

PROFESSIONAL HIGHLIGHTS

- Board-approved supervisor
- Spanish-English bilingual, including reading, writing, and speaking; assessed proficiency Professional
- Completed Level I EMDR training
- Trained in Nonviolent Crisis Intervention
- Advanced computer proficiency

AREAS OF SPECIALIZATION

- Black Mental Health
- Black Men's Mental Health
- Assessment and Diagnostics
- Mood Disorders
- Anxiety Disorders

ACADEMIC EXPERIENCE

University of Houston - Graduate College of Social Work

Adjunct Professor - Jul 2019 to PRESENT

Field Liaison - Oct 2013 to PRESENT

Courses Taught

Clinical Applications of DSM in Social Work

Groups in Clinical Settings

Cognitive Behavioral Interventions

Child Abuse and Neglect

PROFESSIONAL EXPERIENCE

CentrePath Counseling, PLLC Houston, TX **Owner/ Private Psychotherapist** Mar 2020 - PRESENT, Mar 1998 – Dec 2004

Responsible for all administrative and clinical duties of small private psychotherapy practice—including activities within the practice as well as via contracts with several other agencies over the period of the practice's existence. Internal administrative duties include billing and claims, client scheduling, finance management, contract management, and maintaining business' adherence to state, licensing board and third-party payer requirements. Conduct clinical supervision for masters-level clinicians seeking advanced licensure. Provide individual, couples and family therapy.

Contracts - Current: Serve as Critical Incident Stress Debriefing responder. Past: Program Coordinator for sexual health program at local university; Clinical Director for a medical case management agency; conducted intake assessments for child/adolescent psychiatric outpatients for Local Mental Health Authority; conducted monthly *Children Cope With Divorce* workshops for court-mandated divorcing parents; completed psychodiagnostic evaluations, individual and group therapy for patients in a rehabilitation clinic for injured workers.

re:MIND Houston, TX **Group Facilitator** Nov 2014 – PRESENT

Facilitate support groups for individuals living with, or friends and family affected by, depression and bipolar disorders.

AccessHealth Richmond, TX **Director of Behavioral Health & HIV Services** Jun 2016 – Jul 2019

Setting is a rural integrated healthcare center with multiple sites. Manage operations and represent a department of therapists, medical social workers, and case managers targeting behavioral health clients and people living with HIV. Conduct or coordinate business development and outreach activities. Provide field placement supervision for MSW students and

clinical supervision for LMSWs seeking advanced licensure, including coordinating a field/peer supervision group that is open to all agency clinicians. Manage and report data on department-specific metrics both internally and to external funders. Coordinate in-house continuing education activities, with topics appropriate to behavioral health and medical practitioners. Currently developing and overseeing agency's training program for trauma-informed care provision.

Highlights

- *Over two-year period, increased number of insured patients served by department by 20%*
- *Increased total number of unduplicated patients and total visit count*
- *Spearheading agency's trauma-informed healthcare model program*

The Harris Center for Mental Health & IDD (formerly MHMRA) Houston, TX **Clinical Team Leader** Jan 2015 – May 2016

Managed a team of caseworkers and therapists providing services to outpatient clinic clients. Facilitated team meetings and interdisciplinary treatment team case reviews. Coordinated intake process for clients referred by agency's eligibility center and for clients referred from other agency programs.

St. Joseph Medical Center Houston, TX **Manager of Medical Psychiatry** Sep 2013 – Nov 2014

Managed social services staff for Medi-Psych program. Oversaw unit operations and materiel needs. Conducted quality assurance and performance improvement activities. Provided detailed progress reports to TDSHS as part of 1115 Waiver DSRIP project. Coordinated continuing education workshops. Coordinated various projects and activities as member of Behavioral Medicine leadership team. Served on hospital-wide committees for quality improvement, safety, employee appreciation, and others.

Highlights

- *Exceeded projected target for client contacts during 1st year of Medi-Psych program operation*
- *Established mobile clinical assessment team as part of primary care/behavioral health integration efforts*
- *Opened Medi-Psych Unit, making St. Joseph Medical Center one of only two Houston-area hospitals offering this medical specialty service*

Escape Family Resource Center Houston, TX **Parent Educator** May 2013 – Aug 2018

Facilitate *Dads Count* parenting class with fathers. Attendees may be voluntary or court-mandated due to non-payment of child support.

West Oaks Hospital Houston, TX **Assistant Director of Clinical Services** Dec 2011 – Sep 2013

Managed staff of ~30 clinical professionals—including clinical supervision, shift scheduling, regulatory compliance, quality assurance, and training. Represented acute clinical services division on hospital's management team. Addressed, documented, and resolved complaints and grievances reported by patients and/or family members. Planned continuing education workshops and performance improvement projects. Completed Bridge-Upon-Discharge sessions with patients and communicated outcomes to managed care organizations. Served on various committees towards improving hospital operations. Supervised court commitment process. Assisted as needed with unit therapy operations.

Highlights

- *Assisted Director in staff training and quality assurance efforts leading to 2012 Joint Commission survey which resulted in no deficiencies or citations for Inpatient Clinical Services Department*
- *Established continuing education curriculum of monthly workshops for social services staff*

Catholic Charities of the Archdiocese of Galveston-Houston Houston, TX **Clinical Coordinator** Mar 2011 – Oct 2011

Provided clinical and administrative supervision to counseling and case management staff in youth refugee shelter. Provided clinical and administrative supervision to masters level clinicians in agency's family counseling program. Coordinated

relations between Counseling Department and other agency departments. Served on/chair committees designed to improve various aspects of service delivery.

Department of Veterans Affairs Temple, TX **Clinical Social Worker** Mar 2010 – Jul 2010

Provided assessment, and group and individual treatment for military veterans in a residential substance abuse facility. Provided case management and advocacy to veteran residents. Served on interdisciplinary treatment team.

Round Rock Independent School District Round Rock, TX **Program Coordinator** Dec 2006 – Aug 2009

Coordinated the implementation of the Safe Schools/ Healthy Students Grant Program's activities for two learning communities--encompassing 22 primary and secondary schools. Provided supervision, guidance, and training to case managers and parent support specialists. Coordinated district's behavioral health referral system. Created print and video media for advertising and demonstration of grant-assisted events. Served on several community and district committees and coalitions related to addressing various social concerns.

Highlights

- *Established team of care coordinators as permanent campus-level positions*
- *Assisted in establishment of annual Parent Summit*
- *Established referral network between school district and community agencies for student mental health services*

Darnall Army Medical Center Fort Hood, TX **Social Work Care Manager** Dec 2004 – Dec 2006

Provided case management, care advocacy, referral, education, and psychological counseling to U.S. Army service members and their family members. Developed deployment-related behavioral health programs at the installation and/or clinic level. Collaborated with Army commanders to ensure soldiers' healthcare needs along with Army's manpower needs. Coordinated training of Dept. of Defense and Veterans Administration personnel in Eye Movement Desensitization & Reprocessing (EMDR). Instrumental in creating and coordinating updates to program's standard operating procedures, as well as administrative and clinical media (e.g., clinical documentation, program brochures, new employee orientation).

ADAPT Counseling Houston **Clinician/ Social Work Supervisor** Nov 1999 – Mar 2004 (P/T)

Served as Field Supervisor to MSW students and Clinical Supervisor to LMSWs seeking advanced licensure. Facilitated clinical supervision group, which included doctoral and masters-level interns and potential LCSW, LPC, and LMFT licensees. Handled all liaison matters related to supervisee oversight. Conducted individual, family, and group therapy and specialized assessments for adolescent sex offenders.

Family Services of Greater Houston **Senior Clinician** Aug 1995 – Dec 2000

Served as Field Supervisor for MSW student. Represented agency on United Way advisory committee. Created and edited "Health Focus," a patient-targeted educational newsletter. Coordinated community-wide ethics training. Conducted individual, couples, and family therapy. Specialized client populations included monolingual Latinos, HIV-infected and affected persons, alternative-school-placed Latino adolescents, and persons with interrelated somatic and psychological issues.

Memorial Hermann Healthcare System Houston **Weekend Therapist** Jan 1996 – May 1998

Performed group psychotherapy and psychosocial assessments for psychiatric inpatients. Included work with patients hospitalized for primary mental health diagnoses, primary chemical dependency, and dual diagnoses.

Success Counseling Services New Orleans **Clinician** Jan 1995 - Jul 1995

Conducted individual, family, and group therapies in an intensive outpatient psychiatric milieu for severely emotionally disturbed children and adolescents. Client population included children/adolescents with violent temperaments, attention

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difficulties, chemical dependency, physical, emotional and sexual victimization, gang affiliation, poor academic achievement. Active in establishment and structuring of program.

Family Service of Greater New Orleans Social Work Intern Jan 1994 - Dec 1994

Long and short-term therapy for families, couples, and individuals--both voluntary and mandated. Co-leader of Male Adolescent Sexual Perpetrators group.

EDUCATION

TULANE UNIVERSITY | New Orleans, LA | Master of Social Work, 1994

UNIVERSITY OF NEW ORLEANS | New Orleans, LA | Bachelor of General Studies, 1993

PROFESSIONAL QUALIFICATIONS

Licensed Clinical Social Worker (LCSW), 1998

Texas State Board of Social Worker Examiners approved Clinical Supervisor, 1999

Certified in Critical Incident Stress Debriefing (CISD)

Certified Clinical Trauma Professional

Licensed Sex Offender Treatment Provider (LSOTP, 2000-2005)

PROFESSIONAL PRESENTATIONS

"Honest Considerations for Black Mental Health" ● West Oaks Hospital ● Houston, TX ● 2021

"The Black Man's Mind: Protecting Our Treasure" ● Windsor Village UMC Men's Ministry ● Houston, TX ● 2020

"Sex & the Media: Blurring the Line Between Risqué and Offensive" ● RRISD Parent Conference ● Round Rock, TX ● 2007

"Teen Pregnancy" ● Project Alpha Male-Focused Teen Pregnancy Conference ● Killeen, TX ● 2006, 2007

"Teen Sexuality in the 21st Century: What Do We Face in Psychotherapy?" ● University of Houston Continuing Education Center
2004

"Sex & the Media: The Normalization of Offensive Sexuality" ● ADAPT Counseling ● Houston ● 2003

"Adolescent Sexual Development" {Co-presented with Fabianna Laby, PsyD, RSOTP} ● Burnett-Bayland Reception Center ● Houston 2002

"Beyond the Stork: Talking Sexuality with Children" ● ChildBuilders Community Education Conference ● Houston ● 2001

"Combining Correctional Responses with Psychological Understanding in Working with Detained Juvenile Sex Offenders" {Co-presented with Algean Garner II, PsyD} ● Burnett-Bayland Reception Center ● Houston ● 2001

"Flowing to a Varying Beat: Multicultural Issues in the Field of Sexual Abuse Services" ● ADAPT Counseling ● Houston ● 2001

"Risk Assessment with Sex Offenders" {Co-presented with David Goodgame, MA, LPC} ● ADAPT for Healthy Sexuality ● Houston ● 2000

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"Depression & HIV Disease" ● Fort Bend Family Health Center ● Richmond, TX ● 1999

"Stress & Holiday Blues" {Co-presented with Rose Viviano, LMFT} ● Fort Bend Alliance ● Sugar Land, TX ● 1998

"Dealing with Stress: Kids Cope" ● Mount Carmel Baptist Church After-School Program ● Richmond, TX ● 1998

"Identifying Child Abuse in the School Setting" ● Riverbend Montessori School ● Sugar Land, TX ● 1998

PUBLICATIONS

O'Neal, V. P., Brown, P. M., & Abadie, T. (1997). Treatment implications for interracial couples. In P. M. Brown & J. S. Shalett (Eds.). Cross-cultural practice with couples. New York: Haworth. Co-published in Journal of Family Social Work, 2(1), 15-31.

Black Mental Health During Turbulent Times: What to Do When You're Sick and Tired of Being Sick & Tired. Mental Health Match, June, 2020.

COMMITTEES

RAC Committee (St. Joseph Medical Center) 2014

Represented Behavioral Medicine Department on committee designed to address managed care denials.

Quality Outcomes Committee (St. Joseph Medical Center) 2013 – 2014

Represented Behavioral Medicine Department on hospital-wide committee for monitoring quality improvement measures.

Environmental Safety Committee (St. Joseph Medical Center) 2013 – 2014

Hospital-wide committee for tracking events and trends related to patient and employee safety.

Training & Education Committee (Catholic Charities) Chair 2011

Managed training calendar and budget for counselors' continuing education activities, as well as department's provision of training and psycho-educational workshops.

Measurable Outcomes Task Force (Catholic Charities) 2011

Created and managed data systems for counseling program—including collection, aggregation, and reporting processes.

Williamson County Mental Health Task Force 2009

Comprised of county political leaders and agency representatives working towards solutions for improving availability and provision of mental health services for youth and adults throughout the county.

Round Rock ISD Cultural Diversity Committee Chair 2008 – 2009

Comprised of district staff and parents working towards improving cultural awareness, staff training, and students' and parents' sense of district attention to cultural diversity.

Round Rock ISD Teen Summit Committee 2008 – 2009

Comprised of district staff; planned and organized annual Teen Summit, which sought to solicit input from district middle and high school students on needed changes—both campus-based and district-wide—towards improving their learning environment.

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Williamson County Coalition Against Underage Drinking 2007 – 2009

Comprised of social service agency and school district representatives working towards improving community awareness of underage drinking and curbing illegal alcohol sales.

Partners for Prevention of Sexual Assault 2007 – 2010

Comprised of social service agency and school district representatives and private practitioners working towards decreasing risk factors for sexual perpetration and victimization among school age youth and adults.

Round Rock ISD Parent Involvement Committee 2007 – 2009

Comprised of district staff; planned and organized annual Parent Summit and generally worked to increase parental involvement in campus activities and student learning opportunities.