

CURRICULUM VITAE

McClain Sampson, PhD, MSSW

Graduate College of Social Work
University of Houston
Houston, Texas
mmsampson@uh.edu | (713) 743-6719

EDUCATION

- 2010–2011** **Postdoctoral Research Fellow**
Baylor College of Medicine | Houston, Texas
Department of Psychiatry and Behavioral Sciences
Primary Mentor: Britta Ostermeyer, MD
Project CHOICES Plus (PI: M. Velasquez, The University of Texas)
- 2009** **Doctor of Philosophy, Social Work**
The University of Texas | Austin, Texas
Dissertation: *Access to Resources and Maternal Well-Being: Examining the Role of Educational Attainment in the Relationship Between Social Support and Maternal Parenting Stress at One Year Postpartum*
- 2005** **Master of Science, Social Work**
University of Tennessee | Knoxville, Tennessee
- 1994** **Bachelor of Arts, Psychology**
University of Colorado | Boulder, Colorado

PROFESSIONAL CERTIFICATION

- 2026** **Gallup-Certified Strengths Coach at University of Houston**
Gallup

ACADEMIC AND ADMINISTRATIVE APPOINTMENTS

- 2026–Present** **Social Work Lead**
Humana Integrated Health Systems Sciences Institute, University of Houston | Houston, Texas
- 2026–Present** **Associate Dean for Research Engagement, Innovation & Impact**
Graduate College of Social Work, University of Houston | Houston, Texas
- 2025–2026** **Interim Associate Dean for Research and Faculty Development**
Graduate College of Social Work, University of Houston | Houston, Texas
- 2017–Present** **Associate Professor of Social Work**
Assistant Professor of Social Work (2011–2017)
Graduate College of Social Work, University of Houston | Houston, Texas
- 2023–2024** **Fellow, Maternal and Reproductive Health**
Rice University, Baker Institute for Public Policy | Houston, Texas

RESEARCH

Current Research

2023–2026 Co-Principal Investigator. *Identifying and Understanding the Social and Policy Determinants of Obstetric Care, Maternal Mortality, and Morbidity in Texas and the USA*. National Science Foundation, Build and Broaden Program. Total Award: \$340,000 (10% effort)

Completed Research

2023–2024 Principal Investigator. *Attitudes, Perceptions, and Utilization of Maternal Medical Home Models for Perinatal Health*. Humana Institute, University of Houston. Total Award: \$50,000

2021–2024 Principal Investigator. *GLOBE Youth Behavioral Health Workforce Education and Training Program*. Health Resources and Services Administration. Total Award: \$1,974,000 (Transferred PI July 2024)

2021–2024 Principal Investigator. *Perinatal Health Equity: A Healthy Start Initiative*. Health Resources and Services Administration. Total Award: \$4,900,000

2021–2023 Co-Investigator. *Community-Based Integrated Health Teams: Core Functions, Features, and COVID-19 Response*. University of Houston Seed Grant. Total Award: \$40,000

2017–2020 Principal Investigator. *GLOBE Team Training: Behavioral Health Workforce Education and Training* (HRSA Grant No. G0503949). Health Resources and Services Administration. Total Award: \$1,974,000

2016–2017 Co-Principal Investigator. *Behavioral Health Integration at El Centro: A Pilot Study*. Texas Academy of Family Physicians. Total Award: \$5,000

2016–2017 Co-Director. *Latina Maternal and Family Health Project*. W.K. Kellogg Foundation. Total Award: \$500,000

2014–2017 Principal Investigator. *Mental and Behavioral Health Workforce Education and Training Program* (HRSA Grant No. G02HP27980). U.S. Department of Health and Human Services. Total Award: \$1,439,986

2014–2016 Principal Investigator. *Problem-Solving Tools: Home Visit Intervention for Postpartum Depression Prevention*. Hogg Foundation for Mental Health. Total Award: \$19,250

2014–2015 Principal Investigator. *Mental and Behavioral Health Workforce Education and Training Program* (HRSA Grant No. M01HP25198). U.S. Department of Health and Human Services. Total Award: \$468,000

2012–2013 Principal Investigator. *Prevention of Postpartum Depression: Development of a Home Visiting Intervention for Low-Income, Culturally Diverse Mothers*. University of Houston New Faculty Grant. Total Award: \$5,800

2012 Principal Investigator. *Development of an Intervention for Postpartum Depression Among Impoverished Mothers*. Drug Abuse Research Development Program, University of Houston. Total Award: \$4,900

Submitted Proposals, Not Funded

2023 Principal Investigator. *Healthy Start Initiative: Eliminating Perinatal Health Disparities*. Health Resources and Services Administration. Total Award: \$4,900,000

2018 Principal Investigator. GEAR. *Experimental Design to Test Efficacy of Home Visiting Intervention for Postpartum Depression*. University of Houston Internal Award: \$30,000

PUBLICATIONS

Peer-Reviewed Journal Articles

Published

34. Petruzzi, L., Ayala, S., Abraham, A. E., Haiman, M. D., Vetter, I., Sampson, M., Miller, E. S., Parra-Medina, D., & Valdez, C. R. (2026). Can social work interventions improve perinatal mental health outcomes: A systematic review. *Women's Health Issues*, 36(2), 93–105. <https://doi.org/10.1016/j.whi.2025.12.005>
33. Langa, N., Anderson, K. F., Tuthill, Z. O., Milazzo, A., Sampson, M., Gregory, E., Pilkinton, K. A., Bennett, R. S., York, F. N., & Walton, Q. L. (2025). Intersecting social inequalities in prenatal and postnatal care: Examining race, ethnicity, socioeconomic status, and geographic location. *Social Science & Medicine*, 384, Article 118583. <https://doi.org/10.1016/j.socscimed.2025.118583>
32. Yu, M., Washburn, M., Bayhi, J. L., Xu, W., Carr, L., & Sampson, M. (2025). Home visiting for postpartum depression. *Cochrane Database of Systematic Reviews*, 1(1), Article CD015984. <https://doi.org/10.1002/14651858.CD015984>
31. Sampson, W., Xu, W., York, F. N., & Roberson, J. (2025). A community-based intervention for mental health and wellbeing in pregnancy and postpartum care: One Healthy Start site's story. *International Journal of Women's Health*, 17, 385–397. <https://doi.org/10.2147/IJWH.S474015>
30. Sampson, M., & Kennedy, P. (2024). The benefit of community and family support during the perinatal period for Latina immigrants. *Cuadernos Fronterizos*, 62(20), 36–38. <https://doi.org/10.20983/cuadfront.2024.62.9>
29. Sampson, M., Yu, M., Mauldin, R., Mayorga, N. A., & Gonzalez, L. G. (2024). Home visits for postpartum depression intervention among low-income Latinas: Results from the PST4PPD project. *Social Work in Public Health*, 39(2), 141–155. <https://doi.org/10.1080/19371918.2024.2319862>
28. Xu, W., & Sampson, M. (2022). Prenatal and childbirth risk factors of postpartum pain and depression: A machine learning approach. *Maternal and Child Health Journal*, 27(2), 286–296. <https://doi.org/10.1007/s10995-022-03532-0>
27. Sampson, M., Xu, W., & Prabhu, S. (2022). Tailoring perinatal health communication: Centering the voices of mothers at risk for maternal mortality and morbidity. *International Journal of Environmental Research and Public Health*, 20(1), Article 186. <https://doi.org/10.3390/ijerph20010186>

26. Mantel, J., Sampson, M., Buck, D. S., Liaw, W., Woodard, L., & Singh, J. (2022). Developing a health care workforce that supports team-based care models integrating health and social services. *Saint Louis University Journal of Health Law & Policy*, 15(2), 237–274. <https://scholarship.law.slu.edu/jhlp/vol15/iss2/4>
25. Van Horne, B. S., Nong, Y. H., Cain, C. M., Sampson, M., Greeley, C. S., & Puryear, L. (2022). Model of care for postpartum depression: A randomized controlled pilot study of a brief home visitation program compared to psychiatry referral. *Health & Social Care in the Community*, 30, e2203–e2213. <https://doi.org/10.1111/hsc.13658>
24. Sampson, M., Mauldin, R. L., & Yu, M. (2021). Reducing depression among mothers in a residential treatment setting: Building evidence for the PST4PPD intervention. *Social Work in Mental Health*, 19(1), 1–17. <https://doi.org/10.1080/15332985.2020.1832644>
23. Sampson, M., Yu, M., Mauldin, R. L., Mayorga, A., & Gonzalez, L. G. (2021). “You withhold what you are feeling so you can have a family”: Latinas’ perceptions on community values and postpartum depression. *Family Medicine & Community Health*, 9(3), Article e000504. <https://doi.org/10.1136/fmch-2020-000504>
22. Sampson, M. (2021). Engaging and treating low-income mothers for postpartum depression. *Professional Development: The International Journal of Continuing Social Work Education*, 24(1), 56–62.
21. Yu, M., Yu, L., Sampson, M., & Rubin, A. (2021). Longitudinal study of the stress-buffering effect of social support on postpartum depression: A structural equation modeling approach. *Anxiety, Stress & Coping*, 34(6), 751–765. <https://doi.org/10.1080/10615806.2021.1921160>
20. Washburn, M., Zhou, S., Sampson, M. M., & Palmer, A. (2021). A pilot study of peer-to-peer SBIRT simulation as a clinical telehealth training tool during COVID-19. *Clinical Social Work Journal*, 49, 135–150. <https://doi.org/10.1007/s10615-021-00799-8>
19. Al Rawwad, T., Washburn, M., Torres, L. R., & Sampson, M. (2020). HIV knowledge of Middle Eastern and North Africans aged 18–35 residing in the U.S.: A cross-sectional study. *Social Work in Public Health*, 35(6), 494–509. <https://doi.org/10.1080/19371918.2020.1785366>
18. Sampson, M., Derige, D. N., Rawwad, T., Gonzalez, G. G., Hojat-Gallin, N., & Torres, L. R. (2020). A Latino family approach: The design and effectiveness of a community-informed breastfeeding curriculum. *Journal of Health Science and Education*, 4(2), 1–6.
17. Ledoux, T. A., Daundasekara, S. S., Beasley, A., Robinson, J., & Sampson, M. (2020). The association between pre-conception intuitive eating and gestational weight gain. *Eating and Weight Disorders*, 26, 467–474. <https://doi.org/10.1007/s40519-020-00878-8>
16. Yu, M., & Sampson, M. (2019). Pediatrician attitudes and practices on postpartum depression screening: Training and interprofessional collaboration needed. *Journal of Interprofessional Education & Practice*, 15, 1–4. <https://doi.org/10.1016/j.xjep.2018.12.005>
15. Davidson, M. R., Armstrong, A., & Sampson, M. (2018). Childbearing in geographically isolated communities: The Smith Island experience. *Journal of Women’s Health, Issues & Care*, 5(6). <https://doi.org/10.4172/2325-9795.1000262>
14. Sampson, M., Parrish, D. E., & Washburn, M. (2018). Assessing MSW students in integrated behavioral health skills using an objective structured clinical examination. *Journal of Social Work Education*, 54(2), 287–299. <https://doi.org/10.1080/10437797.2017.1299064>

13. Sampson, M., Torres, M. I., Duron, J., & Davidson, M. (2018). Latina immigrants' cultural beliefs about postpartum depression. *Affilia: Journal of Women and Social Work*, 33(2), 208–220. <https://doi.org/10.1177/0886109917738745>
12. Sampson, M., Duron, J., Mauldin, R. L., Kao, D. T., & Davidson, M. R. (2017). Postpartum depression, risk factors and child's home environment among mothers in a home visiting program. *Journal of Child and Family Studies*, 26(10), 2772–2781. <https://doi.org/10.1007/s10826-017-0783-8>
11. Villarreal, Y., Torres, L. R., Stotts, A., Ren, Y., Sampson, M., & Bordnick, P. S. (2017). Stress, depression, and drug use among aging Mexican American men living in the barrio. *Journal of Social Work Practice in the Addictions*, 17(4), 388–401. <https://doi.org/10.1080/1533256X.2017.1369884>
10. Sampson, M. (2017) Meeting the demand for behavioral health clinicians: Innovative training through the GLOBE Youth Project. *Journal of Social Work Education*, 53(4), 744–750. <https://doi.org/10.1080/10437797.2017.1287024>
9. Yu, M., & Sampson, M. (2016). Closing the gap between policy and practice in screening for perinatal mood disorder: A policy analysis. *Social Work in Public Health*, 31(6), 549–556. <https://doi.org/10.1080/19371918.2016.1160337>
8. Sampson, M., Villarreal, Y., & Padilla, Y. (2015). Association between types of support and maternal stress at one year postpartum: Does type matter? *Social Work Research*, 39(1), 49–60. <https://doi.org/10.1093/swr/svu031>
7. Sampson, M., & Torres, L. R. (2015). What tension between fidelity and cultural adaptation? A reaction to Marsiglia & Booth. *Research on Social Work Practice*, 25(7), 828–831. <https://doi.org/10.1177/1049731515599067>
6. Sampson, M., Duron, J., Torres, M. I., & Davidson, M. (2014). “A disease you just caught”: Low-income African American mothers' cultural beliefs about postpartum depression. *Women's Healthcare: A Clinical Journal for Nurse Practitioners*, 2(4).
5. Sampson, M., Zayas, L. H., & Seifert, S. B. (2013). Treatment engagement using motivational interviewing for low-income mothers with postpartum depression. *Clinical Social Work Journal*, 41(4), 387–394. <https://doi.org/10.1007/s10615-012-0422-1>
4. Parrish, D. E., von Sternberg, K., Velasquez, M. M., Cochran, J., Sampson, M. M., & Dollan-Mullen, P. (2011). Characteristics and factors associated with the risk of a nicotine-exposed pregnancy. *Journal of Maternal and Child Health*, 16, 1224–1231. <https://doi.org/10.1007/s10995-011-0848-z>
3. Cardoso, J. B., Padilla, Y. C., & Sampson, M. (2010). Racial and ethnic variation in predictors of maternal parenting stress. *Journal of Social Service Research*, 36(5), 429–444. <https://doi.org/10.1080/01488376.2010.510948>
2. Jones, B. L., Pomeroy, E. C., & Sampson, M. (2009). University–community partnerships and community-based participatory research. *Journal of Social Work in End-of-Life & Palliative Care*, 5(1–2), 94–104. <https://doi.org/10.1080/15524250903173926>
1. Jones, B. L., Sampson, M., Greathouse, J., Legett, S., Higgerson, R. A., & Christie, L. (2007). Comfort and confidence levels of health care professionals providing pediatric palliative care in the ICU. *Journal of Social Work in End-of-Life & Palliative Care*, 3(3), 39–58. https://doi.org/10.1300/J457v03n03_05

In Progress

2. Garcini, L. M., Martinez, A., Perez, K. L., Cuauro, S. E., Manriquez-Robles, D., Sinclair, B., Ali, S., Brown, E., CaDavid, A., Davidson, C., Espinoza, A., Fonseca, R., Grair, D., Hall, T. E., Lakshmanan, P., Lee, A., Lopez-Compean, G., Martinez, I., Poon, G., . . . & Orantes, M. E. (2026). *From margins to meaning: Transforming immigrant maternal mental health through decolonial and liberatory ways of knowing* [Manuscript submitted for publication].
1. Langa, N., Anderson, K., Gregory, E., Sampson, M., Pilkinton, K. A., York, F. N., Milazzo, A., & Walton, Q. (2026). *The intersecting social inequalities in the timing and manner of pregnancy-associated mortality, evidence from the National Center of Health Statistics (2016–2022)* [Manuscript submitted for publication].

Book Chapters

2. Zayas, L. H., & Sampson, M. (2014). Perinatal depression and treatments for US Latinas: A review of research findings. In S. Lara-Cinisomo & K. L. Wisner (Eds.), *Perinatal depression among Spanish-speaking and Latin American women: A global perspective on detection and treatment* (pp. 65–82). Springer.
1. Sampson, M., Stephens, N. S., & Velasquez, M. M. (2009). Motivational interviewing. In D. Springer & A. Rubin (Eds.), *Substance abuse treatment for youth and adults: Clinician's guide to evidence-based practice* (pp. 3–56). John Wiley & Sons.

REPORTS AND BRIEFS

2. Sampson, M., & Kennedy, P. P. (2024, June 3). *Striving for maternal health equity: The Biden–Harris blueprint* [Issue brief]. Baker Institute for Public Policy, Rice University. <https://doi.org/10.25613/KQ8C-RW69>
1. Sampson, M., & Kennedy, P. P. (2024, October 4). *Texas needs comprehensive reproductive health care and education* [Policy brief]. Baker Institute for Public Policy, Rice University. <https://doi.org/10.25613/9MN9-GB33>

MEDIA APPEARANCES THROUGH PODCAST, NEWS, AND WEBINARS

7. Sampson, M. (2021, June 3). *Measuring need for maternal health resources* [Invited technical expert panelist]. Health Resources and Services Administration, Maternal and Child Health Bureau. Panel facilitated by RAND Corporation.
6. Brown, A., & Allen, D. (2024, March 1). Texas extends postpartum Medicaid and CHIP coverage for mothers: Health experts say postpartum care is crucial for mothers recovering after childbirth. *Houston Public Media*. <https://www.houstonpublicmedia.org/articles/news/health-science/2024/02/29/479392/texas-extends-postpartum-medicaid-and-chip-coverage-for-mothers/>
5. Emmett, E. M. (Host). (2024, February 26). Alabama ruled frozen embryos are children. Now what? [Audio podcast episode]. In *Baker briefing*. Baker Institute for Public Policy, Rice University. <https://www.bakerinstitute.org/research/alabama-ruled-frozen-embryos-are-children-now-what>
4. Sampson, M. (Moderator). (2023, October 18). *How new Texas laws may improve care for pregnant women receiving care* [Webinar]. Baker Institute for Public Policy, Rice University. <https://www.bakerinstitute.org/event/webinar-how-new-texas-laws-may-improve-care-pregnant-women-receiving-medicaid>

3. Sampson, M., Noil, L. S., & Xu, W. (Discussants). (2023, November 16). A healthy start for Black infants in Houston [Audio podcast episode]. In *The action research podcast*. Graduate College of Social Work.
2. Satterfield, D. M. (Host). (2023, February 15). Maternal mortality in Texas [Audio podcast episode]. In *Baker briefing*. Baker Institute for Public Policy, Rice University. <https://www.bakerinstitute.org/research/maternal-mortality-texas>
1. Sampson, M. (Guest). (2024, July 17). Engaging diverse communities in maternal health research [Audio podcast episode]. In R. Olvera & H. Horan (Hosts), *Maternal health innovation*. Maternal Health Learning and Innovation Center. <https://pod.link/1583121442/episode/NDc2ZWZmM2YtYjBiMC00NjEzLTNmNDMtYWVmMDE0OWQ4NzRi>

CONFERENCE PRESENTATIONS

* indicates presentation with doctoral student

National

43. Sampson, M., Walton, Q. L., Langa, N., Oyarvide-Tuthill, Z., Anderson, K., York, F., Milazzo, A., & Gregory, E. (2026, January). *The persistent power of structural racism: Intersectional barriers to maternal care access* [Flash talk]. Society for Social Work and Research Annual Conference, Washington, DC.
42. Sampson, M. (2025). *Toward equity in mental health in pregnancy and postpartum for Black and Latina women: One Healthy Start site's story* [Flash talk]. Society for Social Work and Research Annual Conference, Seattle, WA.
41. Petruzzi, L., Haiman, M., Sampson, M., Miller, E., Parra-Medina, D., & Valdez, C. (2025, January). *Social work interventions can improve perinatal mental health: A systematized review* [Paper presentation]. Society for Social Work and Research Annual Conference, Seattle, WA.
40. *Xu, W., Sampson, M., & Cheung, M. (2025). *Zooming in and out: Narratives of becoming mothers in contemporary mainland China* [Poster presentation]. Society for Social Work and Research Annual Conference, Seattle, WA.
39. *Sampson, M., Strohl, K., Xu, W., & Boyd, R. (2024). *Centering mothers and community to prevent maternal mortality and morbidity* [Poster presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
38. Xu, W., Sampson, M., & Cheung, M. (2024, January). *"What if it matters/works?" Chinese mothers' stories of using complementary and alternative medicine* [Poster presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
37. Sampson, M., Xu, W., Caracostis, A., Dobbins, J., Bell, E., Chen, S., Dunn, K., & Lalani F. (2023, July). *Continuity of care: An observation of the maternal medical home model in a federally qualified health center setting* [Poster presentation]. Community Health Institute and Expo Conference, San Deigo, CA.
36. Sampson, M., Strohl, K., Parrish, D., & Xu, W. (2023, January). *Toward interprofessional health service delivery: Results from a HRSA behavioral health workforce and education training program* [Poster presentation]. Society for Social Work and Research Annual Conference, Phoenix, AZ.

35. Sampson, M., Xu, W., & Yu, M. (2023, January). *Demonstrating solutions for health equities in maternal and infant birth outcomes: Findings from a community-based program* [Paper presentation]. Society for Social Work and Research Annual Conference, Phoenix, AZ.
34. *Sampson, M., Yu, J., & Strohl, K. (2023). *Key features and characteristics of success among community-based health integrated teams* [Poster presentation]. Society for Social Work and Research Annual Conference, Phoenix, AZ.
33. *Sampson, M., Xu, W., & Frank, S. (2022). *Recruiting hard-to-reach mothers for perinatal home visiting services in the age of COVID-19: A cost-effectiveness comparison* [Paper presentation]. American Public Health Association Annual Conference, Boston, MA.
32. *Xu, W., Sampson, M., & Yu, M. (2022). *When home visiting meets client information system, but it doesn't work: A case study* [Paper presentation]. Council on Social Work Education Annual Program Meeting, Anaheim, CA.
31. Bledsoe, B., Adihikari, A., Edmond, T., Sampson, M., Walsh, T., & Price, S. K. (2022). *The impact of COVID-19 on maternal research careers: Advancing equity and justice in social work research* [Roundtable presentation]. Council on Social Work Education Annual Program Meeting, Anaheim, CA.
30. *Sampson, M., Yu, M., Strohl, K., & Mantel, J. (2022). *Community-integrated health teams: Exploration of team successes and setbacks* [Paper presentation]. Council on Social Work Education Annual Program Meeting, Anaheim, CA.
29. Sampson, M., Van Horne, B., Nong, Y. H., Cain, C., Diaz, L., & Greeley, C. S. (2022). *Model of care for postpartum depression: A randomized controlled pilot study of a brief home visitation program compared to psychiatry referral* [Paper presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
28. *Sampson, M., & Xu, W. (2022). *Marketing a maternal and infant mortality prevention program in the age of COVID-19: Lessons learned from UH Healthy Start initiative* [Paper presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
27. Price, S. K., Bina, R., Bledsoe, S. E., & Sampson, M. (2021). *How we use our research and research findings to impact policy change: The case of maternal mental health* [Roundtable presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
26. *Walton, Q., Sampson, M., Boyd, R., Omowale, S., & Parker, A. (2021). *Toward a health equity narrative for Black maternal health and wellbeing* [Roundtable presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
25. *Sampson, M., & Yu, M. (2020). *Reducing disparities in postpartum mental health: Results from a home visiting intervention among low-income Latinas* [Paper presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
24. Sampson, M., Washburn, M., & Parrish, D. (2019, October 23–27). *Increasing cultural competence through integrated healthcare and interprofessional education* [Paper presentation]. Council on Social Work Education Annual Program Meeting, Denver, CO.
23. *Sampson, M., & Yu, M. (2019, June 26–30). *Effectiveness of reducing depression and increasing self-efficacy through a home visiting intervention delivered in Spanish: Results from the Rebozos de Salud project* [Poster presentation]. Postpartum Support International Annual Conference, Portland, OR.

22. *Sampson, M., & Yu, M. (2019, June 26–30). *Preliminary results from a RCT comparing home visits to treatment as usual in a reproductive psychiatry department* [Poster presentation]. Postpartum Support International Annual Conference, Portland, OR.
21. Sampson, M., & Washburn, M. (2018, November 8–11). *Evaluation of GLOBE Youth: Interprofessional behavioral health training program* [Paper presentation]. Council on Social Work Education Annual Program Meeting, Orlando, FL.
20. *Sampson, M., Parrish, D., & Zhou, S. (2017). *Using the OSCE to assess MSW students' integrated behavioral health skills* [Paper presentation]. Council on Social Work Education Annual Program Meeting, Dallas, TX.
19. *Yu, M., & Sampson, M. (2017, July 13–14). *Pediatricians' attitudes and practices on postpartum depression screening* [Poster presentation]. Postpartum Support International Conference, Philadelphia, PA.
18. *Sampson, M., & Yu, M. (2017, July 13–14). *Pilot study to reduce postpartum depression symptoms among low-income mothers in a residential treatment facility* [Panel presentation]. Postpartum Support International Conference, Philadelphia, PA.
17. Parrish, D., & Sampson, M. (2017, January 11–15). *Evaluation of GLOBE Youth: An interprofessional behavioral health social work graduate training program* [Paper presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
16. *Yu, M., & Sampson, M. (2017, January 11–15). *Pediatricians' attitudes and practices in postpartum depression screening: Social work role* [Paper presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
15. *Whaley, C., Kao, D., & Sampson, M. (2016, January). *Postpartum depression among teen mothers and its effects on maternal and child well-being* [Poster presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
14. *Villarreal, Y., Torres, L. R., Sampson, M., & Bordnick, P. S. (2016, January). *Life in the barrio: The interrelationship of stress, depression, and substance use* [Poster presentation]. Society for Social Work and Research Annual Conference, Washington, DC.
13. Ledoux, T., Robinson, A., Sampson, M., & Beasley, A. (2015, October). *Effect of intuitive eating on gestational weight gain* [Poster presentation]. Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition, Boston, MA.
12. Sampson, M., & Parrish, D. E. (2015, October 14–17). *Interprofessional behavioral health training program for bilingual social workers* [Paper presentation]. Council on Social Work Education Annual Program Meeting, Denver, CO.
11. Sampson, M., & Parrish, D. E. (2015, October 14–17). *Assessing behavioral health practice skills among MSW students using the Objective Structured Clinical Examination (OSCE)* [Paper presentation]. Council on Social Work Education Annual Program Meeting, Denver, CO.
10. *Duron, J. F., Cheung, M., Parrish, D. E., & Sampson, M. (2015). *Prosecution of child sexual abuse cases: Exploring associated characteristics* [Poster presentation]. Society for Social Work and Research Annual Conference, New Orleans, LA.

9. *Sampson, M., & Villarreal, Y. (2014, June). *Development of an intervention for postpartum depression among impoverished mothers* [Poster presentation]. Postpartum Support International Annual Conference, Chapel Hill, NC.
8. *Sampson, M., & Villarreal, Y. (2014, January). *Home visits of motivational interviewing and problem-solving therapy to target perinatal depression: A pilot study* [Poster presentation]. Society for Social Work and Research Annual Conference, San Diego, CA.
7. *Ledoux, T., Saher, N., Sampson, M., Gallagher, M. R., & Berens, P. D. (2013, March). *Negative body image is related to overeating among diverse low-income overweight pregnant women* [Poster presentation]. Society for Behavioral Medicine, San Francisco, CA.
6. Sampson, M. (2013, January). *The role of educational attainment in the association between perceived support and maternal stress among unmarried urban mothers* [Paper presentation]. Society for Social Work and Research Annual Conference, San Diego, CA.
5. *Sampson, M., Kao, D. T., & Duron, J. (2013, January). *The role of postpartum depression in child maltreatment and parental home environment. A secondary analysis of a Healthy Families America program* [Paper presentation]. Society for Social Work and Research Annual Conference, San Diego, CA.
4. *Sampson, M., Duron, J., & Torres, M. (2012, November). *A thematic approach to understanding postpartum depression among African American and Latina immigrants* [Paper presentation]. Council on Social Work Education Annual Program Meeting, Washington, DC.
3. Parrish, D., von Sternberg, K., Cochran, J., Sampson, M., Dolan Mullen, P., & Velasquez, M. M. (2009, May). *Alcohol and nicotine exposed pregnancies: Common and unique characteristics associated with risk* [Poster presentation]. Society for Social Work and Research Annual Conference, San Francisco, CA.
2. Berger-Cardoso, J., Sampson, M., & Padilla, Y. C. (2009, August). *Application of Belsky's parenting stress model to Hispanic mothers: A racial and ethnic comparative analysis* [Roundtable presentation]. American Sociological Association Annual Meeting, San Francisco, CA.
1. Sampson, M., Umberger, T., Waidhofer, K., Mullen, P., Velasquez, M. M., & von Sternberg, K. (2009, January). *Psychiatric distress and other correlates associated with being a victim of physical abuse in female inmates* [Poster presentation]. Society for Social Work and Research Annual Conference, New Orleans, LA.

Regional/Local

11. Sampson, M., & Torres, L. R. (2013, April 5–6). *Culturally relevant evidence-based practice* [Invited discussion]. Bridging the Research–Practice Gap Symposium, Houston, TX.
10. Sampson, M., & Villarreal, Y. (2013, June). *Development of a home visiting intervention for prevention of postpartum depression* [Invited presentation]. Mental Health America of Greater Houston, Houston, TX.
9. Sampson, M. (2011, December). *We are in this together: The role of partner support in maternal stress* [Oral presentation]. Social Work Research Conference, Graduate College of Social Work, University of Houston, Houston, TX.

8. Sampson, M. (2011, November). *The role of maternal mental health in child well-being* [Oral presentation]. Healthy Minds, Healthy Moms, Healthy Families Conference, Neighborhood Centers Inc., Houston, TX.
7. Sampson, M. (2011, April). *Postpartum depression: Who it affects and how we can help* [Oral presentation]. Avance Early Head Start Parents Conference, Houston, TX.
6. Parrish, D., von Sternberg, K., Cochran, J., Sampson, M., Dolan Mullen, P., & Velasquez, M. M. (2009, May 7). *Alcohol and nicotine exposed pregnancies: Common and unique characteristics associated with risk* [Poster presentation]. Central Texas Clinical Research Forum: Collaborations in Research & Education, Austin, TX.
5. Parrish, D., von Sternberg, K., Cochran, J., Sampson, M., Dolan Mullen, P., & Velasquez, M. M. (2009, February 20). *Alcohol and nicotine exposed pregnancies: Common and unique characteristics associated with risk* [Poster presentation]. Texas Research Society on Alcoholism Annual Meeting, San Antonio, TX.
4. Sampson, M., Umberger, T., Waidhofer, K., Mullen, P., Velasquez, M. M., & von Sternberg, K. (2008, February). *Psychiatric distress and other correlates associated with being a victim of physical abuse in female inmates* [Poster presentation]. Texas Research Society on Alcoholism Conference, Austin, TX.
3. Sampson, M. (2008, February). *Striking a balance: Maternal stress and work* [Poster presentation]. Promoting Health in Underserved Populations: Advancing Health Aging Conference, Center for Health Promotion and Disease Prevention Research in Underserved Populations, School of Nursing, The University of Texas at Austin, Austin, TX.
2. Jones, B., & Sampson, M. (2006, February). *The meaning of cancer survivorship for Hispanic adolescents: A qualitative pilot study* [Poster presentation]. Promoting Health in Underserved Populations: Advancing Women's Health, Center for Health Promotion and Disease Prevention Research in Underserved Populations, School of Nursing, The University of Texas at Austin, Austin, TX.
1. Sampson, M. (2004, November). *Needs assessment for Loudoun County childhood obesity prevention program* [Poster presentation]. Rural Health Association of Tennessee Regional Conference, Chattanooga, TN.

SELECTED INVITED LECTURES AND WORKSHOPS

8. Sampson, M. (2025). *Toward equity in maternal mental health for Black and Latina women* [Invited lecture]. Graduate College of Social Work, University of Houston, Houston, TX.
7. Sampson, M. (2024). *Striving for maternal health equity: Policy implications for reproductive health care in Texas* [Invited lecture]. Baker Institute for Public Policy, Rice University, Houston, TX.
6. Sampson, M. (2024). *Community-engaged approaches to perinatal mental health promotion and intervention* [Invited workshop]. Graduate College of Social Work, University of Houston, Houston, TX.
5. Sampson, M. (2023). *Maternal mortality and mental health in Texas: Structural drivers and community-based solutions* [Invited lecture]. University of Houston, Houston, TX.

4. Sampson, M. (2023). *Integrating behavioral health into primary care settings: Training the future workforce* [Invited workshop]. Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, Houston, TX.
3. Sampson, M. (2022). *Perinatal depression prevention among low-income and immigrant communities* [Invited lecture]. Postpartum Support International, Virtual.
2. Sampson, M. (2021). *Motivational interviewing for maternal mental health providers in integrated care settings* [Invited workshop]. Baylor College of Medicine, Houston, TX.
1. Sampson, M. (2020). *Community-based interventions for postpartum depression: Research to practice* [Invited lecture]. Center for Civic Leadership, Rice University, Houston, TX.

TEACHING EXPERIENCE

2011–Present Graduate College of Social Work, University of Houston

- Praxis in Clinical Social Work (Spring 2025)
- Behavioral Health in Integrated Care Settings (Spring 2017–2022)
- Assessment in Social Work Practice (Spring 2011, Spring 2012, Fall 2012, Spring 2013)
- Qualitative Research Methods (PhD; Fall 2012–2019, 2022, 2023)
- PhD Research Internship (Fall 2011, Spring 2012, Fall 2013, Fall 2015, Spring 2016)
- Independent Study and Research Internship Supervision (Summers 2012, 2013, 2016, 2017, 2019)

2012–2014 Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine

- Motivational Interviewing Techniques for Mental Health Professionals in Primary Care Settings

COMMITTEES AND SERVICE

University of Houston and Graduate College of Social Work

2026	GCSW Search Committee, UH College of Medicine Associate Dean for Community Health Search Committee
2025	PhD Committee, Strategic Planning, Pillar of Distinction Lead, Dean's Executive Team, University Committees: Health Sciences Planning Committee & Humana Internal Workgroup
2017–2024	University of Houston, Internal Review Board Committee
2017–2023	Graduate College of Social Work, Retention and Promotion Committee
2017–2019	College of Medicine, Learning Curriculum Design Subcommittee
2015–2017	Faculty Senate, Research and Scholarship Subcommittee
2016	Student Hotspotting Learning Collaborative
2015–2016	Cougar Chairs Leadership Academy
2015–2016	Search Committees for Associate Dean for Academic Affairs and Tenure-Track Professor, Graduate College of Social Work

2015	Admissions Committee, Graduate College of Social Work
2015	Dialogue Circles Against Racism Facilitator, Graduate College of Social Work
2015	Search Committee, Associate Dean for Academic Affairs
2014–2015	Behavioral Health Specialization Workgroup
2011–2014	Field Practicum Advisory Committee
2013	Graduate College of Social Work Curriculum Committee
2012	Search Committee for Clinical Faculty Field Director

External and Community Committees

2021–Present	Collection for Connected Care, UTHealth
2021–Present	Maternal and Infant Health Committee, March of Dimes
2011– 2019	Research and Outreach, Training and Advocacy Committees, Yates Children’s Memorial Fund, Mental Health America of Greater Houston
2017–2020	Reducing Maternal Mortality Steering Committee, Houston Endowment
2016–2017	School Behavioral Health Collaborative, Founded by Mental Health America to mobilize behavioral health initiatives in schools
2015–2016	Initiative Consultant and Workgroup Member, Mental Health America Integrated Health
2015	Postpartum Depression Subgroup, ACE Coalition (mobilizes health and community leaders to confront adverse child experiences)
2011–2014	Research and Data Committee, Sunny Futures Healthy Start Community Consortium

Professional

2020–Present	Invited External Reviewer for Promotion and Tenure Dossiers, multiple universities, 2020–present
2022–Present	Manuscript Reviewer, <i>Social Work in Public Health</i>
2020–Present	Manuscript Reviewer, <i>Journal of Social Work Education</i>
2018–Present	Peer Reviewer, Federal and Foundation Grant Review Panels, Health Resources and Services Administration (and related agencies)
2017	Invited prepublication manuscript reviewer for <i>A Guide for Interprofessional Collaboration</i> (Iachini, Brownstein, & Mellin, Eds.)

Community and Board

2025–Present	Paths to Wellness: Maternal Health Community Advisory Board member. Kinder Institute for Urban Research, Rice University
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2024–2025	Nonresident Fellow, Maternal and Reproductive Health, Baker Institute for Public Policy, Rice University
2016–Present	Community Partner and Research Collaborator, Perinatal and Maternal Health Organizations, Houston, TX

CONSULTATION AND PROFESSIONAL EXPERTISE

2024–Present	Policy Consultant, Maternal and Reproductive Health Policy Analysis and Brief Development, Baker Institute for Public Policy, Rice University
2023–Present	Consultant, Health Resources and Services Administration-Funded Maternal and Behavioral Health Workforce Programs
2017–Present	Consultant and Trainer, Integrated Behavioral Health and Motivational Interviewing, Primary Care and Community Health Settings
2012–Present	Expert Consultant, Community-Based and Clinical Service Organizations, Perinatal Mental Health Intervention Development and Evaluation