Yu, M. & Sampson, M. Closing the gap between policy and practice in screening for perinatal mood disorder: a policy analysis. (2016) *Social Work in Public Health*, DOI: 10.1080/19371918.2016.1160337.
  15. \*Sampson, M., Villarreal, Y. & Padilla, Y. (2015). Association between types of support and maternal stress at one year postpartum. Does type matter? *Social Work Research*. doi: 10.1093/swr/svu031
  16. \*Sampson, M. & Torres, L.R. (2015). What tension between fidelity and cultural adaptation? A Reaction Marsiglia & Booth. *Research on Social Work Practice*, published online before print. DOI: 10.1177/1049731515599067
  17. \*Ledoux, T., Gallagher, M.R., Ciampolini, M. and Sampson, M. (2014) Biofeedback Enhanced Lifestyle Intervention: Exploring the Experience of Participants in a Novel Intervention for Disinhibited Eating and Obesity. *Journal of Preventive Medicine*, 4, <http://dx.doi.org/10.4236/2014>.
  18. \*Sampson, M., Villarreal, Y., Rubin, A. (2014). Problem solving therapy for low-income, pregnant women at risk for postpartum depression. *Research on Social Work Practice*. Doi: 10.1177/1049731514551143.
  19. Sampson, M., Duron, J., Torres, M. I., & Davidson, M. (November, 2014), *Women's Healthcare: A Clinical Journal for Nurse Practitioners*. "A Disease You Just Caught": Low-Income African-American Mothers' Cultural Beliefs About Postpartum Depression.
  20. \*Sampson, M., Zayas, L.H., Seifert, S.B. (2013). Treatment Engagement Using Motivational Interviewing for Low-Income Mothers with Postpartum Depression. *Clinical Social Work Journal*. 41(4), 387-394 doi: 10.1007/s10615-012-0422-1
  21. \*Parrish, D., von Sternberg, K., Velasquez, M.M., Cochran, J., Sampson, M.M., Dollan-Mullen, P. (2011). Characteristics and factors associated with the risk of a nicotine-exposed pregnancy: Expanding the CHOICES pre-conception counseling model to tobacco. *Journal of Maternal and Child Health*, doi: 10.1007/s10995-011-0848-z. [PMID: 21735139](https://pubmed.ncbi.nlm.nih.gov/21735139/)

22. \*Cardoso, J.B., Padilla, Y, Sampson, M. (2010). Racial and ethnic variation in predictors of maternal parenting stress. *Social Service Research*. 36(5), 429.
23. Jones, B., Pomeroy, E. & Sampson, M. (2009). University community partnerships and community based participatory research: One community's approach to enhance capacity in end-of-life and bereavement practice, research, and education. *Journal of Social Work in End-of-Life and Palliative Care*, 5(1) 94-104
24. Jones, B., Sampson, M., Greathouse, J., Legett, S., Higgerson, R. and Christie, L. (2007). Comfort and confidence levels of health care professionals providing pediatric palliative care in the intensive care unit. *Journal of Social Work in End-of-Life and Palliative Care*, 3(3), 39-58.

## BOOK CHAPTERS

Zayas, L.H., **Sampson, M.** (2013). Perinatal Depression and Treatments for U.S. Latinas: A Review of Research *Perinatal depression among Spanish-Speaking Women: A Global perspective on prevalence, treatment, and outcomes*. (Eds. Cinisomo, L.S. & Wisner, K.) Springer Publishing Co.

**Sampson, M.**, Stephens, N.S. and Velasquez, M.M. (August, 2009). Motivational Interviewing. In *The Clinician's Guide to Evidence-Based Practice* (Eds. Rubin, A., & Springer, D.). John Wiley and Sons.

## BOOK REVIEWS

Iachini, A.L., Brownstein, L.R. & Mellin, E. (2018). A Guide for Interprofessional Collaboration (CSWE; Stanhope).

### *Manuscripts Submitted or In Progress*

Sampson, M. Engaging and Treating Low-income Mothers for PPD. *International Journal of Professional Development and Continuing Education in Social Work* (submitted Oct. 2020).

\***Sampson, M.**, Yu, M., Mauldin, R., Derige, D. & Gonzalez, L. "You Withhold What You Are Feeling So You Can Have A Family". Latinas' Perceptions on Community Values and Postpartum Depression. (Submitted 2020 to *Family & Community Medicine*).

\***Sampson, M.**, Yu, M., Mauldin, R. & Gonzalez, L. The PST4PPD Home Visiting Postpartum Depression Intervention: Results Among Low-Income Latina Mothers". (Submitting to PLOS ONE, February, 2020).

\*Yu, M., **Sampson, M.** & Mauldin, R. Parenting Self Efficacy, Trauma, Support and Postpartum Depression: A HLM Analysis. (submitted to *Community Mental Health Journal*).

## CONFERENCE PRESENTATIONS

\* indicates work with doctoral student

### *National*

**SSWR roundtable 2021 with Sarah Kay Price. SSWR roundtable with Walton etc.**

\***Sampson, M.** & Yu, M. (2020). Reducing Disparities in Postpartum Mental Health: Results from a Home Visiting Intervention Among Low-Income Latinas. Oral Paper Presentation. Society on Social Work Research. Washington, D.C.

**Sampson, M.,** Washburn, M. & Parrish, D. (2019). Increasing cultural competence through integrated healthcare and interprofessional education. Oral paper presentation. Council on Social Work Education Annual Program Meeting. October 23-27, Denver, CO.

\***Sampson, M.** & Yu, M. (2019). Effectiveness of Reducing Depression and Increasing Self-efficacy through a home visiting intervention delivered in Spanish: Results from the Rebozos de Salud Project. Poster Session. Postpartum Support International 32<sup>nd</sup> Annual Conference. June 26-30. Portland, OR.

\***Sampson, M.** & Yu, M. (2019). Preliminary Results from a RCT Comparing Home Visits to Treatment as Usual in a Reproductive Psychiatry Department. Poster Session. Postpartum Support International 32<sup>nd</sup> Annual Conference. June 26-30. Portland, OR.

**Sampson, M.** & Washburn, M. (2018). Evaluation of GLOBE Youth: Interprofessional Behavioral Health Training Program. CSWE Annual Program Meeting Conference in Orlando, FL. November 8-11.

\***Sampson, M.** Parrish, D. & Zhou, S. (2017). Using the OSCE to Assess MSW students' integrated behavioral health skills. CSWE Annual Program Meeting Conference in Dallas, TX.

\*Yu, M. & **Sampson, M.** (2017) "Pediatricians Attitudes and Practices on Postpartum Depression Screening". Poster Presentation. Postpartum Support International Conference, July 13-14, Philadelphia, PA.

\***Sampson, M.** & Yu, M. (2017). "Pilot Study to Reduce Postpartum Depression Symptoms among Low-Income Mothers in a Residential Treatment Facility". Panel presentation, Postpartum Support International Conference, July 13-14, Philadelphia, PA.

Parrish, D. & **Sampson, M.** (2017) "Evaluation of GLOBE Youth: An Interprofessional Behavioral Health Social Work Graduate Training Program". Society for Social Work and Research (SSWR) conference January 11-15, Washington, D.C.

\*Yu, M. & **Sampson, M.** (2017) Oral paper presentation: "Pediatricians Attitudes and Practices in postpartum depression screening: Social Work role. Society for Social Work and Research (SSWR) Conference, January 11-15, Washington, D.C.

\*Whaley, C., Kao, D. & **Sampson, M.** (2016, Jan.) *Postpartum Depression Among Teen Mothers and Its Effects on Maternal and Child Well-Being*. Poster, 20<sup>th</sup> Annual Conference, Society for Social Work and Research. Washington, D.C.

\*Villarreal, Y., Torres, L.R., **Sampson, M.** & Bordnick, (2016, Jan.) *Life in the Barrio: The Interrelationship of Stress, Depression and Substance Use*. Poster, 20<sup>th</sup> Annual Conference, Society for Social Work and Research. Washington, D.C.

LeDoux, T. Robinson, A. **Sampson, M.** & Beasley, A. (2015, Oct.) *Effect of Intuitive Eating on Gestational Weight Gain*. Poster, Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition. Boston, MA.

**Sampson, M.** & Parrish, D.E. (2015). *Interprofessional Behavioral Health Training Program for Bilingual Social Workers*. Oral paper at Council on Social Work Education, Annual Program Meeting. Denver, Colorado Oct. 14-17.

**Sampson, M.** & Parrish, D.E. (2015). *Assessing Behavioral Health Practice Skills among MSW Students Using the Objective Structured Clinical Examination (OSCE)*. Oral paper at Council on Social Work Education, Annual Program Meeting. Denver, Colorado Oct. 14-17.

\*Duron, J.F., Cheung, M., Parrish, D.E., & **Sampson, M.** (2015). *Prosecution of child sexual abuse cases: Exploring associated characteristics*. Poster at 19th Annual Conference, Society for Social Work and Research. New Orleans, LA.

\***Sampson, M.** & Villarreal, Y. (2014, June). *Development of an Intervention for Postpartum Depression Among Impoverished Mothers*. Poster at Postpartum Support International Annual Conference. Chapel Hill, North Carolina.

\***Sampson, M.** & Villarreal, Y. (2014, Jan.) *Home Visits of Motivational Interviewing and Problem Solving Therapy to Target Perinatal Depression: A Pilot Study*. Poster at Society for Social Work and Research. San Diego, CA.

\*Ledoux, Najmus Saher, **Sampson,** Gallagher, Berens. (2013, March) *Negative Body Image is Related to Overeating among Diverse Low-income Overweight Pregnant Women*. Poster presentation at Society for Behavioral Medicine, San Francisco

**Sampson, M.** (2013, Jan.) *The role of educational attainment in the association between perceived support and maternal stress among unmarried urban mothers.* Oral Paper at the Society for Social Work and Research. San Diego, CA.

\***Sampson, M.,** Kao, D.T., Duron, J. (2013, Jan.). *The role of postpartum depression in child maltreatment and parental home environment. A secondary analysis of a Healthy Families American program.* Oral Paper at the Society for Social Work and Research. San Diego, CA.

\***Sampson, M.,** Duron, J, Torres, M. (2012, November). Oral Paper: *A thematic approach to understanding postpartum depression among African-Americans and Latina Immigrants.* Oral paper at the Council on Social Work Education: Annual Program Meeting. Washington, DC.

Parrish, D., von Sternberg, K., Cochran, J., **Sampson, M.,** Dolan Mullen, P. & Velasquez, M.M. (2009, May). *Alcohol and Nicotine exposed pregnancies: Common and unique characteristics associated with risk.* Poster presentation at the Society for Social Work and Research. San Francisco, CA

Berger-Cardoso, J., **Sampson, M.** and Padilla, Y.C. (2009, August) *Application of Belsky's Parenting Stress Model to Hispanic Mothers: A Racial and Ethnic Comparative Analysis.* Roundtable presentation at American Sociological Association. San Francisco, CA.

**Sampson, M.,** Umberger, T., Waidhofer, K., Mullen, P, Velasquez, M.M. and von Sternberg, K. (2009, January) *Psychiatric Distress and Other Correlates Associated with Being a Victim of Physical Abuse in Female Inmates.* Poster presentation at Society for Social Work and Research conference. New Orleans, LA.

### ***Regional/Local***

**Sampson, M. &** Torres, L.R. (2013). *Bridging the Research-Practice Gap Symposium* in Houston, TX April 5-6, 2013. Invited Discussant on Culturally Relevant Evidence Based Practice.

**Sampson, M.** Villarreal, Y. (2013). *Development of a Home Visiting Intervention for Prevention of Postpartum Depression.* Invited Presentation for Mental Health America of Greater Houston. Houston, TX June 2013.

**Sampson, M.** (2011, December). *We are in This Together: The Role of Partner Support in Maternal Stress.* 2011 Social Work Research Conference, University of Houston Graduate College of Social Work.

**Sampson, M.** (2011, November) *The Role of Maternal Mental Health in Child Well-being*. Neighborhood Centers Inc., Healthy Minds, Healthy Moms, Healthy Families Conference.

**Sampson, M.** (2011, April) *Postpartum Depression: Who it Affects and How We Can Help*. Avance Early Head Start Parents Conference.

Parrish, D., von Sternberg, K., Cochran, J., **Sampson, M.**, Dolan Mullen, P. & Velasquez, M.M. (2009, May). *Alcohol and Nicotine exposed pregnancies: Common and unique characteristics associated with risk*. Poster presentation at the Central Texas Clinical Research Forum: Collaborations in Research & Education on May, 7, 2009 in Austin, TX.

Parrish, D., von Sternberg, K., Cochran, J., **Sampson, M.**, Dolan Mullen, P. & Velasquez, M.M. (2009, February). *Alcohol and Nicotine exposed pregnancies: Common and unique characteristics associated with risk*. Poster presentation at the Texas Research Society on Alcoholism 19<sup>th</sup> Annual Meeting on February, 20, 2009 in San Antonio, TX.

**Sampson, M.**, Umberger, T., Waidhofer, K., Mullen, P, Velasquez, M.M. and von Sternberg, K. (2008, February) *Psychiatric Distress and Other Correlates Associated with Being a Victim of Physical Abuse in Female Inmates*. Poster presentation at Texas Research Society on Alcoholism conference. Austin, TX.

**Sampson, M.** (2008, February). *Striking a Balance: Maternal Stress and Work*. Poster Presentation at Promoting Health in Underserved Populations: Advancing Health Aging conference. The Center for Health Promotion and Disease Prevention Research in Underserved Populations, The University of Texas at Austin, School of Nursing.

Jones, B. and **Sampson, M.** (2006, February) *The Meaning of Cancer Survivorship for Hispanic Adolescents: a Qualitative Pilot Study*. Poster presentation at Promoting Health in Underserved Populations: Advancing Women's Health. The Center for Health Promotion and Disease Prevention Research in Underserved Populations, The University of Texas at Austin, School of Nursing

**Sampson, M.** (2004, November) *Needs Assessment for Loudon County Childhood Obesity Prevention Program*. Poster presentation at the Rural Health Association of Tennessee regional conference. Chattanooga, TN.

## **ADVANCED METHODOLOGICAL TRAINING**

Qualitative Analysis II: Phenomenological/Hermeneutic, Narrative/Discourse Methods. University of Chapel Hill, School of Nursing (2012)

10<sup>th</sup> Annual Qualitative Research Summer Intensive (2013). Modules on: Constructivist Grounded Theory and Community Based Participatory Research. University of Chapel Hill, Odum Institute.

### **INVITED TALKS, TRAININGS AND CONSULTATION**

- March 2020           Invited panelist: Unlimited 2020: Global Health Conference. Social Workers in Integrated Healthcare: Focus on Improving Maternal Health.
- Feb. 2020           Invited presentation at the Improving Maternal Health Steering Committee meeting. Topic: Innovative solutions for maternal health disparities.
- April 2020           Invited panelist: The Impact of Structural Racism on Black Maternal health. Presented at the March of Dimes: “It’s not Fine: Collaborating to Address Black Mental Health”.
- May 2019           Invited Talk. Partnership for Maternal and Child Health of Northern New Jersey. Title: Cultural Considerations in Maternal Mental Health.
- March 2019.           Invited Talk for UH Diversity Institute Conference. Title: Disrupting the Myth of Blissful Motherhood: Disparities in Maternal Health.
- March 2019:           Invited Panelist for the IMPACT: Dedra Shealy Maternal Mental Health Conference. Title: Effective Treatments for Postpartum Depression.
- Nov. 2018-           Consultant and Trainer for the Texas Medical Center Health Disparities Grant. Postpartum Depression Model of Care: A Randomized Trial.
- May 2018           Consultant and Trainer for Texas Children’s Hospital and UT Pediatric Public Health. Intervention design and delivery for PPD.
- April 2017           Latina Maternal Mental Health: Importance of the Attention to Cultural Beliefs. Invited speaker at the Maternal Mental Health Conference, University of Texas, Austin, Texas.
- March 2017           Maternal Health Congressional Staff briefing with Urban Strategies, LLC
- Aug. 2015           Panelist for “Making Together Work. Policy Solutions for Integrating Care. Mental Health America and Rice University Baker Institute for Public Policy.

- June. 2015                      Problem Solving Therapy for clients at SEARCH homeless services. Training provided.
- March 2014-  
Present                              Project HOPE for maternal health. Consultation provided intervention design and counselor training of motivational interviewing and problem solving tools to decrease postpartum depression among low-income mothers in a DSRIP funded program.
- Nov. 2013                              Sampson, M. (2013). Behavioral Health in Social Work: A growing demand for trained practitioners. Presented at the China-US collaborative conference: Shanghai region, Shanghai, China, November 19 (invited).
- Nov. 2013                              Sampson, M. (2013). Teaching behavioral health in social work. Presented at the China-US collaborative conference: Shanghai region, Shanghai, China, November 20 (invited).
- Nov. 2013                              Sampson, M. (2013) Behavioral Health in Social Work: A growing demand for trained practitioners. Presented at the Shenzhen Social Worker Association conference, Shenzhen, China, November 22 (invited).
- June-  
Dec. 2011                              Baylor College of Medicine, Dept. of Psychiatry and Behavioral Sciences. Developed and presented curriculum to licensed counselors on how to adapt motivational interviewing for primary care.
- Oct. 2011                              Family Services of Greater Houston. Presented and Facilitated Discussion on the topic: Motivational Interviewing in Family Services Agencies: Strategies and Spirit.

#### **MEDIA EXPOSURE RELATED TO RESEARCH**

GCSW website: UH Healthy Start Aims Black Maternal Mortality and COVID-19 with Face Mask Distribution. June, 2020. <https://uh.edu/socialwork/news/news-releases/2020-uh-healthy-start-aims-to-address-black-maternal-mortality-and-covid-19-with-face-mask-distribution/>

Fox 26, Houston. Isaiah Factor Uncensored: Maternal Mortality among Houston African-American mothers. April and October, 2019.

KRPC Newsmakers, UH Healthy Start Initiative, Sept. 219

#### **STUDENT RESEARCH EXPERIENCE**

2017.

Jun. 2007-  
May 2009                              *Research Assistant with Drs. Mary Marden Velasquez and Kirk von Sternberg*

Health Behavior Research and Training Institute  
School of Social Work, The University of Texas at Austin  
Responsible for participating in weekly research meetings,  
manuscript development and dissemination of findings for  
federally funded research projects at the institute.

- Project CHOICES Plus *Centers for Disease Control and Prevention (PI: Velasquez. U84DD000438)*
- Mechanisms of Action in Project CHOICES (*NIH/NIAAA. R01 AA015930. PI: Ingersoll*)

Feb. 2006-  
Dec. 2006

*Project Coordinator for Voices of Struggle Qualitative Research Study, Principal Investigator: Dr. Barbara Jones*

Jun. 2006-  
Oct. 2006

School of Social Work, The University of Texas at Austin  
*Project Coordinator for Children's Hospital of Austin Pediatric Palliative Care Study. Principal Investigator, Dr. Barbara Jones*

Sept. 2005-  
Dec. 2006

*Graduate Assistant for the Institute of Grief, Loss and Family Survival. Co-Investigators: Drs. Barbara Jones and Beth Pomeroy*  
School of Social Work, The University of Texas at Austin

May 2005-  
Aug. 2005

*Research Assistant, Youth Can! Kids Empowering Kids. Principal Investigator: Dr. Sonya Jones*  
Department of Nutrition and Public Health, The University of Tennessee, Knoxville

Aug. 2002-  
Feb.2003

*Research Project Coordinator for the Forgiveness and Family Functioning Project. Principal Investigator: Dr. Kristine Gordon*  
Dept. of Clinical Psychology, University of Tennessee, Knoxville

## **TEACHING EXPERIENCE**

Sept. 2007-  
Dec. 2007

*Teaching Assistant for Dr. Mary Marden Velasquez*  
*Motivational Interviewing, Master's level*  
School of Social Work, The University of Texas at Austin

- Attended all classes and collaborated with professor to design and supervise in-class clinical training
- Graded and provided feedback on motivational interviewing techniques
- Assisted in writing exam questions and responsible for grading and maintenance of electronic classroom

Jun. 2007-  
Aug. 2007

*Teaching Assistant for Dr. Yolanda Padilla*  
*Dynamics of Organizations and Communities, Master's level*  
School of Social Work, The University of Texas at Austin

- Designed and led two courses during the semester
- Consulted with students regarding class community organizing project
- Coordinated guest lecture series

Sept. 2005-  
Jan. 2007

*Teaching Assistant for Dr. Barbara Jones*  
*Direct Practice with Individuals and Families, Undergraduate level*  
School of Social Work, The University of Texas at Austin

- Developed and taught one to three classes per semester
- Prepared course materials such as powerpoint presentations, and handouts
- Assisted in writing exam questions

## **POST MSW PRACTICE EXPERIENCE**

Nov. 2009-Jan. 2011 *Interventionist on Project CHOICES Plus. A Randomized Controlled Trial to reduce risk of alcohol exposed pregnancies. (U84 DD000438. CDC).*

- Delivered a standardized clinical intervention in individualized sessions
- Received training on Motivational Interviewing for Project CHOICES through Centers for Disease Control
- Received monthly clinical supervision from a licensed psychologist and nationally credentialed Motivational Interviewing trainer

Nov. 2009-  
March 2011

*Health Counselor, Project Baby's Breath (HRSA)*  
The University of Texas, Health Science Center  
Principal Investigator: Angela Stotts, Ph.D.

- Employed motivational interviewing techniques to counsel new mothers about risks of household smoking to newborns
- Received coaching on motivational interviewing skills

## **PRE-MSW PRACTICE EXPERIENCE**

Aug. 2004-  
May 2005

*Intern, Loudon County Health Improvement Council*  
Loudon, Tennessee

- Conducted a needs assessment for childhood obesity prevention program in Loudon County
- Established a Childhood Obesity Prevention Taskforce with local healthcare providers and educators

- Performed secondary data analysis on body mass indices for over 3000 children and presented findings to local agencies and school board
- Assisted in writing a federal grant proposal for submission to the U.S. Department of Health and Human Services to seek funding for obesity prevention program (unfunded)

Aug. 2003-  
May 2004

*Intern, Community Shares*  
Knoxville, Tennessee

- Acted as the liaison to twenty-five workplaces to coordinate fundraising efforts for workplace giving to social justice agencies
- Assisted in fundraising efforts which resulted in raising over \$405,000 for the year 2003
- Participated as a speaker's bureau committee member
- Responsible for collecting and documenting all results of the Combined Federal Campaign for all Community Shares member groups (forty-eight agencies)

Mar. 1998-  
Jul. 2000

*Adventure Based Counselor, COPAC, Inc.*  
Brandon, Mississippi

- Implemented a therapeutic ropes course curriculum for patients at a alcohol and drug residential treatment center
- Co-facilitated weekly groups on the ropes course to help clients identify thinking and behavior patterns related to their substance abuse
- Participated in weekly treatment team meetings and offered recommendations of patients' treatment plans

## **SPECIALIZED TRAINING**

Aug. 2007-  
May 2009

Completed training to be a motivational interviewing coach. Provided coaching for participating Texas Department of State Health Services mental health counselors.

February 2014

Provided training to State of Indiana MI for home visitors

July 2014

Provided training in MI and PST for DSRIP project at UT Health Sciences

Aug. 2014

Completed nationally recognized training program for Trauma Focused CBT. Houston, TX

## COMMITTEES AND SERVICE

### *UH and GCSW*

Sept. 2017-current	GCSW, Retention and Promotion Committee
Sept. 2017-current	College of Medicine, Learning Curriculum Design Subcommittee
Sept. 2017-current	University of Houston, IRB committee
June 2016- Jan. 2017	Student Hotspotting Learning Collaborative
Aug. 2015- Aug. 2016	Cougar Chairs Leadership Academy
Sept. 2014- current	GCSW, various Search Committees (Associate Dean for Academic Affairs, Tenure Track Professor)
Sept. 2015- May 2017	Faculty Senate, Research and Scholarship Subcommittee
Sept. 2015- May 2016	Admissions Committee, Graduate College of Social Work
Sept. 2015	Search Committee, Associate Dean for Academic Affairs
Sept 2013- May 2013	Curriculum Committee
Aug. 2015 March 2014- current	Behavioral health Specialization workgroup
Jan. 2015	Dialogue Circles Against Racism Facilitator at GCSW
Sept. 2012	Search Committee for Clinical Faculty Field Director
Jan. 2011-  May 2014	Field Practicum Advisory Committee
<i>External/Community</i>	
May 2017	Reducing Maternal Mortality Steering Committee. Houston Endowment.
May 2016-	School Behavioral Health Collaborative. Founded by Mental Health America to mobilize behavioral health initiatives in schools

March 2015-	ACE Coalition: mobilizes health and community leaders to confront Adverse Child Experiences (ACE). Postpartum Depression sub-group
May 2015-	Mental Health America Integrated Health Initiative consultant and workgroup member
Aug. 2009- Present	Mental Health America of Greater Houston Yates Children Memorial Fund training and advocacy committees (research and outreach)
Aug. 2011- Dec. 2014	SUNNY FUTURES Healthy Start Community Consortium Research & Data Committee member.

***Editorial Activities/ Reviewer***

Journal of Applied Research on Children: Informing Policy for Children at Risk  
 Qualitative Health Research  
 Journal of Family Issues  
 Women's Health Issues  
 Social Work in Health Care

**PROFESSIONAL MEMBERSHIPS**

2012- Present	Council on Social Work Education
2008- Present	Society for Social Work and Research
2009- Present	Mental Health America of Greater Houston
2009- Present	Postpartum Support International