

Job Title	Residential Counselor
Employer/ Agency	OCD Institute of Texas
Job Description	<p>The residential counselor (RC) is responsible for assisting with the provision of care to patients in keeping with the philosophies and standards of the OCD Institute of Texas (OCDI TX).</p> <p>The program is a specialized, evidence-based program that treats patients with severe OCD and other anxiety disorders with cognitive behavior therapy (CBT), particularly exposure and response prevention (ERP) therapy.</p> <p>In this position, counselors will work with a dedicated multidisciplinary team and will be responsible for direct patient care by assisting patients in exposure work (to manage their anxiety), assisting patients in developing and utilizing coping skills, as well as assisting in some minor activities of daily living in a goal-directed manner—all of which is consistent with each individual’s behavior treatment plan.</p> <p>Detailed Activities</p> <ul style="list-style-type: none"> • Assists in maintaining patient/milieu safety • Communicates pertinent clinical information to the treatment team • Conducts community outings • Supervises, escorts, and/or acts as a therapeutic participant in patient activities both on- and off-site • Performs other duties as requested or required by the treatment team
Qualifications	<p>Minimum Requirements</p> <ul style="list-style-type: none"> • Has completed a Bachelor’s degree in a mental health-related field • Good interpersonal skills; ability to communicate and work courteously and effectively with staff, patients, and the public • Dependability and ability to assume responsibility with routine supervision • Creativity and flexibility in working with patients in implementing approaches that are consistent with treatment goals • Ability to work effectively with a multidisciplinary team • Good understanding of professional ethics and boundaries • Ability to respond appropriately under stress and in emergency situations • Flexibility, good judgment, and ability to maintain confidential information • Licensed to operate a motor vehicle in the state of Texas and be insurable by the program • Prior experience in a mental health setting is desired • Prefer experience or education consistent with the population that the program serves (may receive training at the facility in lieu of age-specific education or experience)

	<ul style="list-style-type: none">• Excellent verbal and written communication skills
Contact Person	Kim Ruiz
Application Method	How to Apply Please submit your cover letter and resume/CV via email to Kim Ruiz at hr@houstonocd.org .
Opening Date	Immediately

To post a job opportunity or if your response to this job posting results in successful employment, please email the GCSW Office of Alumni and Career Services at mswjobs@central.uh.edu with the hiring details of your new job opportunity. Thank you.