

Implications for Family First Roll-Out

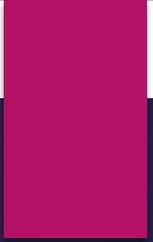
ANGELIQUE DAY, PHD, MSW, ASSISTANT PROFESSOR, SCHOOL OF SOCIAL WORK,
UNIVERSITY OF WASHINGTON SEATTLE

PETER PECORA, PHD, MSW, PROFESSOR, SCHOOL OF SOCIAL WORK, UNIVERSITY OF
WASHINGTON SEATTLE & VICE PRESIDENT OF RESEARCH CASEY FAMILY PROGRAMS





Family First



- ▶ Provides opportunity to reexamine how the U.S. CW system operates
 - ▶ Focus on reversing harmful trends associated with increased entry rates of children into CPS and foster care programs, family separations, & trauma exposure to children and families
 - ▶ New investments in prevention programs that avoid unnecessary trauma, disrupting intergenerational cycles of maltreatment, and achieving better outcomes for children and families.



CB Timeline on Implementation & Guidance to States

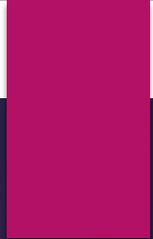
- ▶ **April 12, 2018:** published Information Memorandum [ACYF-CB-IM-18-02](#) providing basic information and an overview of FFPSA requirements;
- ▶ **May, 4 2018:** published call [ACYF-CB-PI 18-05](#) for formula grant funding for Kinship Navigator Programs (\$20 million FY 18 and \$20 million FY 19 (allocated in 2019 Appropriations Bill signed **Sept 28, 2018**)
 - ▶ What are [Kinship Navigator Programs](#)?
- ▶ **May 31, 2018:** published Program Instruction [ACYF-CB-PI-18-06](#) addressing the amendments to title IV-B of the Social Security Act and the Chafee Foster Care Independence Program (now renamed as the John H. Chafee Foster Care Program for Successful Transition to Adulthood);
- ▶ **June 22, 2018:** published a [Federal Register notice](#) requesting public comment on prevention services review and eligibility criteria and prospective services to be reviewed; **Note:** Over 300 comments received; FFPSA Clearinghouse modeled after [What Works Clearinghouse](#)





CB Timeline on Implementation & Guidance to States

- ▶ **July 9, 2018:** published Program Instruction [ACYF-CB-PI-18-07](#) addressing the title IV-E Foster Care, Prevention, and Permanency Program state plan requirements;
- ▶ **July 24, 2018:** Jerry Milner provided [testimony](#) before the United States House Ways and Means Committee, Sub-Committee on Human Resources regarding implementation of FFPSA
- ▶ **August 1, 2018:** published [Federal Register notice](#) requesting public comment model licensing standards;
- ▶ **Oct. 2018** the contractor for developing Clearinghouse named: Abt Associates (Dr. Suzanne Kerns from Colorado is lead scientist for this effort); and
- ▶ **Late Fall 2018:** CB will release additional guidance on the title IV-E prevention services provisions of FFPSA, including guidance on requirements, and claiming and maintenance of effort, and will schedule an additional webinar to cover the prevention services provisions of FFPSA.





Setting the State

- ▶ Why are evidence-based practices and programs important?
- ▶ What do we know and what have we heard from US DHHS/Children's Bureau?
Are there any additional updates or new policy guidance?
- ▶ What can we learn from others with experience selecting, installing and spreading evidence-based practices and programs?



66 interventions that **Casey Family Programs** believes should be rated as well-supported in terms of evidence level using CEBC or FFPSA

FFPSA Intervention Areas	No. of Interventions Ranked as Well-supported
Mental health services for children and parents	39
Substance abuse prevention and treatment services for children and parents	13
In-home parent skill-based programs: <ul style="list-style-type: none">• Parenting skills training and Parent education• Individual and family counseling	9 5



In -Home Parent Skill-Based Programs:

Parenting
Skills Training and Parent Education
(N=9)

Family Connects
Family Spirit (for American
Indian/Alaskan Native
parents)
Healthy Families America
(HFA)
Home Instruction for Parents of
Preschool Youngsters (HIPPY)

Minding the Baby® (MTB)
Nurse Family Partnership (NFP)
Parenting with Love and Limits
SafeCare
The Incredible Years



In-Home Parent Skill-Based Programs: Individual and Family Counseling (N=5)

Attachment-Based Family
Therapy (ABFT)
Child-Parent Psychotherapy
Functional Family Therapy (FFT)

Homebuilders (Intensive Family
Preservations Services)
The Family Check-up (FCU)



Sample Page from Casey's FFPSA Intervention Catalog

Program Model or Intervention	Ages and Problem or Skill Area Addressed	Treatment Duration	Level of Effectiveness/ Effect Sizes	Cost & Cost-Savings	Manual Available	Waiver Intervention
Mental Health for Caregivers or Children						
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) TF-CBT is a conjoint child and parent psychotherapy approach for children and adolescents who are experiencing significant emotional and behavioral difficulties related to traumatic life events. It has mostly been used and evaluated with youth who were sexually abused or exposed to domestic violence. TF-CBT can also benefit children with depression, anxiety, shame, and/or grief related to their trauma.	Ages 4–18. Anxiety, depression, PTSD	Weekly 60- to 90-minute sessions Duration: 12–16 weeks	1 (Well-supported)	\$1,037 (CBT based models for child trauma) ⁱ	Yes ⁱⁱ	AR, CO, IN, KY, MD, MT, NV, WI
Triple P – Positive Parenting Program – Level 4 Individual for Child Disruptive Behavior Triple P—Positive Parenting Program (Level 4, self-directed) is an intensive individual-based parenting program for families of children with challenging behavior problems. In the self-directed modality, parents receive a full Level 4 curriculum with a workbook and exercises to complete at their own pace. They are also offered support from a therapist by telephone on a regular basis.	Ages 0–12	10–16 sessions Duration: over 3–4 months ⁱⁱⁱ	1 (Well-supported)	Cost: \$1,792 Savings: \$2339 B-C: \$3.36 ^{iv}	Yes ^v	CO, ME, NE, TX, WA

Sample State Prevention Services Implementation Plans

- ▶ **Casey Family Program Hosted Webinar on NY model on Oct 29, 2018. Full report can be accessed:**

<https://www.casey.org/media/evidence-based-child-welfare-nyc.pdf>

- ▶ November 28, 2018: CFP will host 2nd webinar featuring **Ohio's** approach to evidence-based interventions to address a range of child and adult concerns, in particular mental health and substance use disorders.

- ▶ To register for that webinar, Visit:
<https://www.casey.org/evidence-to-action/>



CW Funding Allocations FY 2018

- ▶ \$100 million of the FY2018 increase was provided as discretionary appropriations intended to address the impact of parental substance abuse on children and the child welfare system and to help implement the Family First Prevention Services Act
- ▶ FY2018 began on October 1, 2017, but full funding levels for it were not determined until enactment, on March 23, 2018 of the Consolidated Appropriations Act, 2018 (P.L. 115-141). See Congressional Research Services Report
- ▶ H.R.6157 - Department of Defense and Labor, Health and Human Services, and Education Appropriations Act, 2019 and Continuing Appropriations Act, 2019 Enacted Sept 28, 2018.
- ▶ **Additional child welfare workforce and prevention program funding opportunities available in HR 6 SUPPORT for Patients and Communities Act Enacted Oct 24, 2018**

