

Job Title	Licensed Therapist – OCD and Anxiety Focus
Employer/ Agency	Bellaire Family Counseling
Job Description	<p>Bellaire Family Counseling in Houston, TX is seeking a compassionate Mental Health Counselor with expertise in OCD, anxiety, and ERP (Exposure and Response Prevention) to join our team. We have an immediate opening for a dedicated therapist specializing in the treatment of OCD and anxiety. As a part of our team, you will have the opportunity to make a meaningful impact in the lives of individuals and families in our community. Join our collaborative family practice in Bellaire, where therapists develop specialized expertise while working alongside a supportive, close-knit team. We provide quarterly training, case consultation, and fully equipped therapy rooms, along with a culture that emphasizes both clinical excellence and genuine connection among colleagues.</p> <p>Responsibilities</p> <ul style="list-style-type: none"> • Conduct individual and group therapy sessions to address clients' mental health needs and challenges. • Develop personalized treatment plans for clients based on assessment and diagnosis. • Maintain accurate and confidential client records in compliance with legal and ethical standards. • Collaborate with a multidisciplinary team to ensure comprehensive care for clients. • Stay current on best practices and participate in ongoing professional development to enhance counseling skills. <p>About Bellaire Family Counseling Bellaire Family Counseling is a mental health group providing outpatient counseling and support services to individuals and families in Houston, Texas. We specialize in working with the entire family and have therapists who specialize in play therapy, couples counseling, anxiety, relationships, attachment, OCD, ADHD, and more.</p> <p>Mission Statement Our mission is to change lives by offering specialized, excellent mental health care for the whole family.</p> <p>Company Values We believe that mental health care is valuable and has the power to change lives. We believe in the dignity and worth of all people. We are a family practice. We are a collaborative practice. We strive to maintain a standard of excellence. We stand against oppression.</p>
Qualifications	<p>Essential Qualifications</p> <ul style="list-style-type: none"> • Master's degree in Counseling or related field.

	<ul style="list-style-type: none"> • Active Texas license (full or provisional) as PhD, PsyD, LCSW, LMFT or LPC. • Highly motivated, with a passion for therapy and the difference that it can make in the lives of clients and families. • Experience in working with clients with OCD, anxiety, and related disorders. • Desire for genuine connection and collaboration with colleagues. • Available for 25 clinical sessions weekly (full-time) or 15 sessions weekly (part-time). <p>Preferred Qualifications</p> <ul style="list-style-type: none"> • Expertise in Exposure and Response Prevention (ERP) therapy and other related therapies for OCD and anxiety (e.g., ACT, mindfulness-based interventions) • Experience or interest in working with children and adults with OCD and other anxiety disorders.
Salary/Hours	We offer competitive compensation, plus benefits for full-time staff members. 25 clinical sessions weekly (full-time) or 15 sessions weekly (part-time).
Address	5909 W Loop S #490
City, State, Zip	Bellaire, TX 77401
Contact Person	Alison Stucky, Practice Manager
Telephone Number	(713) 300-8951
Fax Number	(713) 300-8951
Email Address	info@bellairefamilycounseling.com
Application Method	Email BFC with your resume, cover letter optional
Opening Date	Immediately

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